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Napoleon Hill's The Road to Success - Napoleon Hill 2011

Are you lacking in a sense of direction? Unable to chart a course for success in your life? Uneasy as to whether or not you are following the correct route to your destination? Study this guidebook for your life's journey. This book provides only time-tested advice for you to follow. In fact, Napoleon Hill created the first GPS system decades ago in the form of billboards that positioned his students on the Road to Success. What was true then is true now and you will benefit immediately by applying his success coordinates in your life. When you have the "how to" it becomes easy to follow the signposts that deliver you to your destination right on time. Are you ready to begin? The Master Teacher Napoleon Hill awaits you. Open this book for your success itinerary and travel the footsteps he has placed on the pathway. You will not lose your way!

Classic Experiments in Psychology - Douglas Mook 2004-12-30

The typical survey course in psychology has time for only limited presentation of the research on which our knowledge is based. As a result, many students come away with a limited understanding of the role of experiments in psychological science. Where do experiments come from and how are they conducted? What are the pitfalls and how can we avoid them? What advantages do they have over intuition, authority, and common sense as guides to knowing and acting? What distinguishes

research-based psychology from psychobabble? What have we learned from experimentation in psychology? This book presents, in more depth than textbook treatment permits, the background, conduct, and implications of a selection of classic experiments in psychology. The selection is designed to be diverse, showing that even for research in vastly different areas of study, the logic of research remains the same—as do its traps and pitfalls. This book will broaden and deepen the understanding of experimental methods in psychological research, examining where the research questions come from, how questions can be turned into experiments, and how researchers have faced the problems presented by research in psychology.

The Internet Literacy Handbook - Betsy Burdick 2006-01-01

Over the past decade, Internet technology, now merging into that of mobile technology, has transformed the multiple facets of life in society across the world, changing work and leisure patterns, and placing greater demands on us as active, democratic citizens. The Internet literacy handbook, intended for parents, teachers and young people throughout Europe, is a guide to exploiting to the fullest this complex network of information and communication. The handbook is comprised of 21 fact sheets, each covering a particular topic on Internet use, from searching for information to setting up blogs through to e-shopping and e-citizenship. These fact sheets offer teachers and parents sufficient technical

know-how to allow them to share young people's and children's voyages through communication technology. They highlight ethical and safety considerations, give insight into added value in education, provide ideas for constructive activities in class or at home, share best practice in Internet use, and provide a wealth of definitions and links to sites that give practical examples and further in-depth information.

The End of Diabetes - Joel Fuhrman, M.D.
2012-12-26

The New York Times bestselling author of *Eat to Live* and *Super Immunity* and one of the country's leading experts on preventive medicine offers a scientifically proven, practical program to prevent and reverse diabetes—without drugs. At last, a breakthrough program to combat the rising diabetes epidemic and help millions of diabetics, as well as those suffering with high blood pressure and heart disease. Joel Fuhrman, M.D. Research director of the Nutritional Research Foundation, shows you how to live a long, healthy, and happy life—disease free. He offers a complete health transformation, starting with a diet with a high nutrient-per-calorie ratio that can be adapted for individual needs. Dr. Fuhrman makes clear that we don't have to "control" diabetes. Patients can choose to follow better nutritional guidelines that will control it for them, even before they have lost excess weight. The end result is a medical breakthrough—a comprehensive reversal of the disease.

Handbook of Transdisciplinary Research - Gertrude Hirsch Hadorn 2007-12-15

Transdisciplinary Research (TR) is an emerging field in the knowledge society for relating science and policy in addressing issues such as new technologies, migration, and public health. This handbook provides a structured overview of the manifold experiences gained in these fields. In the first part, 21 projects from all over the world present their research approaches. In the second part, cross-cutting challenges of TR are discussed in reference to the same projects.

Hara - Graf Karlfried Dürckheim 1962

The Body Remembers Volume 2: Revolutionizing Trauma Treatment - Babette Rothschild 2017-06-20

Challenging the notion that clients with PTSD

must revisit, review, and process their memories to recover from trauma. *The Body Remembers, Volume 2: Revolutionizing Trauma Treatment* continues the discussion begun more than fifteen years ago with the publication of the best-selling and beloved *The Body Remembers: The Psychophysiology of Trauma and Trauma Treatment*. This new book is grounded in the belief that the most important goal for any trauma treatment is to improve the quality of life of the client. Therefore, the first prerequisite is that the client be reliably stable and feel safe in his or her daily life as well as the therapy situation. To accomplish this, Babette Rothschild empowers both therapists and clients by expanding trauma treatment options. For clients who prefer not to review memories, or are unable to do so safely, new and expanded strategies and principles for trauma recovery are presented. And for those who wish to avail themselves of more typical trauma memory work, tools to make trauma memory resolution even safer are included. Being able to monitor and modulate a trauma client's dysregulated nervous system is one of the practitioner's best lines of defense against traumatic hyperarousal going amok—risking such consequences as dissociation and decompensation. Rothschild clarifies and simplifies autonomic nervous system (ANS) understanding and observation with her creation of an original full color table that distinguishes six levels of arousal. Included in this table (and the discussion that accompanies it) is a new and essential distinction between trauma-induced hypoarousal and the low arousal that is caused by lethargy or depression. The full color ANS table is also available from W.W. Norton as a laminated desk reference and a wall poster suitable for framing so this valuable therapeutic tool will always be at hand. Principles and theory come alive through multiple demonstration therapy transcripts that illustrate: Stabilizing a new client who consistently dissociates due to persistent trauma flashbacks Clarifying and keeping therapeutic contracts Identifying and implementing hidden somatic resources for stabilization Easing transition from Phase 1 to Phase 2 trauma treatment via trauma memory outlining Utilizing good memories and somatic markers as antidotes to traumatic memory

Combining an authoritative yet personal voice, Rothschild gives clinicians the space to recognize where they may have made mistakes—by sharing her own!—as well as a road map toward more effective practice in the future. This book is absolutely essential reading for anyone working with those who have experienced trauma.

The Silent Patient - Alex Michaelides 2019-02-05

**THE INSTANT #1 NEW YORK TIMES

BESTSELLER** "An unforgettable—and

Hollywood-bound—new thriller... A mix of

Hitchcockian suspense, Agatha Christie plotting, and Greek tragedy." —Entertainment Weekly

The Silent Patient is a shocking psychological thriller of a woman's act of violence against her husband—and of the therapist obsessed with uncovering her motive. Alicia Berenson's life is seemingly perfect. A famous painter married to an in-demand fashion photographer, she lives in a grand house with big windows overlooking a park in one of London's most desirable areas.

One evening her husband Gabriel returns home late from a fashion shoot, and Alicia shoots him five times in the face, and then never speaks another word. Alicia's refusal to talk, or give any kind of explanation, turns a domestic tragedy into something far grander, a mystery that captures the public imagination and casts Alicia into notoriety. The price of her art skyrockets, and she, the silent patient, is hidden away from the tabloids and spotlight at the Grove, a secure forensic unit in North London. Theo Faber is a criminal psychotherapist who has waited a long time for the opportunity to work with Alicia. His determination to get her to talk and unravel the mystery of why she shot her husband takes him down a twisting path into his own motivations—a search for the truth that threatens to consume him....

Eat that Frog! - Brian Tracy 2008

Brian Tracy gives the advice of doing the most difficult task first so that you can feel positive about yourself and move on to the other tasks of the day.

Mog's Christmas (Read aloud by Geraldine

McEwan) - Judith Kerr 2012-10-25

Share in fifty years of a really remarkable cat...

The classic Christmas story with Mog, everyone's favourite family cat! This funny and warm-hearted escapade comes as a stunning

full-colour ebook, read by the inimitable GERALDINE MCEWAN.

The Sacred and the Profane - Mircea Eliade 1959

Famed historian of religion Mircea Eliade observes that even moderns who proclaim themselves residents of a completely profane world are still unconsciously nourished by the memory of the sacred. Eliade traces manifestations of the sacred from primitive to modern times in terms of space, time, nature, and the cosmos. In doing so he shows how the total human experience of the religious man compares with that of the nonreligious. This book serves as an excellent introduction to the history of religion, but its perspective also encompasses philosophical anthropology, phenomenology, and psychology. It will appeal to anyone seeking to discover the potential dimensions of human existence. -- P. [4] of cover.

The Road Less Traveled and Beyond - M. Scott Peck 1998-01-02

Peck's views on being a separate courageous individual.

Level Up Your Life - Steve Kamb 2016-01-12

In 5 years, Steve Kamb has transformed himself from wanna-be daydreamer into a real-life superhero and actually turned his life into a gigantic video game: flying stunt planes in New Zealand, gambling in a tuxedo at the Casino de Monte-Carlo, and even finding Nemo on the Great Barrier Reef. To help him accomplish all of these goals, he built a system that allowed him to complete quests, take on boss battles, earn experience points, and literally level up his life. If you have always dreamed of adventure and growth but can't seem to leave your hobbit-hole, *Level Up Your Life* is for you. Kamb will teach you exactly how to use your favorite video games, books, and movies as inspiration for adventure rather than an escape from the grind of everyday life. Hundreds of thousands of everyday Joes and Jills have joined Steve's Rebellion through his popular website, NerdFitness.com, and leveled up their lives—losing weight, getting stronger, and living better. In *Level Up Your Life*, you'll meet more than a dozen of these members of The Rebellion: men and women, young and old, single and married, from all walks of life who have created superhero versions of themselves to live

adventurously and happily. Within this guide, you'll follow in their footsteps and learn exactly how to:

- Create your own "Alter Ego" with real-life super powers
- Build your own Epic Quest List, broken into categories and difficulty levels
- Hack your productivity habits to start making progress
- Train your body for any adventure
- Build in rewards and accountability that will actually motivate you to succeed
- Travel the world freely (and cheaply)
- Recruit the right allies to your side and find powerful mentors for guidance

Adventure is out there, and the world needs more heroes. Will you heed the call?

Odd Girl Out - Rachel Simmons 2011

Identifies the subtle means by which girls behave aggressively toward one another and examines specific behaviors while explaining the importance of enabling girls to express anger and resolve conflicts.

Spiritual Authority and Temporal Power - René Guénon 2001

Spiritual Authority and Temporal Power is an analysis of cyclical manifestation, and more specifically of the relationship between royal and sacerdotal power. In accord with the Hindu doctrine of manvantaras and Plato's depiction of historical degeneration in the Republic, Guénon views history here as a series of 'revolts' of lower castes against the higher. The kshatriyas (warriors) revolt against the brahmins (priests), thus setting the stage for a revolt of the vaishyas (loosely, the bourgeoisie), as in the French revolution-and, finally, the shudras (the proletariat), as in the Russian revolution (which Guénon does not touch upon in this work). From one point of view, this is a progressive degeneration; from another it is entirely lawful, given the 'entropic' nature of manifestation itself. External, historical descent reflects an inner degeneration: knowledge (the celestial paradise) is eclipsed by heroic action (the terrestrial paradise), which is in turn overrun by the inertia and agitation of the passions. Yet the nadir of degeneration is also the point of renewal: the dawning of the Heavenly Jerusalem-spiritual Knowledge-which begins a new cycle of manifestation.

Why Men Want Sex and Women Need Love - Barbara Pease 2010-01-12

Allan and Barbara Pease, the international bestselling authors of *Why Men Don't Listen &*

Women Can't Read Maps, deliver their most exciting book yet. Will men and women ever see eye-to-eye about love and sex? How will relationships ever be rewarding if men only want to rush into bed and women want to rush to the altar? In this practical, witty and down-to-earth guide, couples experts Allan and Barbara Pease reveal the truth about how men and women can really get along. By translating science and cutting edge research into a powerful yet highly entertaining read, you'll learn how to find true happiness and compatibility with the opposite sex. REVEALED IN THIS BOOK: * The seven types of love * The top five things women want from men * What to do when the chemistry is wrong * What turns men and women on - and off! * The most common "New Relationship" mistakes and how to avoid them * How to decode "manspeak" If you want to get the most satisfaction from your relationship, or are single and looking for the right person, then you must read this book for the answer to *Why Men Want Sex and Women Need Love*.

Life and Teaching of the Masters of the Far East - Baird Thomas Spalding 1964

2010 Reprint of 1924 Edition. In 1924 Spalding published this first and most important volume of *Life and Teaching of the Masters of the Far East*. It describes the travels to India and Tibet of a research party of eleven scientists in 1894. During their trip they claim to have made contact with "the Great Masters of the Himalayas," immortal beings with whom they lived and studied, gaining a fascinating insight into their lives and spiritual message. This close contact enabled them to witness many of the spiritual principles evinced by these Great Masters translated into their everyday lives, which could be described as 'miracles'. Such examples are walking on water, or manifesting bread to feed the hungry party. These books have remained consistently popular with spiritual seekers, those interested in the philosophy of the East and those who enjoy a good story because of their accessible nature and easy-to-follow format. However, despite most of the action taking place in India, the Great Masters make it clear that the greatest embodiment of the Enlightened state is that of the Christ (as personified by Jesus): "The Masters accept that Buddha represents the Way

to Enlightenment, but they clearly set forth that Christ IS Enlightenment, or a state of consciousness for which we are all seeking - the Christ light of every individual; therefore, the light of every child born into the world."

The Pressured Child - Michael Thompson, PhD
2005-08-30

The push for students to excel at school and get into the best colleges has never been more intense. In this invaluable new book, the bestselling co-author of *Raising Cain* addresses America's performance-driven obsession with the accomplishments of its kids—and provides a deeply humane response. "How was school?" These three words contain a world of desire on the part of parents to know what their children are learning and experiencing in school each day. Children may not divulge much, but psychologist Michael Thompson suggests that the answers are there if we know how to read the clues and—equally important—if we remember our own school days. School, Thompson reminds us, occupies more waking hours than kids spend at home; and school is full not just of studies but of human emotion—excitement, fear, envy, love, anger, sexuality, boredom, competitiveness. Through richly detailed interviews, case histories, and student e-mail journals, including those of his own children, Thompson illuminates the deeper psychological journey that school demands, a journey that all children must take in order to grow and develop, whether they are academic aces or borderline dropouts. Most of us remember this journey, if we are honest with ourselves, but our children must experience it in their own way, for better or worse. In stories that are by turns poignant, shocking, uplifting, and inspiring, we see students grapple with the textured reality of their lives, devising their own unique strategies to survive and thrive in school. For parents, this book reveals the hidden emotional landscape of the school day and points toward the answers we both desire and dread as we seek to help our children find success in school and beyond. Bridging the worlds of the growing and the grown-up, and told in Thompson's compassionate voice as both psychologist and father, *The Pressured Child* shows us how to listen for the truth of our children's experience—and how to trust, love, and ultimately let go of a child. It is a crucial book

for our stressful age—and an ideal resource for families struggling to survive it.

Before I Fall - Lauren Oliver 2010-03-02

Like Adam Silvera's *They Both Die at the End* and Colleen Hoover's *It Ends with Us*, *Before I Fall* raises thought-provoking questions about love, death, and how one person's life can affect so many others. With this stunning debut novel, New York Times bestselling author Lauren Oliver emerged as one of today's foremost authors of young adult fiction. For popular high school senior Samantha Kingston, February 12—"Cupid Day"—should be one big party, a day of valentines and roses and the privileges that come with being at the top of the social pyramid. And it is...until she dies in a terrible accident that night. However, she still wakes up the next morning. In fact, Sam lives the last day of her life seven times, until she realizes that by making even the slightest changes, she may hold more power than she ever imagined. *Before I Fall* is now a major motion picture. Zoey Deutch, Halston Sage, and Kian Lawley. Named to numerous state reading lists, the novel was also recognized as a Best Book of the Year by Amazon, Barnes & Noble, The Daily Beast, NPR, and Publishers Weekly.

The Serial Killer Files - Paul Simpson 2017-05-18

There are many myths about serial killers: that they are all dysfunctional loners; all white males; only motivated by sex; that they all travel and operate across a wide area; cannot stop killing; are all insane, or evil geniuses; and that they all want to get caught. Of course, there are some serial killers who fit into these categories, but the married Green River Killer was not a dysfunctional loner; there are plenty of female and non-Caucasian serial killers; Dr Harold Shipman was certainly not motivated by sex; many serial killings (such as the Ipswich prostitute murders carried out by Steve Wright) happen within a confined area; the 'BTK Killer', Dennis Rader, stopped killing in 1991, but wasn't caught until fourteen years later. Many serial killers may have a low animal cunning, or be 'street smart', but few of them are Mensa-level geniuses. Each of the thirty cases covered here is unusual in some respect, perhaps in the way in which the killer carried out their crimes, the choice of victims, the way in which they were apprehended, or the method of their execution.

The cases are presented alphabetically by country - from Australia via Colombia, Great Britain, Indonesia, Iran, South Africa and elsewhere to the United States - and then chronologically. They come from across history and from all over the world. The author has gone back as far as possible to contemporary source material - newspaper accounts, trial evidence, interviews with perpetrators or survivors - rather than rely on the increasingly blurred truth to be found online and in far too many collections.

Mentally Defective Children - Alfred Binet
1914

Windows to Our Children - Violet Oaklander
1988

The Magic Ladder to Success - Napoleon Hill
2013-09-18

A renowned self-help guru distills the 17 factors that constitute his famous Law of Success philosophy. These key principles define the ethics and actions that empower individuals to assume leadership.

Raising Positive Kids in a Negative World - Zig Ziglar
2002-10-06

Raising positive, drug-free kids in a negative world is not easy, but in the long run it's easier than raising negative ones. Now, the bestselling motivational author reveals his simple prescription for success with children, step by positive step. Drawing on the most comprehensive measurable results ever made available to an author - his "I CAN" course, taught in more than five thousand schools with more than three million participants - and his own successes and failures as a parent, Zig Ziglar offers sensible guidelines on: Praise and encouragement: Children can hardly have too much of the right kinds. Look for the good in your children and you will find it. Drugs: The latest statistics and a winning approach to teaching kids to say no, starting with cigarettes. Time: Quality time is not enough. Kids need a lot of time with parents (and virtually none with TV). Discipline: The loving parent will not shirk it. Sex and romance: Be frank, be firm, be realistic. And much more, in a book that is both refreshingly old-fashioned and startlingly new. Previous edition: 0-34541-022-x

Economics for the Many - John McDonnell
2020-01-28

Our economy is rigged in favour of a wealthy elite. We need a new approach: an economics for the many. Big challenges lie ahead for our society: the rise of automation and the threat of catastrophic climate change. But so, too, do the huge possibilities presented by new technology and better ways of organising our economy in the wake of neoliberalism's failure. With the election of Jeremy Corbyn as Labour leader, and the extraordinary turnaround in Labour's fortunes in the 2017 election, we have a real opportunity to build an economy in Britain that is radically fairer, radically more democratic, and radically more sustainable. But we need the right ideas and strategies if we're going to get there. *Economics for the Many*, edited and with an introduction by Shadow Chancellor of the Exchequer John McDonnell, features contributions from the participants in his New Economics conferences, including Barry Gardiner, Ann Pettifor, Prem Sikka, and Guy Standing. It covers topics from housing, public ownership, and fairer international trading systems to industrial policy for the twenty-first century and how to tackle tax avoidance and regional imbalances. Together, the essays in this volume lay out a vision for a new economics, one that works for the many, not the few.

Dawn O'Hara: The Girl Who Laughed - Edna Ferber
2022-09-04

DigiCat Publishing presents to you this special edition of "Dawn O'Hara: The Girl Who Laughed" by Edna Ferber. DigiCat Publishing considers every written word to be a legacy of humankind. Every DigiCat book has been carefully reproduced for republishing in a new modern format. The books are available in print, as well as ebooks. DigiCat hopes you will treat this work with the acknowledgment and passion it deserves as a classic of world literature.

XOXO - Axie Oh
2021-07-13

Jenny's never had much time for boys, K-pop, or really anything besides her dream of being a professional cellist. But when she finds herself falling for a K-pop idol, she has to decide whether their love is worth the risk. A modern forbidden romance wrapped in the glamorous and exclusive world of K-pop, XOXO is perfect for fans of Jenny Han and Maurene Goo. Jenny

didn't get to be an award-winning, classically trained cellist without choosing practice over fun. That is, until the night she meets Jaewoo. Mysterious, handsome, and just a little bit tormented, Jaewoo is exactly the kind of distraction Jenny would normally avoid. And yet, she finds herself pulled into spending an unforgettable evening wandering Los Angeles with him on the night before his flight home to South Korea. With Jaewoo an ocean away, there's no use in dreaming of what could have been. But when Jenny and her mother move to Seoul to take care of her ailing grandmother, who does she meet at the elite arts academy she's just been accepted to? Jaewoo. Finding the dreamy stranger who swept you off your feet in your homeroom is one thing, but Jaewoo isn't just any student. Turns out, Jaewoo is a member of one of the biggest K-pop bands in the world. And like most K-pop idols, Jaewoo is strictly forbidden from dating anyone. When a relationship means not only jeopardizing her place at her dream music school but also endangering everything Jaewoo's worked for, Jenny has to decide once and for all just how much she's willing to risk for love. XOXO is a new romance that proves chasing your dreams doesn't have to mean sacrificing your heart, from acclaimed author Axie Oh. Indigo Best Teen Books of 2021

Courtship After Marriage - Zig Ziglar 2004-09-14

Whether you have been married two years, fifty years, or anywhere in between, this book offers couples commonsense advice on how to keep romance alive in their relationships. To those who wonder, Can I still rekindle that spark? Ziglar says, "Yes, you can!" This how-to guide to happily-ever-after combines convincing statistics, advice from experts, and humorous anecdotes from Ziglar's own experience. Inside you'll find: Six steps for starting over - no matter how long you've been married Tips for improving communication Ways to keep sexual intimacy satisfying and exciting Rules for a fair fight A frank discussion of the importance of trust Ziglar also includes a sixty-six-question survey to evaluate the state of your marriage. Take it before and after you read this book - you'll see the difference!

Pop Goes the Weasel - M. J. Arlidge 2015-10-06
From the international bestselling author of

Eeny Meeny comes the second thriller in the "truly excellent series"* featuring Detective Helen Grace. A man's body is found in an empty house. A gruesome memento of his murder is sent to his wife and children. He is the first victim, and Detective Helen Grace knows he will not be the last. But why would a happily married man be this far from home in the dead of night? The media call it Jack the Ripper in reverse: a serial killer preying on family men who lead hidden double lives. Helen can sense the fury behind the murders. But what she cannot possibly predict is how volatile this killer is—or what is waiting for her at the end of the chase....
What to Expect When You're Expecting - Heidi Murkoff 2016-05-31

A completely revised and updated edition of America's pregnancy bible, the longest-running New York Times bestseller ever. With 18.5 million copies in print, *What to Expect When You're Expecting* is read by 93% of women who read a pregnancy book and was named one of the "Most Influential Books of the Last 25 Years" by USA Today. This cover-to-cover (including the cover!) new edition is filled with must-have information, advice, insight, and tips for a new generation of moms and dads. With *What to Expect's* trademark warmth, empathy, and humor, it answers every conceivable question expecting parents could have, including dozens of new ones based on the ever-changing pregnancy and birthing practices and choices they face. Advice for dads is fully integrated throughout the book. All medical coverage is completely updated, including the latest on Zika virus, prenatal screening, and the safety of medications during pregnancy, as well as a brand-new section on postpartum birth control. Current lifestyle trends are incorporated, too: juice bars, raw diets, e-cigarettes, push presents, baby bump posting, the lowdown on omega-3 fatty acids, grass-fed and organic, health food fads, and GMOs. Plus expanded coverage of IVF pregnancy, multiple pregnancies, breastfeeding while pregnant, water and home births, and cesarean trends (including VBACs and "gentle cesareans").

The Depths of the Soul - Wilhelm Stekel 1921

Helping Young Children Flourish - Aletha Jauch Solter 1989

This book is a sequel to *The Aware Baby*, and has now been translated into French, German, Hebrew, and Italian. It focuses on the development and emotional needs of children up to eight years of age, and provides insights to help you understand your child, maintain a close, loving relationship, and cope with day-to-day problems. It will also give you guidelines for helping your child reach his or her highest potential. If you have not read *The Aware Baby*, and are not yet practicing *Aware Parenting, Helping Young Children Flourish* can profoundly shift your relationship with your child. The topics covered include crying and raging, dealing with childhood fears, stimulation and learning, reasons for "misbehavior," alternatives to punishments and rewards, sibling rivalry, eating problems, the emotional aspects of illnesses and injuries, bedtime problems, and hyperactivity.

The 80/20 Manager - Richard Koch 2013-10-01
Bestselling author Richard Koch shows managers how to apply the 80/20 Principle to achieve exceptional results at work -- without stress or long hours. In his bestselling book *The 80/20 Principle*, Richard Koch showed readers how to put the 80/20 Principle -- the idea that 80 percent of results come from just 20 percent of effort -- into practice in their personal lives. Now in *The 80/20 Manager*, he demonstrates how to apply the principle to management. An 80/20 manager learns to focus only on the issues that really matter, achieving exceptional results, and feeling successful everyday while working less hard in fewer hours. A large number of managers -- especially in these difficult times -- feel completely overwhelmed. Their inboxes are overflowing and they constantly struggle to finish their to-do lists, leaving little time for the things that really matter. *The 80/20 Manager* shows a new way to look at management -- and at life -- to enjoy work and build a successful and fulfilling career.

The Doll's House - M. J. Arlidge 2015-02-12
Sunday Times Top Ten bestseller *The Doll's House* is the new twisting and terrifying thriller in the Detective Inspector Helen Grace series from M.J. Arlidge. Arlidge is the author of *Eeny Meeny* and *Pop Goes the Weasel*, and has been dubbed 'the new Jo Nesbo'. 'Detective Inspector Helen Grace is one of the greatest heroes to

come along in years.' Jeffery Deaver, New York Times bestselling author of *The Skin Collector* and *Solitude Creek* 'The third instalment in the DI Grace series is as fast-paced and nail-bitingly tense as the first two. Taut and gripping, book four cannot come soon enough' Sun
***** A young woman wakes up in a cold, dark cellar, with no idea how she got there or who her kidnapper is. So begins her terrible nightmare. Nearby, the body of another young woman is discovered buried on a remote beach. But the dead girl was never reported missing - her estranged family having received regular texts from her over the years. Someone has been keeping her alive from beyond the grave. For Detective Inspector Helen Grace it's chilling evidence that she's searching for a monster who is not just twisted but also clever and resourceful - a predator who's killed before. And as Helen struggles to understand the killer's motivation, she begins to realize that she's in a desperate race against time . . . PRAISE FOR M.J. ARLIDGE: 'Page-turningly chilling' The Times 'DI Helen Grace is a genuinely fresh heroine ... MJ Arlidge weaves together a tapestry that chills to the bone' Daily Mail 'M.J. Arlidge is the new Jo Nesbo' Judy Finnigan 'Taut, fast-paced, truly excellent' Sun 'Chilling stuff' Fabulist 'A chilling read' My Weekly 'A grisly, gripping thriller' Sunday Mirror 'Dark, twisted, thought provoking, and I couldn't turn the pages fast enough. Take a ride on this roller coaster from hell--white knuckles guaranteed.' Tami Hoag, number one New York Times bestselling author 'Gruesomely realistic, intriguing and relentless. Arlidge's fledgling army of fans is about to grow' Sunday Sport 'Eeny Meeny debuts one of the best new series detectives, Helen Grace. Determined, tough and damaged, she must unravel a terrifying riddle of a killer kidnapping victims in pairs. Mesmerizing!' Lisa Gardner 'Expertly pulled off. It has a devious premise. DI Helen Grace is fiendishly awesome. It's scary as all hell. And it has a full cast of realistically drawn, interesting characters that make the thing read like a bullet' Will Lavender 'A fast-paced, twisting police procedural and thriller that's sure to become another bestseller' Huffington Post
Diary of a Short-sighted Adolescent - Mircea Eliade 2016

The short-sighted adolescent is a passionate reader who takes various cultural figures as models, trying to emulate both their lives or their works. The pupil protagonist is a poor student, who likes science and reads a lot of books, sometimes staying up all night to do so. At the age of 17, he decides to write a novel to demonstrate to his teachers that he is not as mediocre as his other classmates, and that he is prepared to give up everything he holds dear in order to do so. The novel is written in a number of notebooks - the 'diary' of the title - but our myopic hero ultimately fails 3 subjects and has to repeat the school year. Set in the Romanian capital in the early 20th century, from the perspective of a schoolboy's diary of his daily life, - his teachers, his classmates' academic and amorous rivalries, his first sexual experiences - we are introduced to the themes of religion, self-knowledge, erotic sensibility, artistic creation and otherness, ideas which would preoccupy him until the end of his life. *Diary of a Short-Sighted Adolescent* was written by the young Mircea Eliade - one of Romania's greatest writers and intellectuals. The book can be viewed as an early 20th century 'Catcher in the Rye', and allows us an intimate view of the developing genius, whose literary output has been neglected in the English language for too long.

Crave - Tracy Wolff 2020-04-07

The instant #1 New York Times Bestselling Series An Amazon Best YA Book of 2020 Glitter Magazine's #1 Pick for Best YA of 2020
Optioned for Film by Universal My whole world changed when I stepped inside the academy. Nothing is right about this place or the other students in it. Here I am, a mere mortal among gods...or monsters. I still can't decide which of these warring factions I belong to, if I belong at all. I only know the one thing that unites them is their hatred of me. Then there's Jaxon Vega. A vampire with deadly secrets who hasn't felt anything for a hundred years. But there's something about him that calls to me, something broken in him that somehow fits with what's broken in me. Which could spell death for us all. Because Jaxon walled himself off for a reason. And now someone wants to wake a sleeping monster, and I'm wondering if I was brought here intentionally—as the bait. ***INCLUDES 3 BONUS SCENES FROM THE HERO'S POV***

Don't miss a single book in the series that spawned a phenomenon! The Crave series is best enjoyed in order: Crave Crush Covet Court Charm Cherish

Malorie - Josh Malerman 2020-07-21

In the "fast-paced, frightening" (The New York Times Book Review) sequel to *Bird Box*, the inspiration for the record-breaking Netflix film starring Sandra Bullock, bestselling author Josh Malerman brings unseen horrors to life. NOMINATED FOR THE BRAM STOKER AWARD

- "Malorie is even more of a psychological thriller than *Bird Box*, and all the scarier for it."—The Wall Street Journal Twelve years after Malorie and her children rowed up the river to safety, a blindfold is still the only thing that stands between sanity and madness. One glimpse of the creatures that stalk the world will drive a person to unspeakable violence. There remains no explanation. No solution. All Malorie can do is survive—and impart her fierce will to do so on her children. Don't get lazy, she tells them. Don't take off your blindfold. AND DON'T LOOK. But then comes what feels like impossible news. And with it, the first time Malorie has allowed herself to hope. Someone very dear to her, someone she believed dead, may be alive. Malorie has already lost so much: her sister, a house full of people who meant everything, and any chance at an ordinary life. But getting her life back means returning to a world full of unknowable horrors—and risking the lives of her children again. Because the creatures are not the only thing Malorie fears: There are the people who claim to have caught and experimented on the creatures. Murmurings of monstrous inventions and dangerous new ideas. And rumors that the creatures themselves have changed into something even more frightening. Malorie has a harrowing choice to make: to live by the rules of survival that have served her so well, or to venture into the darkness and reach for hope once more.

[The Anxiety Solution](#) - Chloe Brotheridge 2017-02-23

The Anxiety Solution is your guide to being a calmer, happier and more confident you.

_____ 'Remarkable, pioneering, could change your life' Daily Mail 'I know what it's like to be stuck in a cycle of anxiety. I used to feel as though fear and worry were a permanent part of

who I was . . . but I'm here to tell you that it doesn't have to be this way. The truth is, your natural state is one of calmness and confidence - and I'm going to teach you how to get there.' This is a book for anyone experiencing anxiety - at home, in school or at work, in social situations or on their own - one that will benefit everyone from worried mums to stressed teens. The Anxiety Solution is a simple and inspiring guide to reducing anxiety from former sufferer and qualified clinical hypnotherapist, Chloe Brotheridge. Chloe will help you understand why we feel anxious and will equip you with techniques to help manage the symptoms and start living a happier, more confident life. Based on the latest scientific research and her unique programme which has already helped hundreds of clients, The Anxiety Solution will show you how to regain control of your life. If you want to spend less time worrying - whether it is social media pressure, perfectionism or fear of failure -

this book is the solution for you. You'll be surprised how quickly you can be back in control and able to enjoy your life once again. The Anxiety Solution is your roadmap to a calmer, happier and more confident you.

Kabbalah in Italy, 1280-1510 - Moshe Idel
2011-01-01

This survey of the history of Kabbalah in Italy represents a major contribution from one of the world's foremost Kabbalah scholars. Idel charts the ways that Kabbalistic thought and literature developed in Italy and how its unique geographical situation facilitated the arrival of both Spanish and Byzantine Kabbalah.

Bengal Nights - Mircea Eliade 1995-04

A semi-autobiographical romance between a French engineer and the daughter of a Hindu family with which he stayed in India. A case of East meets West with all the joys and woes that such encounters bring. For her version of the story see her novel, *It Does Not Die*.