

Know Yourself An Explanation Of The Oneness Of Being

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The Meaning of Marriage - Timothy Keller 2013-11-05

Describes what marriage should be according to the Bible, arguing that marriage is a tool to bring individuals closer to God, and provides meaningful instruction on how to have a successful marriage.

Awaken to Ascension - Marsha Hankins 2021-05-15

Being Aware of Being Aware - Rupert Spira 2017-11-01

Everybody is aware, all seven billion of us. We are aware of thoughts, feelings, sensations, and perceptions. All people share the experience of being aware, but relatively few people are aware that they are aware. Most people's lives consist of a flow of thoughts, images, ideas, feelings, sensations, sights, sounds, and so on. Very few people ask, 'What is it that knows this flow of thoughts, feelings, and perceptions? With what am I aware of my experience?' The knowing of our being—or rather, awareness's knowing of its own being in us—is our primary, fundamental and most intimate experience. It is in this experience that the peace, happiness and love for which all people long reside. The happiness we have sought so long outside of ourselves, in situations, objects and relationships, turns out to be always present and available in the simple knowing of our own being as it truly is.

The knowing of our own being shines in each of us as the experience 'I am' or 'I am aware', or simply the knowledge 'I'. This obvious, familiar and intimate experience has no objective qualities and is, therefore, overlooked or ignored by the majority of people. This overlooking of our own being is the ultimate cause of unhappiness. What is the nature of the experience of being aware or awareness itself? The exploration of this question is the subject matter of this book and the essence of the Direct Path to peace and happiness. *

* * The Essence of Meditation Series presents meditations on the essential, non-dual understanding that lies at the heart of all the great religious and spiritual traditions, compiled from contemplations led by Rupert Spira at his meetings and retreats. This simple, contemplative approach, which encourages a clear seeing of one's experience rather than any kind of effort or discipline, leads the reader to an experiential understanding of their own essential being and the peace and fulfillment that are inherent within it. **Being Aware of Being Aware** is the first and introductory volume in The Essence of Meditation Series.

The Transparency of Things - Rupert Spira 2016-10-01

The purpose of **The Transparency of Things** is to look clearly and simply at the nature of experience, without any attempt to change it. A series of

contemplations leads us gently but directly to see that our essential nature is neither a body nor a mind. It is the conscious Presence that is aware of this current experience. As such, it is nothing that can be experienced as an object, and yet it is undeniably present. However, these contemplations go much further than this. As we take our stand knowingly as this conscious Presence that we always already are, and reconsider the objects of the body, mind, and world, we find that they do not simply appear to this Presence; they appear within it. And further exploration reveals that they do not simply appear within this Presence but as this Presence. Finally, we are led to see that it is in fact this very Presence that takes the shape of our experience from moment to moment while always remaining only itself. We see that our experience is and has only ever been one seamless totality, with no separate entities, objects, or parts anywhere to be found.

Oneness - Satyananda 2013-09-17

Why have there been only a few enlightened beings throughout Earth's history? What was it that made masters like Jesus Christ, Gautama Buddha and Lord Krishna see the totality of our creation? Did they have something inside of them that "ordinary" people don't have? Oneness is here to show us that this can be experienced by anyone, because it is already present; it doesn't even need any effort to be experienced, unless we cover it with something from the mind. Oneness helps us to uncover our true nature and guides us beyond our body and mind to the realization of the Self (also known as Self-realization). In Oneness, you will learn/realize the following: The body identification The mind identification The body-mind-soul connection The Self It also guides you to the awakening of your heart. This is where you fully merge yourself with everything there is, where you realize Oneness and find your inner peace, freedom, and happiness! Oneness is not a religion and can therefore be experienced by everyone. And it's not only about the knowledge of Oneness from the mind's point of view; Oneness takes you also

beyond the mind. With just a few practical guides and instructions, in the end, you will be amazed that you haven't experienced it before!

Alone with the Alone - Henry Corbin 1998

Ibn 'Arabi was one of the great mystics of all time. Through the richness of his personal experience and the constructive power of his intellect, he made a unique contribution to Shi'ite Sufism. In this book, which features a powerful new preface by Harold Bloom, Henry Corbin brings us to the very core of this movement with a penetrating analysis of Ibn 'Arabi's life and doctrines.

Oneness Embraced - Tony Evans 2015-09-24

Oneness is hard to achieve. Let the kingdom unity of Scripture point the way. Today's world is torn apart. Tension is everywhere. Brother is pitted against brother, sister against sister, citizen against citizen, even Christian against Christian. It's so hard to find agreement—much less real harmony—in our polarized society. Can there be a way forward? Tony Evans knows how elusive unity can be. As a black man who's also a leader in white evangelicalism, he understands how hard it can be to bring these worlds together. Yet he's convinced that the gospel provides a way for Christians to find oneness despite the things that divide us. In the Word of God, we find a kingdom-based approach to matters of history, culture, the church, and social justice. In this book, you'll get: A Biblical Look at Oneness A Historical View of the Black Church A Kingdom Vision for Societal Impact Although oneness is hard to achieve, the Christian must never stop striving. It's a kingdom imperative. As Tony reminds us, "Glorifying God is our ultimate goal. Oneness exists to enable us to reach our goal."

Know Yourself - Cecilia Twinch 2011

This short text on the unity of existence addresses the relationship a human being may encounter - whether in solitude, in the extent of the natural world, or in the social framework - between their known self and their eternal origin. It explains that to realize your essential oneness with reality it

is not necessary to eliminate your 'separate' self or ego because that illusory self never existed. Rather, it is necessary to know your true self to realize your oneness with all being. Nothing essentially changes. When you know yourself 'ignorance disappears' and 'When the secret of an atom is.

A New Earth - Eckhart Tolle 2006-08-29

The 10th anniversary edition of A New Earth with a new preface by Eckhart Tolle. With his bestselling spiritual guide The Power of Now, Eckhart Tolle inspired millions of readers to discover the freedom and joy of a life lived “in the now.” In A New Earth, Tolle expands on these powerful ideas to show how transcending our ego-based state of consciousness is not only essential to personal happiness, but also the key to ending conflict and suffering throughout the world. Tolle describes how our attachment to the ego creates the dysfunction that leads to anger, jealousy, and unhappiness, and shows readers how to awaken to a new state of consciousness and follow the path to a truly fulfilling existence. Illuminating, enlightening, and uplifting, A New Earth is a profoundly spiritual manifesto for a better way of life—and for building a better world.

The Power of Love - James Van Praagh 2018-02-06

Internationally acclaimed best-selling author, spiritual teacher, and world-renowned medium, James Van Praagh has received hundreds of thousands of messages from the other side of life. And all too often, in many of these messages, the deceased have shared with him that they want the living to know how to utilize the power of love while they are still living life in the physical body. With this mesmerizing book, James demonstrates the transformative energy and force of love. In nine concise chapters, he reminds you that love knows no limits and can alter a person's life forever. Sharing vivid personal stories and incredible knowledge from the afterlife, James shows how you can activate the power of love to open your heart to the world. When you align yourself with loving thoughts, anxiety and worry

will start to fade. Decisions that might have preoccupied you before will become easier to make. Difficult events and people will not be drawn to you, because you are learning to release that magnetic energy. When you begin to consciously surround yourself with the energy of love and acceptance—your natural state of being—your journey in this physical dimension can become much smoother, more purposeful, and more powerful. "When we use the power of love, we become aware of our place in our world and the cosmos beyond. We know our worth, and we value life and the lives of other living beings. We feel connected to one another as the light within us shines on everyone. We become divine messengers of the One Source, recognizing that we are not separate, but rather part of the Oneness of all life."

The Power of Oneness - Sandra Brossman 2012-09-25

This inspiring book is a journey to inner peace. Whether you are seeking to improve your personal relationships, work life, or emotional and physical well-being, The Power of Oneness invites you to realize your amazing potential to bring the qualities of the life you want into your physical reality. Sandra Brossman clarifies how you can consciously use the power of thought to live a balanced life and experience unconditional love, health, joy, and abundance. She gently guides you to overcome obstacles standing in the way of your dreams. As her message unfolds, you become aware of the profound impact that your personal peace has in contributing to an outer world of harmony. In these pages you discover how to: Access your inner truth and expand your perceptions. Identify and release self-sabotaging behaviors. Heal emotional wounds. Integrate spiritual values into everyday life. Actively create the world in which you want to live.

The Path Made Clear - Oprah Winfrey 2019-03-26

Everyone has a purpose. And, according to Oprah Winfrey, “Your real job in life is to figure out as soon as possible what that is, who you are meant to be, and begin to honor your calling in the best way possible.” That journey starts

right here. In her latest book, *The Path Made Clear*, Oprah shares what she sees as a guide for activating your deepest vision of yourself, offering the framework for creating not just a life of success, but one of significance. The book's ten chapters are organized to help you recognize the important milestones along the road to self-discovery, laying out what you really need in order to achieve personal contentment, and what life's detours are there to teach us. Oprah opens each chapter by sharing her own key lessons and the personal stories that helped set the course for her best life. She then brings together wisdom and insights from luminaries in a wide array of fields, inspiring readers to consider what they're meant to do in the world and how to pursue it with passion and focus. Renowned figures such as Eckhart Tolle, Brene Brown, Lin-Manuel Miranda, Elizabeth Gilbert, Jay-Z, and Ellen DeGeneres share the greatest lessons from their own journeys toward a life filled with purpose. Paired with over 100 awe-inspiring photographs to help illuminate the wisdom of these messages, *The Path Made Clear* provides readers with a beautiful resource for achieving a life lived in service of your calling – whatever it may be.

The Untethered Soul - Michael A. Singer 2007-10-03

#1 New York Times bestseller What would it be like to free yourself from limitations and soar beyond your boundaries? What can you do each day to discover inner peace and serenity? *The Untethered Soul* offers simple yet profound answers to these questions. Whether this is your first exploration of inner space, or you've devoted your life to the inward journey, this book will transform your relationship with yourself and the world around you. You'll discover what you can do to put an end to the habitual thoughts and emotions that limit your consciousness. By tapping into traditions of meditation and mindfulness, author and spiritual teacher Michael A. Singer shows how the development of consciousness can enable us all to dwell in the present moment and let go of painful thoughts and memories that keep us from

achieving happiness and self-realization. Copublished with the Institute of Noetic Sciences (IONS) *The Untethered Soul* begins by walking you through your relationship with your thoughts and emotions, helping you uncover the source and fluctuations of your inner energy. It then delves into what you can do to free yourself from the habitual thoughts, emotions, and energy patterns that limit your consciousness. Finally, with perfect clarity, this book opens the door to a life lived in the freedom of your innermost being. *The Untethered Soul* has already touched the lives of more than a million readers, and is available in a special hardcover gift edition with ribbon bookmark—the perfect gift for yourself, a loved one, or anyone who wants a keepsake edition of this remarkable book. Visit www.untetheredsoul.com for more information.

The Kybalion - The Three Initiates 2012-04-01

Written about the Hermetic Philosophy in 1908, this book is claiming to be the essence of the teachings of Hermes Trismegistus, published anonymously by a group or person under the pseudonym of "the Three Initiates".

The Alchemy of Human Happiness - Muhyiddin Ibn Arabi 2018-08-20

The quest for happiness and fulfilment lies at the very heart of human life, but for Ibn Arabi there is a realm beyond our ordinary understanding of happiness, where the human stands truly fulfilled, in vision of Reality. This is a goal within the potential of every person. Not everyone who has found happiness is accorded perfection, for while all who are perfect are happy, not every happy one is perfect. Perfection means reaching and joining with the highest degree, and that is assuming the likeness of the Source. In this first English translation of the core chapter 167 from the famous Meccan Illuminations (*al-Futuhat al-Makkiyya*), Ibn Arabi comprehensively summarizes all his major teachings on human perfectibility and true happiness. Using the imagery of alchemy and ascension, he gives the reader an extraordinary insight into the spiritual journey by contrasting two ways of acquiring knowledge: the rational and the mystical. With an introduction to

Islamic alchemy, the Hermetic tradition and the mysterious elixir, this is an important text for anyone interested in Sufism, Islamic spirituality or alchemy.

Grist for the Mill - Ram Dass 2014-02-11

From Ram Dass, one of America's most beloved spiritual figures and bestselling author of *Be Here Now* and *Be Love Now*, comes this timeless classic about the experience of being and the risks and rewards of our spiritual path. Originally published in 1976, *Grist for the Mill* offers a deep spiritual journey of self-discovery, and a universal understanding of what it means to "be" and to grow as human beings. The book is fully revised with a new introduction. As Ram Dass puts it, "When the faith is strong enough it is sufficient just to be. It's a journey towards simplicity, towards quietness, towards a kind of joy that is not in time. It's a journey that has taken us from primary identification with our body and our psyche, on to an identification with God, and ultimately beyond identification."

Sufis of Andalusia - M. Ibn 'Arabi 2007-05

Originally published 1971. Muhyiddin Ibn 'Arabi was one of the greatest mystics whose influence was pervasive and profound. *Sufis of Andalusia* consists of biographical sketches of some of the contemplatives and spiritual masters among whom Ibn 'Arabi spent his early years.

"Whoso Knoweth Himself--" - Ibn al-'Arabi 1976

Who Am I? - Jean Klein 2006-08-06

In his well known, clear and lucid style, Jean Klein offers a book that is fundamentally about ourselves, about our own reality, and how we can start to realise our true nature, our inner stillness and wholeness. Unique among Jean Klein's works, the dialogues contained in this book have been organised by subject. Topics include: Relationship; The Nature of Thinking; The Art of Listening; A conversation on Art, etc. Questioner: "In certain situations in life

I feel blocked by a fear which prevents me from acting. How can I be free from this obstacle?" Jean Klein: "First free yourself from the word, the concept, "fear." It is loaded with memory. Face only the perception. Accept the sensation completely. When the personality who judges and controls is completely absent, when there is no longer a psychological relationship with the sensation, it is really welcomed and unfolds. Only in welcoming without a welcomer can there be real transformation. "We are in essence one with all existence; when we truly observe ourselves there is ultimately no observer, only observation--awareness."

The Power of Now - Eckhart Tolle 2010-10-06

To make the journey into the Now we will need to leave our analytical mind and its false created self, the ego, behind. From the very first page of Eckhart Tolle's extraordinary book, we move rapidly into a significantly higher altitude where we breathe a lighter air. We become connected to the indestructible essence of our Being, "The eternal, ever present One Life beyond the myriad forms of life that are subject to birth and death." Although the journey is challenging, Eckhart Tolle uses simple language and an easy question and answer format to guide us. A word of mouth phenomenon since its first publication, *The Power of Now* is one of those rare books with the power to create an experience in readers, one that can radically change their lives for the better.

The Principle of Oneness - Russell Anthony Gibbs 2017-05-19

The Principle of Oneness expounds on the first principle from the award winning and bestselling book, *The Six Principles of Enlightenment and Meaning of Life*. Many have said "We are all one" but what does that really mean? This practical guide helps you understand and experience the profound unity of everyone and everything.

The Law of Divine Oneness - IntroBooks Team

The incarnation of the divine oneness is the essence that dwells in the human

soul - with whom one is closely associated. It is a huge deal and a remarkable metamorphosis that unfolds before all and sundry. People have arrived at a point in time and space when the pretense no longer burdens them to be someone they were never meant to be. That they have reached a stage where they no more require to sacrifice the anguish and suffering that come with being incarnated at this physical juncture of existence. The price has to be paid. Within the human fraternity, an incredible phenomenon is taking place. The misery and pain have been a constant threat. The concept of micro family is now coming to an end. The incarnation of self-judgment - the divine one of all time - into the very physical boundary is finally starting to occur. The Law of Divine Oneness is here. What a fantastic find! What a glorious splendor! What a spectacular event that is just getting started and is already showering down on humanity! The all-powerful divine oneness is now entering the world. The excellent resistance of incarnation itself is dominating the universe. The sheer enormity and uniqueness of the actual incarnation or manifestation can no longer keep the forces of light and affection from discovering reality. Eventually, the journey of the human body to develop into what it was meant for has began. The numerous untiring and freely abundant energies of the living bodies are getting exposed. It comprises physical and mental involvement nurturing and fostering the enormous task that is finally coming to fruition. The divine oneness of all time is now well-equipped to initiate the entire ethics into the vessels that have been created specifically for this purpose.

Ibn 'Arabi - Time and Cosmology - Mohamed Haj Yousef 2014-04-04

This book is the first comprehensive attempt to explain Ibn 'Arabi's distinctive view of time and its role in the process of creating the cosmos and its relation with the Creator. By comparing this original view with modern theories of physics and cosmology, Mohamed Haj Yousef constructs a new cosmological model that may deepen and extend our understanding of the world, while

potentially solving some of the drawbacks in the current models such as the historical Zeno's paradoxes of motion and the recent Einstein-Podolsky-Rosen paradox (EPR) that underlines the discrepancies between Quantum Mechanics and Relativity.

The Enlightened are Not Bound by Religion - Kevser Yesiltash 2017-08-26

The mystical teachings of Ibn 'Arabi, particularly influential in Anatolia, are rooted in a tens-of-thousands-of-years old knowledge attainment and transfer tradition, which is one of the fundamental cornerstones of Sufism. Through his unique method, Muhyiddin Ibn 'Arabi performed an unparalleled role in conveying the secrets of the Sufi mystical teachings across the generations. The secrets concealed in his teachings are not immediately revealed, and the knowledge they contain is hidden in such language that those who encounter it are often left in a state of shock and bewilderment. Those who strived to understand this language have been able to discover the real meaning hidden within, yet the majority, without making such an effort, took the meaning at face value and accused Ibn 'Arabi of being anti-religious. The title of this book, 'The Enlightened are Not Bound by Religion', is one of Arabi's notable sayings. To be able to understand just this saying requires knowledge of many subjects of the mystical teachings. Kevser Yesiltash explores the deep of mystical secrets of his saying in the book.

Oneness with All Life - Eckhart Tolle 2008

Presents author-selected inspirational passages from "A New Earth" enhanced by commissioned artwork.

The Impersonal Life - Joseph Benner 2017

To you, who, through long years and much running to and fro, have been eagerly seeking, in books and teachings, in philosophy and religion, for you know not what—Truth, Happiness, Freedom, God; To you whose Soul is weary and discouraged and almost destitute of hope; To you, who many times have obtained a glimpse of that "Truth" only to find, when you followed and

tried to reach it, that it disappeared in the beyond, and was but the mirage of the desert; To you, who thought you had found it in some great teacher, who was perhaps the acknowledged head of some Society, Fraternity or Religion, and who appeared to you to be a “Master,” so marvelous was the wisdom he taught and the works he performed;—only to awaken later to the realization that that “Master” was but a human personality, with faults and weaknesses, and secret sins, the same as you, even though that personality may have been a channel through which were voiced many beautiful teachings, which seemed to you the highest “Truth;” And here you are, Soul weary and hungered, and not knowing where to turn— To you, I AM come.

Likewise to you, who have begun to feel the presence of that “Truth” within your Soul, and seek the confirmation of that which of late has been vaguely struggling for living expression within; Yes, to all you who hunger for the true “Bread of Life,” I AM come. Are you ready to partake?

The Book of Not Knowing - Peter Ralston 2010-01-26

For fans of Eckhart Tolle—a guide to mastering self-awareness through direct experience rather than old presumptions or harmful thought patterns Through decades of martial arts and meditation practice, Peter Ralston discovered a curious and paradoxical fact: that true awareness arises from a state of not-knowing. Even the most sincere investigation of self and spirit, he says, is often sabotaged by our tendency to grab too quickly for answers and ideas as we retreat to the safety of the known. This "Hitchhiker's Guide to Awareness" provides helpful guideposts along an experiential journey for those Western minds predisposed to wandering off to old habits, cherished presumptions, and a stubbornly solid sense of self. With ease and clarity, Ralston teaches readers how to become aware of the background patterns that they are usually too busy, stressed, or distracted to notice. The Book of Not Knowing points out the ways people get stuck in their lives and offers readers a way to make fresh choices about every aspect of their lives—from a

place of awareness instead of autopilot.

[A Meditation on I Am](#) - Rupert Spira 2021-04-01

“Rupert Spira is one of the great souls. Read his books, and be clarified.”

—Coleman Barks, translator of Rumi, including Soul Fury A contemplative poem about the intimate, impersonal, infinite nature of being. In *A Meditation on I Am*, Rupert Spira contemplates the essential nature of our self before it has been conditioned or qualified by the content of experience. It is a poem, a prayer and a hymn of praise to the simple fact of being that is the source of the peace and happiness for which we long above all else. For seasoned spiritual seekers and newcomers alike, this meditative poem explores and celebrates the truth of what we essentially are: the awareness of being that shines in each of our minds as the knowledge “I am,” which is temporarily coloured by experience but is never modified, changed or harmed by it.

Read Until You Understand: The Profound Wisdom of Black Life and Literature - Farah Jasmine Griffin 2021-09-14

A PBS NewsHour Best Book of the Year A Publishers Weekly Best Book of the Year in Nonfiction A brilliant scholar imparts the lessons bequeathed by the Black community and its remarkable artists and thinkers. Farah Jasmine Griffin has taken to her heart the phrase "read until you understand," a line her father, who died when she was nine, wrote in a note to her. She has made it central to this book about love of the majestic power of words and love of the magnificence of Black life. Griffin has spent years rooted in the culture of Black genius and the legacy of books that her father left her. A beloved professor, she has devoted herself to passing these works and their wisdom on to generations of students. Here, she shares a lifetime of discoveries: the ideas that inspired the stunning oratory of Frederick Douglass and Malcolm X, the soulful music of Marvin Gaye and Stevie Wonder, the daring literature of Phillis Wheatley and Toni Morrison, the inventive artistry of Romare Bearden, and many more. Exploring these works through

such themes as justice, rage, self-determination, beauty, joy, and mercy allows her to move from her aunt's love of yellow roses to Gil Scott-Heron's "Winter in America." Griffin entwines memoir, history, and art while she keeps her finger on the pulse of the present, asking us to grapple with the continuing struggle for Black freedom and the ongoing project that is American democracy. She challenges us to reckon with our commitment to all the nation's inhabitants and our responsibilities to all humanity.

Daodejing - Laozi 2008-09-11

'Of ways you may speak, but not the Perennial Way; By names you may name, but not the Perennial Name.' The best-loved of all the classical books of China and the most universally popular, the Daodejing or Classic of the Way and Life-Force is a work that defies definition. It encapsulates the main tenets of Daoism, and upholds a way of being as well as a philosophy and a religion. The dominant image is of the Way, the mysterious path through the whole cosmos modelled on the great Silver River or Milky Way that traverses the heavens. A life-giving stream, the Way gives rise to all things and holds them in her motherly embrace. It enables the individual, and society as a whole, to harmonize the disparate demands of daily life and achieve a more profound level of understanding. This new translation draws on the latest archaeological finds and brings out the word play and poetry of the original. Simple commentary accompanies the text, and the introduction provides further historical and interpretative context. ABOUT THE SERIES: For over 100 years Oxford World's Classics has made available the widest range of literature from around the globe. Each affordable volume reflects Oxford's commitment to scholarship, providing the most accurate text plus a wealth of other valuable features, including expert introductions by leading authorities, helpful notes to clarify the text, up-to-date bibliographies for further study, and much more.

The Oneness Hypothesis - Philip J. Ivanhoe 2018-06-26

The idea that the self is inextricably intertwined with the rest of the world—the “oneness hypothesis”—can be found in many of the world's philosophical and religious traditions. Oneness provides ways to imagine and achieve a more expansive conception of the self as fundamentally connected with other people, creatures, and things. Such views present profound challenges to Western hyperindividualism and its excessive concern with self-interest and tendency toward self-centered behavior. This anthology presents a wide-ranging, interdisciplinary exploration of the nature and implications of the oneness hypothesis. While fundamentally inspired by East and South Asian traditions, in which such a view is often critical to their philosophical approach, this collection also draws upon religious studies, psychology, and Western philosophy, as well as sociology, evolutionary theory, and cognitive neuroscience. Contributors trace the oneness hypothesis through the works of East Asian and Western schools, including Confucianism, Mohism, Daoism, Buddhism, and Platonism and such thinkers as Zhuangzi, Kant, James, and Dewey. They intervene in debates over ethics, cultural difference, identity, group solidarity, and the positive and negative implications of metaphors of organic unity. Challenging dominant views that presume that the proper scope of the mind stops at the boundaries of skin and skull, The Oneness Hypothesis shows that a more relational conception of the self is not only consistent with contemporary science but has the potential to lead to greater happiness and well-being for both individuals and the larger wholes of which they are parts.

Oneness of Heart - Phil Thurman 2020-09-08

Oneness of Heart believes in limitless possibilities. The only restrictions are those we place upon ourselves. You, your associates, and your customers must be harmonized in support of raising each other's highest potential value. Everyone ultimately accepts that no personal success exists without the success of everyone.

Know Yourself - Ibn al-Arabi 2011

Being Myself - Rupert Spira 2021-09-01

Being Myself is a contemplative exploration of the essential nature of our self. Everyone has the sense of 'being myself,' but not everyone knows their self clearly. In most cases, our sense of self is mixed up with the content of experience and, as a result, its natural condition of peace and happiness is veiled. Through investigation and analogy, the meditations in this collection take us back to our true nature again and again, until we begin to find our self naturally and effortlessly established there, as that. In time, experience loses its capacity to veil our being, and its innate peace and joy emerge from the background of experience. * * * The Essence of Meditation Series presents meditations on the essential, non-dual understanding that lies at the heart of all the great religious and spiritual traditions, compiled from contemplations led by Rupert Spira at his meetings and retreats. This simple, contemplative approach, which encourages a clear seeing of one's experience rather than any kind of effort or discipline, leads the reader to an experiential understanding of their own essential being and the peace and fulfilment that are inherent within it.

The Oneness Gospel - Charlene M. Proctor, Ph.d. 2011-12-20

In her revolutionary book, bestselling author Charlene M. Proctor, PhD, unites spiritual wisdom from the East and West to help readers experience Christ consciousness in the here and now.

You Are the Happiness You Seek - Rupert Spira 2022-04-01

How may we find happiness and peace? In this book, Rupert Spira distills the message of all the great religious and spiritual traditions into two essential truths: happiness is the very nature of our self or being, and we share our being with everyone and everything. Drawing on numerous examples from his own experience, Spira demonstrates that to seek lasting happiness through

objects, situations and relationships is destined for failure and disappointment, and skillfully guides the reader to recognize that we are already the happiness we seek. This book is for anyone who yearns for lasting happiness and is open to the possibility that it is continuously available within ourselves, irrespective of our circumstances. Could there be any greater discovery in life than to know that we are already that for which we long?

Contemplation of the Holy Mysteries - Muhyiddin Ibn 'Arabi 2008-01-28

A major work of mystical literature, this account focuses on 14 visions in the form of dramatic conversations with the divine, interspersed with dazzling visionary episodes regarding the nature of existence, humans' relationship with reality, and the way to achieve true happiness. The introduction presents a resume of Ibn 'Arabi's life and examines in detail the style and symbolism of the contemplations. Presented for the first time in English, this work is a superb example of Ibn 'Arabi's inimitable style and deep perception.

The Gnostic Path to Oneness - Robin Sacredfire 2019-12-19

The gnostic path is one of self-discovery and self-awareness. Throughout history, many were the masters that have tried to teach it, from Yeshua to Pythagoras, and from the latest to the Rosicrucians and Freemasons of today. However, few can understand the meaning of following a path towards the inner self, and then use it to shift reality and recreate fate towards existential values that benefit the whole humanity. And this is what this book promises, a path of self-discovery and introspection, in which the reader is taught how to analyze his own existence at the light of the spiritual masters of the past, in order to be part of a universal plan of love and abundance.

Divine Sayings - Muhyiddin Ibn 'Arabi 2008

A collection of 101 hadith sayings, this work is one of the most important and influential early collections of hadith qudsi. Falling into three categories, the first 40 sayings each have a full, unbroken chain of transmission that goes back to God through the medium of the Prophet Muhammad. The second category

are sayings mostly taken from well-known written collections. The final section is drawn from similar books, with Ibn 'Arabi adding one extra hadith, orally transmitted. Comprised of a full introduction explaining the meaning of Hadith, the text stresses the importance of this tradition in Ibn 'Arabi's writing.

The Way of the Superior Man - David Deida 2008-09

Deida explores the most important issues in men's lives--from career and family to women and intimacy to love and spirituality--to offer a practical guidebook for living a masculine life of integrity, authenticity, and freedom.