

# A Psychometric Assessment Of The Maslach Burnout Inventory

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Compassion-Based Approaches in Loss and Grief - Darcy L. Harris 2022-12-20  
Compassion-Based Approaches in Loss and Grief introduces clinicians to a wide array of strategies and frameworks for engaging clients throughout the loss experience, particularly when those experiences have a protracted course. In the book, clinicians and researchers from around the world and from a variety of fields explore ways to cultivate compassion and how to implement compassion-based clinical practices specifically designed to address loss, grief, and bereavement. Students, scholars, and mental health and healthcare professionals will come away from this important book with a deepened understanding of compassion-based approaches and strategies for enhancing distress tolerance, maintaining focus, and identifying the clinical interventions best suited to clients' needs.

Applied Ecological Psychology for Schools Within Communities - Jody L. Swartz 2013-01-11

This volume provides a thorough examination of the interplay between individuals and their environment in the development and maintenance of problem behaviors, and delineates procedures for conducting assessment, intervention, and prevention within the child's ecosystem. As individuals structure, change, and organize their environments, their environments work to do the same. Environmental or contextual and individual variables act reciprocally to shape an individual's behavior. For school-aged youth, this reality necessitates an ecological approach to assessment, intervention, and prevention. Specifically, problem behaviors are partly developed and maintained by a combination of factors present in the child's psychosocial ecosystem -- home, school, and community. Although there is an abundance of theoretical applications and research supporting this concept, the predominant trend has been to emphasize the properties of the person. As a result, one is left to assume that the genesis of difficulties in adaptation lies in internal or personal states and traits of the individual. In contrast to traditional psychology theories which focus primarily on the individual, incorporation of ecological psychology concepts allows for a more comprehensive and in-depth analysis of sources contributing to the individual's ability to adapt to their psychosocial environment. Ecological theories which drive assessment, intervention, and prevention efforts provide the necessary framework for assisting school-aged youth and their associated ecological networks to cope with and overcome the multidetermined, multifaceted concerns that arise during the school years. However, this is an often difficult and cumbersome task for educators, parents, and school systems to undertake. To this end, this volume focuses on the functional application of ecological psychology for schools within communities. Each of the 10 chapters -- written by key figures in school, family, counseling,

and community psychology -- explores the use of ecological theory from a different perspective, ranging from focus on the child, the child within the classroom, the classroom teacher, and the community to considerations in working with special populations such as juvenile delinquents and in planning for developmental issues such as school-to-work-transition. The final chapter summarizes and integrates the previous chapters and provides suggestions for future directions in the field.

**Burnout Among Social Workers** - David F Gillespie 2013-02-01

The phenomenon of burnout first became the subject of public attention in the mid-1970s. This landmark volume is one of the first devoted exclusively to theoretical and empirical work on burnout. Each valuable chapter represents the state of the art in social services research on burnout. Burnout Among Social Workers illustrates and assesses problems with definitions and theoretical orientations to help clarify the overall conceptual vagueness that has plagued burnout research since its beginning. Attention is paid to both personal and job-related variables and coping mechanisms. Expert social work academicians and researchers clearly demonstrate the importance of burnout measurement for theory and practice and establish important guidelines for subsequent research and theory development in this area.

**Work from Anywhere: The HBR Guides Collection (5 Books)** - Harvard Business Review 2023-06-13

Everything you need to get your best work done, no matter where you do it. For many, working remotely is a dream come true. For others it comes with stress, distraction, and endless video-call fatigue. No matter how you feel about the new world of work, aspects of being part of a far-flung or hybrid team can be challenging. Work from Anywhere: The HBR Guides Collection offers ideas and strategies to help you enjoy the benefits of working from anywhere--and deal with the difficulties that come along with it. Included in this five-book set are: HBR Guide to Remote Work, HBR Guide to Managing Flexible Work, HBR Guide to Work-Life Balance, HBR Guide to Being More Productive, and HBR Guide to Beating Burnout. You'll learn how to: Craft a remote work routine that works for you Manage difficult conversations when you can't meet in person Keep your team engaged, both in person and virtually Adjust to your coworkers' flexible work arrangements Set boundaries without alienating your colleagues Motivate yourself when there's no one looking over your shoulder Avoid work-from-home burnout Arm yourself with the advice you need to succeed on the job, with the most trusted brand in business. Packed with how-to essentials from leading experts, the HBR Guides provide smart answers to your most pressing work challenges.

**The Resilient Healthcare Organization** - George Mayzell, MD, MBA 2020-03-06

Professional burnout is an epidemic in America. Approximately half of physicians and nurses are affected and at risk for themselves and their patients. Much has been written about professional burnout. The term was originally coined in the 1970s by American psychologist Herbert Freudenberger to describe the consequences of severe stress and high ideals experienced by people working in "helping" professions. Since then, many books have been written to address this looming national public health crisis. But, unfortunately, there has been much less written from a solution standpoint: getting to the root cause of why this is occurring now more than ever. The Resilient Healthcare Organization engages readers focusing on physicians and healthcare professionals and their experiences and how they overcame a loss of enthusiasm for work, feelings of cynicism, and a low sense of personal accomplishment. The feelings of emotional exhaustion are characterized by depersonalization and perceived ineffectiveness. These are the cardinal features that define "burnout" and affect almost 50% of physicians and 30–70% of nurses. This book addresses why burnout is viewed as a threat and how it can be fought. The author discusses the contributing factors and solutions at the health system and societal level. Additionally, this book explores the current and future etiology and impacts on physicians and healthcare professionals, with a significant emphasis on solutions at both the individual level and the system level. Contributors: Patricia S. Normand MD, Bruce Flareau, MD, Kathleen Ferket, MSN, APRN, Daniel Edelman, DO, and Peter B. Angood, MD.

*Combating Physician Burnout* - Sheila LoboPrabhu, M.D. 2019-11-05

Edited by experts on burnout, five sections lay out the scope of the challenge and outline potential interventions. The introduction, which discusses the history and social context of burnout, provides psychiatrists who may be struggling with burnout with much-needed perspective. Subsequent sections discuss the potential effects of burnout on clinical care, contextual elements that may contribute to burnout, and, potential systemic and individual interventions.

**Occupational Health Psychology: From Burnout to Well-being at Work** - Sónia P. Gonçalves 2022-06-28

**The Corsini Encyclopedia of Psychology, Volume 1** - Irving B. Weiner 2010-01-19  
Psychologists, researchers, teachers, and students need complete and comprehensive information in the fields of psychology and behavioral science. The Corsini Encyclopedia of Psychology, Volume One has been the reference of choice for almost three decades. This indispensable resource is updated and expanded to include much new material. It uniquely and effectively blends psychology and behavioral science. The Fourth Edition features over 1,200 entries; complete coverage of DSM disorders; and a bibliography of over 10,000 citations. Readers will benefit from up-to-date and authoritative coverage of every major area of psychology.

*Exercises in Psychological Testing and Assessment* - Ronald Jay Cohen 1999

**Global Encyclopedia of Public Administration, Public Policy, and Governance** - Ali Farazmand 2023-04-05

This global encyclopedic work serves as a comprehensive collection of global scholarship regarding the vast fields of public administration, public policy, governance, and management. Written and edited by leading international scholars and practitioners, this exhaustive resource covers all areas of the above fields and their numerous subfields of study. In keeping with the multidisciplinary spirit of these fields and subfields, the entries make use of various theoretical, empirical, analytical, practical, and methodological bases of knowledge. Expanded

and updated, the second edition includes over a thousand of new entries representing the most current research in public administration, public policy, governance, nonprofit and nongovernmental organizations, and management covering such important sub-areas as: 1. organization theory, behavior, change and development; 2. administrative theory and practice; 3. Bureaucracy; 4. public budgeting and financial management; 5. public economy and public management 6. public personnel administration and labor-management relations; 7. crisis and emergency management; 8. institutional theory and public administration; 9. law and regulations; 10. ethics and accountability; 11. public governance and private governance; 12. Nonprofit management and nongovernmental organizations; 13. Social, health, and environmental policy areas; 14. pandemic and crisis management; 15. administrative and governance reforms; 16. comparative public administration and governance; 17. globalization and international issues; 18. performance management; 19. geographical areas of the world with country-focused entries like Japan, China, Latin America, Europe, Asia, Africa, the Middle East, Russia and Eastern Europe, North America; and 20. a lot more. Relevant to professionals, experts, scholars, general readers, researchers, policy makers and manager, and students worldwide, this work will serve as the most viable global reference source for those looking for an introduction and advance knowledge to the field.

**Strategies in Addressing Psychological Injuries at Work in Economically Transitioning Societies** - Wei Guo 2022-11-03

Professional Burnout - Wilmar B. Schaufeli 2017-06-26

A rapidly growing number of people experience psychological strain at their workplace. In almost all industrialized countries, absenteeism and turnover rates increase, and an increasing amount of workers receive disablement benefits because of psychological problems. This book, first published in 1993, concentrates on a specific kind of occupational stress: burnout, the depletion of energy resources as a result of continuous emotional demands of the job. This volume presents theoretical perspectives that had been developed in the United States and Europe, discusses methodological issues, and examines organisational contexts. Written by an international group of leading scholars, this book will be of interest to students of both psychology and human resource management.

*Transcending Boundaries* - Rabel J. Burdge 2001-04

A compilation of abstracts of papers presented at the 8th International Symposium on Society and Resource Management, held June 17-22, 2000. The abstracts explore the social dimensions of managing spatial landscapes for various purposes. The theme of the symposium, "Transcending Boundaries: Natural Resource Management from Summit to Sea," provided participants with the opportunity to explore the challenges of working across conceptual, cultural, and physical boundaries. The symposium focused on how social science research is being brought to bear on the exploration of "boundary issues" in resource management.

*CBT for Occupational Stress in Health Professionals* - Martin R. Bamber 2006-11-22

The costs of occupational stress in terms of sickness absence, ill-health-related retirement, litigation and lost productivity are increasing, putting strain on economies across the world. The fact that health care work is inherently more stressful than many other occupations makes it vital that the problem of occupational stress among health professionals is addressed. CBT for Occupational Stress in Health Professionals goes beyond simply defining the problem and fills a gap in the current literature by providing clear and concise individual treatment

interventions. In three parts, the book covers: an overview of stress in the occupational context the standard CBT approach to assessment, formulation and treatment a new schema-focused approach to treating occupational stress. The schema-focused approach presented here provides powerful tools for treating a range of work-related problems for which standard CBT approaches are ineffective. Case studies are presented throughout the book to illustrate the therapeutic approaches described. This book will be of huge benefit to clinical and organizational psychologists, psychiatrists, mental health workers, counsellors and anyone else involved in treating occupational stress. It will also have much to offer those who manage people suffering from stress, human resource workers and those who are experiencing work-related stress.

**Maslach Burnout Inventory** - Christina Maslach 2016

Recognized as the leading measure of burnout, the Maslach Burnout Inventory (MBI) is validated by the extensive research that has been conducted in the more than 25 years since its initial publication. The MBI Surveys address three general scales: --Emotional Exhaustion measures feelings of being emotionally overextended and exhausted by one's work. --Depersonalization measures an unfeeling and impersonal response toward recipients of one's service, care treatment, or instruction. -- Personal Accomplishment measures feelings of competence and successful achievement in one's work.

**Clinician's Handbook of Adult Behavioral Assessment** - Michel Hersen 2011-04-28

Given the vast amount of research related to behavioral assessment, it is difficult for clinicians to keep abreast of new developments. In recent years, there have been advances in assessment, case conceptualization, treatment planning, treatment strategies for specific disorders, and considerations of new ethical and legal issues. Keeping track of advances requires monitoring diverse resources limited to specific disorders, many of which are theoretical rather than practical, or that offer clinical advice without providing the evidence base for treatment recommendations. This handbook was created to fill this gap, summarizing critical information for adult behavioral assessment. The Clinician's Handbook of Adult Behavioral Assessment provides a single source for understanding new developments in this field, cutting across strategies, techniques, and disorders. Assessment strategies are presented in context with the research behind those strategies, along with discussions of clinical utility, and how assessment and conceptualization fit in with treatment planning. The volume is organized in three sections, beginning with general issues, followed by evaluations of specific disorders and problems, and closing with special issues. To ensure cross chapter consistency in the coverage of disorders, these chapters are formatted to contain an introduction, assessment strategies, research basis, clinical utility, conceptualization and treatment planning, a case study, and summary. Special issue coverage includes computerized assessment, evaluating older adults, behavioral neuropsychology, ethical-legal issues, work-related issues, and value change in adults with acquired disabilities. Suitable for beginning and established clinicians in practice, this handbook will provide a ready reference toward effective adult behavioral assessment.

**Human Resource Management in the Public Sector** - Ronald J. Burke 2013-01-01

'An impressive collection of authoritative treatments of major current and ongoing topics in public sector human resource management, provided by both well-established experts and up-and-coming scholars who are becoming leaders in the field. A valuable resource for courses on the topic and an important reference for scholars and those seeking to maintain expert knowledge about it.' – Hal G.

Rainey, The University of Georgia, US This insightful book presents current thinking and research evidence on the role of human resource management policies and practices in increasing service quality, efficiency and organizational effectiveness in the public sector. Internationally, public sector organisations face enormous challenges, including increasingly uncertain political and economic environments, more vigilant and cost-conscious governments, rapidly evolving community needs and an ageing workforce. This collection examines a range of HRM-related topics that will influence the capacity of public sector agencies to negotiate and respond to the challenges ahead. These topics include managing public sector human resources during an economic downturn, enhancing the satisfaction and motivation of public sector employees, attracting and retaining talent, leadership development, and case studies in successful public sector organizational change. With each chapter drawing on the latest research, but also emphasizing the practical implications, this collection is suitable for practitioners, researchers and students alike. It will also be valuable for HR specialists and managers of HR units in the public sector.

**Ethics and Decision Making in Counseling and Psychotherapy, Fourth Edition** -

Robert Rocco Cottone, PhD 2016-03-24

Focuses on the nuances of ethical and legal standards across disciplines Completely revised and updated to reflect the new 2014 ACA Code of Ethics and current ethics codes in psychology, social work, and marriage and family therapy. This unparalleled text guides helping professionals in the use of ethical decision-making processes as the foundation for ethical approaches to counseling and psychotherapy. The book focuses on ethical and legal challenges and standards across multiple professions emphasizing counseling, and including the professions of psychology, social work, and marriage and family therapy. It not only identifies relevant ethical issues in clinical mental health, rehabilitation, group, school, addictions counseling, and career counseling, it also addresses couple and family therapy, clinical supervision, and forensics. The text illuminates the particular application of ethical standards within each specialty. The book features five new sections that clearly define how ethical standards are interpreted and applied: Privacy, Confidentiality, and Privileged Communication; Informed Consent; Roles and Relationships with Clients; Professional Responsibility; and Counselor Competency. Under the umbrella of each broad topic, the particular nuances of ethical standards within each specialty are analyzed to facilitate comparison across all specialties and settings. The text also addresses current issues in office and administrative practices, technology, and forensic practice that are crucial to school, clinical, and private practice settings. Compelling case studies illustrate the connection between ethical decision-making models and ethical practice. Learning objectives, a comprehensive review of scholarly literature, and a robust ancillary package for educators contribute to the fourth edition's value for use in upper-level undergraduate and graduate classrooms. New to the Fourth Edition: Comprehensive reorganization and reconceptualization of content Reflects new 2014 ACA Code of Ethics Includes five new chapters on Privacy, Confidentiality, and Privileged Communication; Informed Consent; Roles and Relationships with Clients; Professional Responsibility; and Counselor Competency. Emphasizes specialty practice organized by professional standards Facilitates comparison of standards across disciplines Addresses new issues in office, administrative, technology, and forensic practice Key Features: Delivers an unequalled overview of ethical decision-making in counseling and psychotherapy Defines how ethical standards are interpreted and applied in

specialty practice Describes how to avoid, address, and solve serious ethical and legal dilemmas Includes learning objectives, case studies, and scholarly literature reviews Offers robust ancillary package with Instructor's Manual, Test Bank, and Power Point Slides

**Caring for Caregivers to Be** - Ripp 2023-05-30

Caring for Caregivers to Be provides evidence-based insights and solutions to reduce burnout and improve well-being among medical learners, particularly students and graduate medical trainees. It provides a scoping review of the research related to the well-being of the health care learner and offers a suite of current and emerging tools and strategies believed to reduce medical burnout and foster resilience. Chapters identify the major drivers of both burnout and flourishing and explore the consequences of sub-optimal well-being for performance and patient care. The volume ends with practical considerations that medical education leaders can use for solutions-based well-being program development and tips for medical learners seeking to improve their own well-being within a professional environment. Caring for Caregivers to Be is the comprehensive guide to promoting the development of a resilient and professionally fulfilled physician workforce.

**Advances in Human Aspects of Healthcare and Medicine** - Vincent Duffy 2021-07-19

Now more than ever, the design of systems and devices for effective and safe healthcare delivery has taken center stage. And the importance of human factors and ergonomics in achieving this goal can't be ignored. Underlining the utility of research in achieving effective design, Advances in Human Aspects of Healthcare discusses how human factors and ergonomics principles can be applied to improve quality, safety, efficiency, and effectiveness in patient care. Topics include the design of work environments to improve satisfaction and well-being of patients, healthcare providers, and professionals. The book explores new approaches for improving healthcare devices such as portable ultrasound systems, better work design, and effective communications and systems support. It also examines healthcare informatics for the public and usability for patient users, building on results from usability studies for medical personnel. Several chapters explore quality and safety while others examine medical error for risk factors and information transfer in error reduction. The book provides an integrated review of physical, cognitive, and organizational aspects that facilitates a systems approach to implementation. These features and more allow practitioners to gain a deeper understanding of the issues in healthcare delivery and the role ergonomics and human factors can play in solving them.

**Burnout and Trauma Related Employment Stress** - Melissa L. Holland 2021-10-28

Burnout and trauma related employment stress (TRES), which includes compassion fatigue, secondary traumatic stress, and vicarious trauma, are increasing in prevalence as attrition rates, mental health disturbances, and suicide rates are climbing for those in the helping professions. This book highlights the imperative for prevention and early intervention using acceptance and commitment strategies. It includes cognitive, acceptance, and mindfulness techniques to assist the individual in achieving goals through values-based living. Among the topics discussed: Definitions of Burnout and TRES Prevalence rates of burnout and TRES in the helping professions Mindfulness and acceptance practices Defusion and cognitive techniques Values based goal setting Organizational responsibilities and strategies Assessment resources Burnout and Trauma Related Employment Stress will

be a valuable resource for clinicians working with those experiencing the symptoms of TRES and burnout, as well as the individuals themselves.

**The End of Burnout** - Jonathan Malesic 2022-01-04

Going beyond the how and why of burnout, a former tenured professor combines academic methods and first-person experience to propose new ways for resisting our cultural obsession with work and transforming our vision of human flourishing. Burnout has become our go-to term for talking about the pressure and dissatisfaction we experience at work. But because we don't really understand what burnout means, the discourse does little to help workers who are suffering from exhaustion and despair. Jonathan Malesic was one of those workers, and to escape he quit his job as a tenured professor. In The End of Burnout, he dives into the history and psychology of burnout, traces the origin of the high ideals we bring to our dismal jobs, and profiles the individuals and communities who are already resisting our cultural commitment to constant work. In The End of Burnout, Malesic traces his own history as someone who burned out of a tenured job to frame this rigorous investigation of how and why so many of us feel worn out, alienated, and useless in our work. Through research on the science, culture, and philosophy of burnout, Malesic explores the gap between our vocation and our jobs, and between the ideals we have for work and the reality of what we have to do. He eschews the usual prevailing wisdom in confronting burnout ("Learn to say no!" "Practice mindfulness!") to examine how our jobs have been constructed as a symbol of our value and our total identity. Beyond looking at what drives burnout—unfairness, a lack of autonomy, a breakdown of community, mismatches of values—this book spotlights groups that are addressing these failures of ethics. We can look to communities of monks, employees of a Dallas nonprofit, intense hobbyists, and artists with disabilities to see the possibilities for resisting a "total work" environment and the paths to recognizing the dignity of workers and nonworkers alike. In this critical yet deeply humane book, Malesic offers the vocabulary we need to recognize burnout, overcome burnout culture, and find moral significance in our lives beyond work.

**Sport, Exercise, and Performance Psychology** - Angus Mugford 2018-09-26

This book brings together world-class professionals to share theoretical understanding applied to sport, exercise and performance domains. It highlights how to be more effective in developing psychological skills, context and understanding for educators, students and professionals. From both academic and practitioner perspectives, this book takes readers through contextual understanding of this field of study and into a wide variety of important areas. Specifically, the chapters focus on the mind-body relationship and performance challenges, and on core mental skills applied across different sport, exercise and performance examples (including professional athletes, normal exercise populations and military service members). The final section expands the context into the role of relationships and performance in group settings to cover a broad practice of modern day applied performance psychology.

**Burnout** - Christina Maslach 1982

This book shows how to recognize, prevent and cure burnout syndrome for nurses, teachers, counselors, doctors, therapists, police, social workers, and anyone else who cares about and for people. Christina Maslach, the leading pioneer in research on burnout, offers help using illustrative examples and first-hand accounts. She points out what causes the feelings of emotional exhaustion, the callous indifference to people's problems, and the sense of inadequacy about one's ability to help and relate to others.

**Health Workers and Aids** - Lydia Bennett 1995-05-01

Handbook of Sport Psychology - Gershon Tenenbaum 2020-03-31

The fourth edition of a classic, leading resource for the field of sport, exercise, and performance psychology. Now expanded to two volumes, and featuring a wealth of new chapters from highly respected scholars in the field, this all-new edition of the Handbook of Sports Psychology draws on an international roster of experts and scholars in the field who have assembled state-of-the-art knowledge into this thorough, well-rounded, and accessible volume. Endorsed by the International Society of Sport Psychology, it represents an invaluable source of theoretical and practical information on our understanding of the role of psychology in sport, exercise, and performance—and how that understanding can be applied in order to improve real-world outcomes. Presented in eight parts, the Handbook of Sports Psychology, 4th Edition adds new material on emerging areas such as mindfulness, brain mapping, self-consciousness, and mental toughness, and covers special topics such as gender and cultural diversity, athletes with disabilities, and alcohol and drug use in sports. In addition, it covers classic topics such as what motivates an athlete to perform; why do some choke under pressure; how do top performers handle leadership roles; what does one do to mentally train; how an athlete deals with injury; and much more. Fourth edition of the most influential reference work for the field of sport psychology. New coverage includes mindfulness in sport and exercise psychology, ethics, mental toughness, sport socialization, and making use of brain technologies in practice. Endorsed by the International Society of Sport Psychology (ISSP) Handbook of Sports Psychology, 4th Edition is an indispensable resource for any student or professional interested in the field of sports psychology.

**Well-Being of School Teachers in Their Work Environment** - Caterina Fiorilli 2020-10-09

This eBook is a collection of articles from a Frontiers Research Topic. Frontiers Research Topics are very popular trademarks of the Frontiers Journals Series: they are collections of at least ten articles, all centered on a particular subject. With their unique mix of varied contributions from Original Research to Review Articles, Frontiers Research Topics unify the most influential researchers, the latest key findings and historical advances in a hot research area! Find out more on how to host your own Frontiers Research Topic or contribute to one as an author by contacting the Frontiers Editorial Office: [frontiersin.org/about/contact](https://frontiersin.org/about/contact).

**New Perspectives in Policing** - Emerald Group Publishing Limited 2015-10-29

New Perspectives in Policing: Stress, Public Perception' examines the evolving nature of Policing policy, practice and management in an era of ever increasing demands for efficiency, transparency and accountability. The collection assesses the impact of public perception and stress, presenting detailed analyses and new conceptual frameworks.

**Depression, Burnout and Suicide in Physicians** - Luigi Grassi 2021-11-30

This book provides a reference and contextual basis for depression, burnout and suicide among oncology and other medical professionals. Oncology as a medical subspecialty is at a unique apex of this crisis. While the same pressures in medicine certainly apply to oncologists, oncology is particularly stressful as a changing field with diverse patient and societal expectations for outcomes. In addition to experiencing the stress of caring for patients that could succumb to their cancer diagnoses, these professionals are regularly confronted with an onslaught of new medical information and a landscape that is changing at a

breakneck pace. These are just a few factors involved in the increasing rates of burnout among oncologists as well as other medical professionals. By addressing a gap in identifying mental health problems among health care professionals, this book sheds light on mental health problems and suicide among physicians.

Importantly, this book is a call to action of the professional and administrative organizations to work on improving mental health of physicians. Anxiety and depression affect not only the individual doctor but also patient care. Given the increasing attention to these issues along with limited yet applicable data regarding how to address these issues, the text aims to bring the latest data face to face with consensus opinion and can be used to ultimately enhance oncologic and psychiatric practices. Written by experts in the field, *Depression, Burnout and Suicide in Physicians: Insights from Oncology and Other Medical Professions* aims to significantly increase awareness and contribute to understanding the necessity of preventive measures on individual, family, and care givers levels.

*Book of Abstracts* - 2000

*Advances in Accounting Behavioral Research* - Vicky Arnold 2008-07-07

Includes an article that compares the strengths and weaknesses of using a single type of research method to investigate accounting phenomenon and explains why using multiple methods provides a richer understanding of particular issues. This book includes articles, which are useful in facilitating behavioral research.

Resources in Education - 1999-10

**Professional Burnout** - Wilmar B. Schaufeli 2018-12-19

A rapidly growing number of people experience psychological strain at their workplace. In almost all industrialized countries, absenteeism and turnover rates increase, and an increasing amount of workers receive disablement benefits because of psychological problems. This book, first published in 1993, concentrates on a specific kind of occupational stress: burnout, the depletion of energy resources as a result of continuous emotional demands of the job. This volume presents theoretical perspectives that had been developed in the United States and Europe, discusses methodological issues, and examines organisational contexts. Written by an international group of leading scholars, this book will be of interest to students of both psychology and human resource management.

*Stress, Well-Being, and Performance in Sport* - Rachel Arnold 2021-03-09

*Stress, Well-Being, and Performance in Sport* provides the first comprehensive and contemporary overview of stress in sport and its implications on performance and well-being. It explores how athletes', coaches, and support staff's performance can be enhanced while simultaneously optimizing their well-being in contemporary sport. Divided into four sections following the stress process, *Stress, Well-Being, and Performance in Sport* covers key topics including: Appraising and coping with stress in sport Responses to and outcomes of stress in sport Moderators of the stress process in sport Stress management to promote thriving in sport Bringing together theory and practice, each chapter discusses conceptual and theoretical issues, current research, and innovative practical implications. Written by scholars around the globe, *Stress, Well-being, and Performance* offers an international perspective. It is important reading for students of sport psychology as well as coaches, athletes, and support staff.

**Burnout for Experts** - Sabine Bährer-Köhler 2012-11-11

Wherever people are working, there is some type of stress—and where there is stress, there is the risk of burnout. It is widespread, the subject of numerous

studies in the U.S. and abroad. It is also costly, both to individuals in the form of sick days, lost wages, and emotional exhaustion, and to the workplace in terms of the bottom line. But as we are now beginning to understand, burnout is also preventable. Burnout for Experts brings multifaceted analysis to a multilayered problem, offering comprehensive discussion of contributing factors, classic and less widely perceived markers of burnout, coping strategies, and treatment methods. International perspectives consider phase models of burnout and differentiate between burnout and related physical and mental health conditions. By focusing on specific job and life variables including workplace culture and gender aspects, contributors give professionals ample means for recognizing burnout as well as its warning signs. Chapters on prevention and intervention detail effective programs that can be implemented at the individual and organizational levels. Included in the coverage:

- History of burnout: a phenomenon.
- Personal and external factors contributing to burnout.
- Depression and burnout
- Assessment tools and methods.
- The role of communication in burnout prevention.
- Active coping and other intervention strategies.

Skillfully balancing scholarship and accessibility, Burnout for Experts is a go-to resource for health psychologists, social workers, psychiatrists, and organizational, industrial, and clinical psychologists.

Theories of Organizational Stress - Cary L. Cooper 1998-10-29

During the past two decades, the nature of work has changed dramatically, as more and more organizations downsize, outsource and move toward short-term contracts, part-time working and teleworking. The costs of stress in the workplace in most of the developed and developing world have risen accordingly in terms of increased sickness absence, labour turnover, burnout, premature death and decreased

productivity. This book, in one volume, provides all the major theories of organizational stress from the leading researchers and writers in the field. It is a guide to identifying the sources of pressures in jobs and the workplace so that we may be able to intervene to change and manage the growing problem of organizational stress.

**The Handbook of Stress and Health** - Cary L. Cooper 2017-02-07

A comprehensive work that brings together and explores state-of-the-art research on the link between stress and health outcomes. Offers the most authoritative resource available, discussing a range of stress theories as well as theories on preventative stress management and how to enhance well-being. Timely given that stress is linked to seven of the ten leading causes of death in developed nations, yet paradoxically successful adaptation to stress can enable individuals to flourish. Contributors are an international panel of authoritative researchers and practitioners in the various specialty subjects addressed within the work.

**From West to East: Recent Advances in Psychometrics and Psychological Instruments in Asia** - Mengcheng Wang 2022-03-03

Burnout and Engagement in a South African University Student Sample - Carina Gauch?e 2006

Burnout -- Engagement -- Students -- Learners -- University -- Tertiary institution -- Maslach Burnout Inventory -- Student Survey (MBI-SS) -- Utrecht Work Engagement Scale - Student Survey (UWES-S) -- Previous validation studies -- Uitbranding -- Begeestering -- Studente -- Leerders -- Universiteit -- Tersi?ere instansie -- Maslach Uitbrandingsvraelys - Studente-opname (MBI-SS) -- Utrecht Werkbegeesteringskaal - Studente-opname (UWES-S) -- Voorafgaande validasiestudies.