

# I Reality And Subjectivity David R Hawkins

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When Loving Him is Hurting You - David Hawkins 2017-09-26

It's Okay to Have Needs of Your Own You fell in love with him. But over time you've come to realize he's in love with himself—and you feel trapped. His needs, his problems, and his plans always seem to take precedence over yours. Dr. David Hawkins, director of the Marriage Recovery Center, offers a guide to help you identify signs of narcissism, understand how your loved one's issues are affecting you, and prepare a biblical game plan for freeing yourself to live courageously in light of God's love. Whether the man in your life can be diagnosed with narcissistic personality disorder (NPD), exhibits narcissistic traits and emotionally abusive behavior, or has arrogant and self-centered tendencies, the emotional pain he causes you is very real. Discover the truths, wisdom, and grace you need to spark change in your relationship, set boundaries, and experience healing.

*The Eye of the I* - David R. Hawkins, M.D., Ph.D. 2016-03-15

This is the second volume of a trilogy that began with Power vs. Force and will be completed in the year 2002 by the publication

of the third volume entitled I: Reality and Subjectivity. The Eye of the I (which calibrates at 950) is more advanced than Power vs. Force (which calibrates at 850) and brilliantly reveals the very core of the spiritual process critical to the state of Enlightenment. The intrinsic power of the information provided in this startling classic is sufficient of itself to elevate the consciousness of the reader. This likelihood has been anticipated and provided for by preparatory recontextualizations. Included are verbatim dialogues with advanced students, instructions, and explanations that illuminate the spiritual teachings. The Eye of the I is a brilliant work that dissolves the barriers between the known and the unknown, between science and spirituality, and between the Newtonian linear paradigm of the ego and the nonlinear reality of Enlightenment. With the resolution of the self, the Self shines forth and reveals one's true identity.

The Ego Is Not the Real You - David R. Hawkins, M.D., Ph.D. 2021-08-31

Learn to let go of the illusions of the ego and discover the real you with this collection of inspiring quotes on the ego, mind, and

spiritual enlightenment from human-consciousness expert Dr. David R. Hawkins. Are you willing to let go of seeing yourself as the ego believes you to be? Are you willing to go further, to know that the ego itself is an illusion? In this book, select teachings from Dr. David R. Hawkins's extensive body of work will guide you in the process of realization, surrender, and transformation. When we let go of the old ways of thinking, our attachments, and the false promises of the ego, we discover the truth that we are one with All. Features classic passages, including: It is not really necessary to subdue the ego, but merely to stop identifying with it. Every life experience, no matter how "tragic," contains a hidden lesson. When we discover and acknowledge the hidden gift that is there, a healing takes place. Enlightenment is not a condition to be obtained; it is merely a certainty to be surrendered to, for the Self is already one's Reality. It is the Self that is attracting one to spiritual information. To be enlightened merely means that consciousness has realized its most inner, innate quality as nonlinear subjectivity and its capacity for awareness. The only energy that has more power than the strength of the collective ego is that of Spiritual Truth. "This book is small in size, but it can have a massive impact on your life. It will take you through the process of a total transformation of consciousness—if you choose to apply its teachings deeply within yourself." — From the Introduction by Fran Grace, Ph.D.

**The Uncommon Touch** - Tom Harpur 2013-03-05

Long ago - before there were doctors, pharmacists, and hospitals - religion and medicine were one, and physical and spiritual ailments were treated alike. Most world religions practised healing, including the early Christian Church, which followed Jesus Christ's examples of miraculous healings of the lame and the blind. But, to its cost, the modern Church has largely forgotten its healing role, says Tom Harpur in *The Uncommon Touch*, a powerful and persuasive investigation of spiritual healing. Today in the West, medical science and bogus faith-

healings have made the idea of spiritual healing almost laughable. Yet the ancient practice of the laying-on of hands is not only still performed, it is now gaining credibility, even among physicians and other sceptics, most notably in Britain. In *The Uncommon Touch*, Harpur investigates the religious roots of spiritual healing and looks at the remarkable work and ideas of modern healers. He also describes the many scientific studies that demonstrate clearly the healing and nurturing power of this astonishing phenomenon and verify that something more than the power of suggestion is at work. These include experiments showing increased growth in yeasts that have received the laying-on of hands and documentation of the effectiveness of Therapeutic Touch, a technique used by more than 30,000 nurses in North America. Using the spirit to help heal the body's ills is an old idea - one whose time has come again.

**The Bending Moment** - David E. Hawkins 2005-09-12

This book draws upon the idea that internal and external pressures and stresses can result in a change in the shape and form of the organization, the bending moment. It suggests the importance of a holistic business strategy as a crucial part of building for success in the complexity of the market place and relates this to a range of themes and topics including mergers and acquisitions, risk management, leadership and change management.

[Heart of Dankness](#) - Mark Haskell Smith 2012-04-03

Moneyball meets the documentary "The Union: The Business Behind Getting High" in this non-fiction book that explores the culture of cannabis, from its humble beginnings as a textile fiber in 2727 BC, to its illegalization during the Great Depression, to its increasing use as medicinal treatment -- all culminating in the annual event for marijuana aficionados everywhere: the Cannabis Cup. After spending three years researching his novel *Baked*, Mark Haskell Smith turns his focus on the one event that intrigued him in the fascinating world of the cannabis culture: the

Cannabis Cup competition. What makes a strain of marijuana award-winning? he wonders. Who would risk everything to grow the good stuff? Is this really a nearly \$100 billion a year industry? Alternating between California, the hub of the legalization and decriminalization debate, and Amsterdam, where the world's preeminent cannabis festival takes place each year, Mark discovers a compelling world where science meets agriculture, and hedonism toes the line of criminality. Combining wit, curiosity, and frankness, *Heart of Dankness* reveals the world of underground botany and outlaw farming, where "strain hunters" risk fines, imprisonment, and reputation to develop amazing weed -- and, ultimately, battle for the coveted Cannabis Cup, and millions of dollars.

*Along the Path to Enlightenment* - Dr Hawkins 2011-06

What blocks spiritual progress? And how do we transcend these blocks? The spiritual teachings of David R. Hawkins on the nature of consciousness, spirit and ego are known worldwide by students seeking to realise spiritual Truth.

**Perfect Brilliant Stillness** - David Carse 2005

An intimate account of spontaneous spiritual enlightenment and its implications in a life lived beyond the individual self.

*Success Is for You* - David R. Hawkins, M.D./Ph.D. 2016-04-19

David R. Hawkins, M.D., Ph.D., was renowned as a physician, lecturer, and researcher of consciousness. But he's perhaps most revered for his books, particularly the seminal *Power vs. Force*, which has been translated into 25 languages and sold over a million copies. *Success Is for You* uses many of the concepts that fans of Dr. Hawkins will recognize and applies them to the world of business and the psychology of success. Expanding upon the illuminating discussion of the attractor patterns of success from *Power vs. Force*, this remarkable never-before-published book pulls back the curtain on the inner workings of the successful mind. For, truly, success, according to Dr. Hawkins, is an attitude we inhabit, rather than a goal we strive for. New readers will find

this to be a perfect introduction to an incredible teacher and foremost expert on mental processes, providing profound insights and real-world examples to help anyone focus on—and consequently achieve—what they desire. This fascinating book reveals:

- The causality formula for success (and deconstruction of so-called failure)
- How goodwill can actually turn to profit
- Nine acid-test steps to determine our mode of being
- How to "get to the top" (and why the destination is really our starting point)

Yet its scope ranges far beyond a mere how-to manual. As Dr. Hawkins says, "Having facts and know-how . . . does not guarantee success. There are other factors involved. It is these other secret factors that we are going to explore." The secret factors—the heart-centered power principles underlying success—are decoded here . . . delivering an eternal message of possibility for us all.

*The Ego Is Not the Real You* - David R. Hawkins, M.D., Ph.D.

2021-08-31

Learn to let go of the illusions of the ego and discover the real you with this collection of inspiring quotes on the ego, mind, and spiritual enlightenment from human-consciousness expert Dr. David R. Hawkins. Are you willing to let go of seeing yourself as the ego believes you to be? Are you willing to go further, to know that the ego itself is an illusion? In this book, select teachings from Dr. David R. Hawkins's extensive body of work will guide you in the process of realization, surrender, and transformation. When we let go of the old ways of thinking, our attachments, and the false promises of the ego, we discover the truth that we are one with All. Features classic passages, including:

- It is not really necessary to subdue the ego, but merely to stop identifying with it.
- Every life experience, no matter how "tragic," contains a hidden lesson. When we discover and acknowledge the hidden gift that is there, a healing takes place.
- Enlightenment is not a condition to be obtained; it is merely a certainty to be surrendered to, for the Self is already one's Reality. It is the Self

that is attracting one to spiritual information. • To be enlightened merely means that consciousness has realized its most inner, innate quality as nonlinear subjectivity and its capacity for awareness. • The only energy that has more power than the strength of the collective ego is that of Spiritual Truth. "This book is small in size, but it can have a massive impact on your life. It will take you through the process of a total transformation of consciousness—if you choose to apply its teachings deeply within yourself." — From the Introduction by Fran Grace, Ph.D.

**Book of Enlightenment** - Anadi 2014-09-26

A unique manual of spiritual insight and revelation which takes the reader beyond accepted boundaries of non-duality and enlightenment. Book of Enlightenment is the most complete exposition of the teaching of Anadi. It is a revolutionary compendium of spiritual knowledge addressed to those commencing their inner journey, as well as those who have already reached higher levels of spiritual realization. The purpose of this book is to reveal the multidimensional evolution of human consciousness from the state of ignorance to the state of wholeness. It is a book of spiritual guidance directed to uncompromising seekers of truth.

**Power vs. Force** - David R. Hawkins, M.D., Ph.D. 2014-01-30

Imagine—what if you had access to a simple yes-or-no answer to any question you wished to ask? A demonstrably true answer. Any question . . . think about it.— from the Foreword We think we live by forces we control, but in fact we are governed by power from unrevealed sources, power over which we have no control.— from the author's Preface The universe holds its breath as we choose, instant by instant, which pathway to follow; for the universe, the very essence of life itself, is highly conscious. Every act, thought, and choice adds to a permanent mosaic; our decisions ripple through the universe of consciousness to affect the lives of all.— from Power vs. Force "[A] beautiful gift of writing . . . [You] spread joy, love, and compassion through what you write. The

fruit of these three is peace, as you know . . ."— Mother Teresa ". . . particularly timely . . . a significant contribution to understanding and dealing with the problems we face today."— Lee Iacocca "I especially appreciate [the] research and presentation on the attractor patterns of business . . ."— Sam Walton "Overwhelming! A masterpiece! A lifetime work!"— Sheldon Deal, President, International College of Applied Kinesiology

I - David R. Hawkins 2003

This book explains the very essence of consciousness as it evolved from its primordial appearance as life on earth, on up through evolution as the human ego, and hence, the transcendence of the ego as the spiritual Reality of Enlightenment and the Presence of Divinity. The uncommon clarity and lucidity with which the highly evolved subject matter is presented facilitates the reader's understanding and comprehension. The nature of consciousness is described in terms that recontextualize and simplify the spiritual process. The nonlinear reality of the enlightened sage is thereby made comprehensible to the reasoning mind.

**Along the Path to Enlightenment** - David R. Hawkins, M.D., Ph.D. 2011-02-01

Praised by Mother Teresa and Dr Wayne Dyer for his breakthrough research and innovative teachings on the human mind, Dr David Hawkins brings us 365 daily reflections for the mind and soul. The spiritual teachings of David R. Hawkins on the nature of consciousness, spirit, and ego are known worldwide by students seeking to realize spiritual Truth. As a mystic, Dr. Hawkins has infused the truths found in the precepts of Western religion with the core of Eastern philosophy, bridging the familiar, physical world to the nonlinear, spiritual domain. What blocks spiritual progress? And how do we transcend these blocks? This collection of passages, carefully selected from Dr. Hawkins's extensive writings, offers readers a new contemplation for each day. Any one of these passages, fully understood, can elevate

one's level of consciousness.

**I** - David R. Hawkins, M.D., Ph.D. 2014-03-03

I concludes the presentation of a long-predicted major advance in critical human knowledge. It explains and describes the very substrate and essence of consciousness as it evolved from its primordial appearance as life on earth on up through evolution as the human ego, and hence, to the ego's transcendence as the spiritual Reality of Enlightenment and the Presence of Divinity. On the referenced Scale of the Levels of consciousness, which calibrates the levels of Truth from 1 to 1,000, Power versus Force calibrates at 850, The Eye of the I at 980, and the final volume of the trilogy, I, calibrates at a conclusive 999.8. The uncommon clarity and lucidity with which the highly evolved subject matter is presented facilitates the reader's understanding and comprehension. As with the reading of Power versus Force or The Eye of the I, the reader's level of consciousness increases measurably as a consequence of exposure to this material itself, which is presented from a catalytic, powerful field of context and exposition. Conflict is resolved within the mind of the student by means of recontextualization, which solves the dilemma.

Argument and adversity are resolvable by identifying the positionalities of the ego which are the basis of human suffering.

Dissolving the Ego, Realizing the Self - David R. Hawkins, M.D./Ph.D. 2011-08-01

How does one traverse the spiritual landscape to move beyond suffering to experience the peace and love of God, to dissolve illusion and realize the state of enlightenment? In this collection of inspiring passages from David R. Hawkins's work, the reader is reminded of the illusory nature of the personal self (identification of the ego/mind) and the direct pathways to dissolve the ego/mind's trappings. This pocket edition is designed especially for today's spiritual student on the go, to inspire contemplation and reflection during a break at work, while hiking in the woods, during a quiet coffee-shop moment, on an airplane, with a

partner—in whatever environment one finds oneself. Dissolving the Ego, Realizing the Self is a reliable companion on the aspirant's quest toward higher truth.

*Healing and Recovery* - David R. Hawkins, M.D., Ph.D. 2015-07-14

This, the eighth book in a progressive series based on the revelations of consciousness research, resulted from a group of lectures given by the author at the request of the original publisher of A Course in Miracles, along with members of several self-help groups, including Alcoholics Anonymous, ACIM, Attitudinal Healing Centers, other recovery groups, and a number of clinicians. Our society lives with constant stress, anxiety, fear, pain, suffering, depression, and worry. Alcoholism, drug addiction, obesity, sexual problems, and cancer are constantly in the news. Mankind in general has had very little information about how to address life's challenges without resorting to drugs, surgery, or counseling. In this book, you will learn why the body may not respond to traditional medical approaches. Specific instructions and guidelines are provided that can result in complete healing from any disease. The importance of including spiritual practices in one's healing and recovery program is explained, along with how easy it is to incorporate them in the process. Healing and Recovery provides clinically proven self-healing methods that will enable you to take charge of your health and live a happy, healthy, and fulfilling life.

*How to Have Great Legs at Any Age* - Guylaine Lanctôt 1988

The founder and president of the Guyaine Lanctot Cliniques helps millions of women have fabulous legs regardless of age, weight, or beauty. Based on findings from seven clinics, Dr. Lanctot's methods are proven result-getters.

**Sun Tzu and the Project Battleground** - David E. Hawkins 2004-10-08

The Art of War by Sun Tzu has influenced a generation of business leaders and strategy gurus. Yet for many people in

business and students of management this remains a mystery. For the first time the authors provide a fully comprehensive account of this work and the influence of Sun Tzu and the relevance to business strategy and project management. Their book will give the reader the opportunity to appreciate and benefit from this crucial work.

**Book of Slides** - David R Hawkins 2018-06

This Book of Slides is a comprehensive "atlas" of the vast terrain covered by Dr. David R. Hawkins in his public lectures, 2002-2011. It contains the compendium of his lecture slides, along with a summary of his teaching at each lecture. Far from being a dry read, this book is filled with real life examples, humorous anecdotes, and personal experiences of "Doc" never before found in written form. Widely appreciated for his unusual capacity to illumine the Real in everyday terms, Dr. Hawkins lectured on such vital topics as The Nature of God, Nonduality, Self-Realization, Spirituality in the Modern World, Spiritual Community, Spiritual Teachers, The Way of Devotion, Qualities of the Spiritual Seeker, Love, Success, and Happiness.

The Map of Consciousness Explained - David R. Hawkins, M.D., Ph.D. 2020-10-20

An accessible exploration of best-selling author's most famous work, The Map of Consciousness, that helps readers experience healing and transcendence. We are all born with a level of consciousness, an energetic frequency within the vast field of consciousness. And with The Map of Consciousness, we can truly understand the total spectrum of human consciousness. Using a unique muscle-testing method, Dr. David R. Hawkins conducted more than 250,000 calibrations during 20 years of research to define a range of values, attitudes, and emotions that correspond to levels of consciousness. This range of values-along with a logarithmic scale of 1 to 1,000-became the Map of Consciousness, which Dr. Hawkins first wrote about in his best-selling book, Power vs. Force. With the Map, Dr. David R. Hawkins laid out the

entire spectrum of consciousness, from the lower levels of Shame, Guilt, Apathy, Fear, Anger, and Pride; to Courage, Acceptance, and Reason; all the way up to the more expanded levels of Love, Ecstasy, Peace, and Enlightenment. These "higher" energy fields are a carrier wave of immense life energy. An essential primer on the late Dr. David R. Hawkins's teachings on human consciousness and their associated energy fields, The Map of Consciousness Explained offers readers an introduction and deeper understanding of the Map, with visual charts and practical applications to help them heal, recover, and evolve to higher levels of consciousness and energy. This book is a light unto the path of any individual who wants to become more effective in any area of life.

*Power Versus Force* - David R. Hawkins 1998

David R. Hawkins details how anyone may resolve the most crucial of all human dilemmas: how to instantly determine the truth or falsehood of any statement or supposed fact. Dr. Hawkins, who worked as a "healing psychiatrist" during his long and distinguished career, uses theoretical concepts from particle physics, nonlinear dynamics, and chaos theory to support his study of human behavior. This is a fascinating work that will intrigue readers from all walks of life!

*The Power of Concentration* - Theron Q. Dumont 1877

**All the Signs of Brain Damage** - Tonee Morton 2012-11

In the world today, the percentage of finding love or even a mate for that matter is almost little to none because men and women do not understand where they should be with one another from the start. From the "meet and greet" process to finally making it into a relationship, what has been lost in translation is the "getting to know" process. "All the Signs of Brain Damage" will show men and women that all is not lost in translation, and that love still exists for the believer and the person who is willing to devote themselves to truth and honesty about their contributions

to "LOVE." So before you make that leap towards love, I will suggest that you jump at this opportunity to find out what part you are to play in something becoming successful with your mate of choice. Until then, stay SANE!!!! With his humbling, yet aggressive approach, Tonee Morton has provided the New Aged woman and the tradition man with a debut novel that will empower the heart to help the mind to grow. By adding powerful quotes with the logic that he has learned from his deceased mother, he has provided men and women with a masterpiece of truth and honesty that only a mother could love. Tonee Morton owns Rush City Creations that has provided ideas for companies in the realm of television, music, clothing and social networking. He found his gift and passion for writing at the University of Wisconsin, Superior and then embarked on a writing career in the Minneapolis area. Fascinated by the people who have wrote books about relationships, Tonee decided that it was time to reveal his own findings about "LOVE." And I must say that his findings helped me to find MYSELF!

**The Power of Love** - Fran Grace 2019-02-14

An inspiring chronicle of life-changing encounters, personal transformation and a vision of love that transcends the everyday definition, to embrace universal kindness and compassion, based on the knowledge that all beings are one family and that our capacity to love is one of the world's most hidden yet powerful resources. The book is groundbreaking in its affirmation of love as a pathway for people of widely differing viewpoints.

Unexpectedly changed by love, Fran Grace went on a journey to learn more about its power to transform and heal. She interviewed renowned spiritual teachers, scientists, activists and artists, all chosen with the help of her spiritual teacher. Each encounter helped her overcome obstacles on her path. The book gives readers a direct encounter with teachers of love in the world today. From diverse faiths and fields of work, they reveal the power of love to be the next frontier of global consciousness,

suggesting many ways to uncover it and live it. Includes photographs and unique contributions from: Dr. David R. and Susan Hawkins - H. H. the 17th Karmapa - Father Pavlos of Sinai - Llewellyn and Anat Vaughan-Lee - Mona Polacca and The International Council of the 13 Indigenous Grandmothers - Betty J. Eadie - Belvie Rooks & Dedan Gills - Dr. William and Jean Tiller - Jetsunma Tenzin Palmo - Huston Smith - Mother Teresa and the Missionaries of Charity - Sadhguru Jaggi Vasudev - Dr. Viktor Frankl (with grandson Alexander Vesely and Frankl family representative Mary Cimiluca) - Swami Chidatmananda. Fran Grace's personal narrative is pulsed by her encounters with the pioneering teachers of love listed above, each of whom has a chapter that includes a brief biography, excerpts from their dialogue with the author, and her sense of how the encounter helped her to overcome the many obstacles to love. The book takes readers on a journey into Buddhist and Hindu monasteries in India, an Indigenous Grandmothers' fire circle in the Black Hills, Mother Teresa's Homes for the Poor in Rome, Calcutta, and Tijuana, laboratory of a Stanford physicist, home of a Sufi sheikh, largest meditation hall in N. America, and a college classroom in California. She interviews those familiar with the stark Sinai desert, slave dungeons in Ghana, and near-death experiences. In the end, love is found to animate every moment of ordinary life. Inspiring story of personal transformation. Compelling account of how the world is transformed through everyday acts of kindness. A rich resource of teachings on love, healing and compassion from a wide range of spiritual traditions, with a rare inside view of some of the world's most respected teachers. Includes index, biographical profiles, bibliography, endnotes.

**Love Wisdom Truth** - Beinsa Douno 2011-03-03

This is a spiritual book comprised of quotations about Love, Wisdom, and Truth that I have collected from lectures given by the master Beinsa Douno/Peter Deunov. Without exaggeration this book contains valuable uplifting Divine ideas, principles,

rules and laws which we all should put into practice. Beinsa Douno teaches that all people are brothers and sisters (since we come from one and the same Father-God) and should live as such. "This teaching is not mine, it is God's teaching. It is a teaching of Love, brotherhood and sisterhood of absolute freedom in which everyone respects the rights of the others. And the powerful are ready to be servants of the little and weak." Beinsa Douno. This book together with the books "Prayers and Spiritual Formulas" and "The Might of Love" are available for free, just send me an email and I will email them to you. Peace, Love and Light: Darin Stoytchev

Essential Well Being - Sara Panton 2019-10-15

Sara Panton, co-founder of the premium essential oil company vitruvi, shares her knowledge of botanicals and wellness practices to help you live more naturally and elevate the simple moments of your day. Essential oils have been used in self-care practices for centuries. These small bottles of potent extracts can help you carve out simple (even secret) moments every day to reconnect with yourself, breathe deeper, sleep better, and restore energy. In this modern guide, you will find more than 100 do-it-yourself essential oil recipes, rituals, and suggestions--most of which take less than 15 minutes--including: Rosemary and Cedarwood Face Toner: a grounding toner for when you are craving the serenity of a hike in the woods. Honey and Lavender Oil-Balancing Face Mask: a face mask that smells as lovely as it sounds. Fig and Eucalyptus Scrub: a decadent yet super-simple body scrub for pampering yourself. Peppermint and Pink Grapefruit Shower Spray: a natural way to keep your shower ultra-fresh. The book guides you through ways to customize your beauty, body, and home routines--turning them into easy yet sophisticated wellness experiences. Learn how to create a custom face oil for your skin type; do a facial lymphatic massage; make a Mediterranean-inspired botanical foot soak; and blend unique essential oil diffuser aromas for your home. Essential Well Being provides all-

natural rituals for morning, afternoon, and evening, and shares how to transform the minutes of your busy day into small spa moments that fill your cup back up. Explore your own potential through the simple act of taking time for yourself.

**Letting Go** - David R. Hawkins, M.D., Ph.D. 2014-01-15

Letting Go describes a simple and effective means by which to let go of the obstacles to Enlightenment and become free of negativity. During the many decades of the author's clinical psychiatric practice, the primary aim was to seek the most effective ways to relieve human suffering in all of its many forms. The inner mechanism of surrender was found to be of great practical benefit and is described in this book. Dr Hawkins's previous books focused on advanced states of awareness and Enlightenment. Over the years, thousands of students had asked for a practical technique by which to remove the inner blocks to happiness, love, joy, success, health and, ultimately, Enlightenment. This book provides a mechanism for letting go of those blocks. The mechanism of surrender that Dr Hawkins describes can be done in the midst of everyday life. The book is equally useful for all dimensions of human life: physical health, creativity, financial success, emotional healing, vocational fulfillment, relationships, sexuality and spiritual growth. It is an invaluable resource for all professionals who work in the areas of mental health, psychology, medicine, self-help, addiction recovery and spiritual development.

*Transcending the Levels of Consciousness* - David R. Hawkins, M.D., Ph.D. 2015-03-17

The now widely known Map of calibrated levels of Consciousness was presented in Power vs. Force in 1995 and has been translated into all the world's major languages. This was followed by The Eye of the I (2001), I: Reality and Subjectivity (2003), and Truth vs. Falsehood (2005), which explored the levels of Truth reflected throughout society. Transcending the Levels of Consciousness returns to the exploration of the ego's expressions



and inherent limitations and gives detailed explanations and instructions on how to transcend them. As with the reading of Dr. Hawkins' previous books, the reader's level of consciousness is advanced as a consequence of exposure to the information itself. This opens up avenues to the relief of suffering for oneself and others, which fulfills the purpose of the work and the intention to facilitate the reader's own Enlightenment.

Truth vs. Falsehood - David R. Hawkins, M.D./Ph.D. 2013-08-01  
Reveals a breakthrough in documenting a new era of human knowledge. Only in the last decade has a science of Truth emerged that, for the first time in human history, enables the discernment of truth from falsehood. Presented are discoveries of an enormous amount of crucial and significant information of great importance to mankind. Truth and Reality, Dr. Hawkins states, have no secrets, and everything that exists now or in the past- even a thought- is identifiable and calibratable from the omnipresent field of Consciousness itself.

**Reality, Spirituality and Modern Man** - David R. Hawkins, M.D./Ph.D. 2013-08-01

This is the seventh book in a progressive series based on the revelations of consciousness research. It describes in detail how to discern not only truth from falsehood but also the illusion of appearance from the actual core of reality. The text explains how to differentiate perception from essence, and thereby enables the reader to resolve the ambiguities and classical riddles that have challenged mankind for centuries and baffled the best minds in history. While modern technologies have provided a phethora of new toys and conveniences, the basic problems of daily existence remain. This book provides the tools to survive and regain fundamental autonomy and inner harmony while living with the complexities of the modern world.

*Corporate Social Responsibility* - D. Hawkins 2006-03-28

Many companies recognize the importance of corporate social responsibility, but seek to understand how this can be

harmonized with current profitability. This new approach draws upon many contemporary examples to show how to balance short term profitability with long term sustainability.

**Kitchen Cures** - Peggy Kotsopoulos 2013-08-20

In Kitchen Cures, television personality and holistic nutritionist Peggy Kotsopoulos shows you how to alleviate common health conditions with a diet that's rich in flavour and nutrient-dense whole foods. Whether you have low energy or excess belly fat that you just can't lose, are suffering from conditions triggered by inflammation or countless other health issues, Kitchen Cures is a unique resource that makes the simple connection between food and how you look and feel.

Spiritual Enlightenment:: The Damnedest Thing - Jed McKenna 2009-11-25

A MASTERPIECE of illuminative writing, Spiritual Enlightenment: The Damnedest Thing is mandatory reading for anyone following a spiritual path. Part exposé and part how-to manual, this is the first book to explain why failure seems to be the rule in the search for enlightenment, and how the rule can be broken. :: Book One of Jed McKenna's Enlightenment Trilogy. Contains Bonus Material.

Discovery of the Presence of God - David R. Hawkins, M.D., Ph.D. 2021-02-16

The sixth book in a progressive series by Dr. David R. Hawkins, this work finalizes and further clarifies the true nature and core of the condition termed "Enlightenment." It is primarily an instruction manual for the serious spiritual devotee and reveals information only known by those who have transcended the ego to reach Divine Realization. This is the inner route from the self to the Self, and the descriptions of the progressive states are devoted to the reader's own illumination. This work will appeal to those who themselves are dedicated to the spiritual Reality of Truth as the direct pathway to God.

Orthomolecular Psychiatry: Treatment of Schizophrenia - David

Hawkins 1973-01

Discusses research findings, clinical procedures, and theoretical bases for the application of orthomolecular principles to cases of schizophrenia, alcoholism, and drug addiction where perceptual dysfunction and chemical-nutritive brain imbalances are indicated. Bibliogs

*I: Reality and Subjectivity* - David R. Hawkins, M.D., Ph.D.

2013-08-01

I: Reality and Subjectivity concludes the presentation of a long-predicted major advance in critical human knowledge. It explains and describes the very substrate and essence of consciousness as it evolved from its primordial appearance as life on earth on up through evolution as the human ego, and hence, to the ego's transcendence as the spiritual Reality of Enlightenment and the Presence of Divinity. On the referenced Scale of the Levels of consciousness, which calibrates the levels of Truth from 1 to 1,000, Power versus Force calibrates at 850, The Eye of the I at 980, and the final volume of the trilogy, I, calibrates at a conclusive 999.8. The uncommon clarity and lucidity with which the highly evolved subject matter is presented facilitates the reader's understanding and comprehension. As with the reading of Power versus Force or The Eye of the I, the reader's level of consciousness increases measurably as a consequence of exposure to this material itself, which is presented from a catalytic, powerful field of context and exposition. Conflict is resolved within the mind of the student by means of recontextualization, which solves the dilemma. Argument and adversity are resolvable by identifying the positionalities of the ego which are the basis of human suffering.

*Power Vs. Truth* - Scott Jeffrey 2013-01-14

In their quest for meaning and higher truth, many people seek out a teacher or a path. The longing for higher consciousness, spiritual growth, and a connection to God directs us to someone or something we believe can provide answers and point the way.

Power vs. Truth examines the teachings of David R. Hawkins, a psychiatrist-turned-guru who claims to have discovered a bulletproof method for discerning the absolute truth about anything. He heralds his muscle test for truth as the most important discovery in mankind's history. Written by Hawkins' authorized biographer—formerly one of his most devoted and outspoken students—Power vs. Truth is a brave examination of Hawkins' life and works. Including revelations uncovered during the research for Hawkins' biography, this book offers an intimate and sobering look at the teachings that have captivated tens of thousands of students worldwide.

The Book of Not Knowing - Peter Ralston 2010-01-26

For fans of Eckhart Tolle—a guide to mastering self-awareness through direct experience rather than old presumptions or harmful thought patterns Through decades of martial arts and meditation practice, Peter Ralston discovered a curious and paradoxical fact: that true awareness arises from a state of not-knowing. Even the most sincere investigation of self and spirit, he says, is often sabotaged by our tendency to grab too quickly for answers and ideas as we retreat to the safety of the known. This "Hitchhiker's Guide to Awareness" provides helpful guideposts along an experiential journey for those Western minds predisposed to wandering off to old habits, cherished presumptions, and a stubbornly solid sense of self. With ease and clarity, Ralston teaches readers how to become aware of the background patterns that they are usually too busy, stressed, or distracted to notice. The Book of Not Knowing points out the ways people get stuck in their lives and offers readers a way to make fresh choices about every aspect of their lives—from a place of awareness instead of autopilot.

The Wisdom of Dr. David R. Hawkins - David R. Hawkins, M.D., Ph.D. 2022-05-03

A collection of profound ideas from one of the great spiritual thinkers of our generation. Praised by Mother Teresa and Dr.

Wayne Dyer for his breakthrough research and innovative teachings on the human mind, Dr. David Hawkins took our understanding of spiritual truth and enlightenment to an entirely new level. A nationally renowned psychiatrist, physician, researcher, spiritual teacher, and lecturer, Dr. Hawkins was the founding director of the Institute for Spiritual Research Incorporated and the founder of the path of devotional non-duality. During his life, he devoted almost three full decades to understanding the potential of the human spirit. His exhaustive research led to techniques anyone can use to elevate their quality of life. In this authoritative work, readers will be brought to

higher levels of awareness, control, and understanding. This book includes ten volumes of Dr. Hawkins's core teachings that are most beneficial and relevant to today's world, including his Map of Consciousness calibration process. The Ultimate David Hawkins Library also includes one of Dr. Hawkins's last lectures on the most valuable qualities for a spiritual seeker. Get ready to step off the ego path onto a more rewarding, fulfilling, and service-oriented journey of enlightenment. "Perhaps the most important and significant information I've come across in the past 10 years." — Wayne Dyer