

# Laban Analysis Reviews

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**Body Movement** - Irmgard Bartenieff  
2013-10-08

"'Irmgard Bartenieff has a profound knowledge of the human body and how it moves. I am delighted that this will now be made available to many more people.'." -- George Balanchine of Director, New York City Ballet  
"'Irmgard Bartenieff's pioneering work in the multiple applications of Labananalysis has had a transforming influence on many areas of movement training. Her careful and detailed development of the spatial principles into active corrective work has illuminated and altered the training of people as varied as dancers, choreographers, physical therapists, movement and dance therapists, and psychotherapists. Anthropologists and non-verbal communication researchers have found their world view necessarily altered by her fundamental innovations. The field of body/mind work will need to adapt to include her clear working through of basic principles.'." -- Kayla Kazahn Zalk of President, American Dance Guild

**The Harmonic Structure of Movement, Music, and Dance According to Rudolf Laban** - Carol-Lynne Moore 2009

This book addresses technical and conceptual links between Laban's

first career as a visual artist and his subsequent vocation as a dance theorist. Key elements in his analytic movement taxonomy are introduced to familiarize the reader with terms used in the discussion of harmonic theory. Final sections extend the analogic metaphor, elaborating constructs such as tone, interval, scale, modulation, transposition, and harmonic interrelationships, while identifying hypotheses open to further empirical study. This original presentation of harmonics as a general theory of human movement will appeal to scholars in the performing arts, sports and movement studies, and dance and movement therapies.

*The Moving Researcher* - Ciane Fernandes 2014-12-21

This comprehensive book will serve as a step-by-step guide to Laban/Bartenieff Movement Analysis, updating and expanding concepts and practices. Following extensive research on the method developed by Rudolf von Laban and his disciples, this book explains movement principles, exercises, and motif symbols in detail. Organized according to the four categories of Laban/Bartenieff Movement Analysis (Body-Effort-Shape-Space), additional

chapters present the different developments of the theory in relation to performing arts and movement therapy. The author draws on Laban/Bartenieff Movement Analysis as a dynamic and connective approach, traveling from classroom and studio to everyday life, stage performance, and film acting. The Laban perspective serves as a multimedia artistic viewpoint, intertwining theory, learning, and imagery. This unique approach to this internationally used method is essential reading for educators and students of dance and other performing arts and movement-related professions.

*Tiny Nightmares* - Lincoln Michel  
2020-10-13

A collection of horror-inspired flash fiction, featuring over 40 new stories from literary, horror, and emerging writers—edited by Lincoln Michel and Nadxieli Nieto, the twisted minds behind *Tiny Crimes: Very Short Tales of Mystery and Murder*. In this playful, inventive collection, leading literary and horror writers spin chilling tales in only a few pages. Each slim, fast-moving story brings to life the kind of monsters readers love to fear, from brokenhearted vampires to Uber-taking serial killers and mind-reading witches. But what also makes *Tiny Nightmares* so bloodcurdling—and unforgettable—are the real-world horrors that writers such as Samantha Hunt, Brian Evenson, Jac Jemc, Stephen Graham Jones, Lilliam Rivera, Kevin Brockmeier, and Rion Amilcar Scott weave into their fictions, exploring how global warming, racism, social media addiction, and homelessness are just as frightening as, say, a vampire's fangs sinking into your neck. Our advice? Read with the hall light on and the bedroom door open just a crack. Featuring new stories from

Samantha Hunt, Jac Jemc, Stephen Graham Jones, Rion Amilcar Scott, and more!

**Rudolf Laban** - Karen K. Bradley  
2018-08-06

Rudolf Laban was one of the leading dance theorists of the twentieth century. His work on dance analysis and notation raised the status of dance as both an art form and a scholarly discipline. This is the first book to combine: an overview of Laban's life, work and influences an exploration of his key ideas, including the revolutionary "Laban Movement Analysis" system analysis of his works *Die Grünen Clowns* and *The Mastery of Movement* and their relevance to dance theater from the 1920s onwards a detailed exercise-based breakdown of Laban's key teachings. As a first step towards critical understanding, and as an initial exploration before going on to further, primary research, *Routledge Performance Practitioners* are unbeatable value for today's student.

Rudolf Laban - Valerie Preston-Dunlop  
2008

A visionary, a mystic, a lover, a leader. Rudolf Laban was all these things and more. This book tells the story of his life, a life bound up with the political, social and cultural upheavals that formed the turbulent backdrop of modern Europe.

**Progress in Artificial Intelligence** - José Maia Neves 2007-11-17

This book constitutes the refereed proceedings of the 13th Portuguese Conference on Artificial Intelligence, EPIA 2007, held in Guimarães, Portugal, in December 2007 as eleven integrated workshops. The 58 revised full papers presented were carefully reviewed and selected from a total of 210 submissions. In accordance with the eleven constituting workshops, the papers are organized in topical sections on

a broad range of subjects.

*Handbook of Inquiry in the Arts Therapies* - Helen Payne 1993

The first book to embrace all the arts therapies, this is a ground-breaking examination of the effects of arts therapies interventions in health, education, community and social services settings. It is written by specialists addressing themes which are relevant to all arts therapists exploring the relationship between research and practice.

*As Others See Us* - Ellen Goldman  
2004-03-01

*As Others See Us*, first published in 1994 by Gordon & Breach, is a book designed to introduce the reader to a new way of thinking about the movements, both conscious and unconscious, that we make every day and every second of our lives.

Goldman describes the human experience as a continuous stream of body movements, though we are only aware of a small fraction of the more obvious and intrusive physical acts. The aim of this book is first to increase awareness of the subtleties and complexities of our body language, and then to encourage the reader to perceive these intricacies in their own movements and in those of others. Finally, with a more complete understanding and appreciation for the power of body language and non-verbal communication, one can achieve a deeper connection between physical and intellectual spheres, to allow for a fuller and more engaging experience of communication and expression. This new knowledge of the human body's movements not only permits one to more accurately perceive the emotions and thoughts of others, but can allow a glimpse into one's own mind, to see how we present ourselves to the world, and whether our thoughts are in sync with our actions. Central to the text is the

author's treatment of the Integrated Movement, a term used to describe the merger of a posture and a gesture with a consistent quality, dynamic or shape. This approach to understanding and explaining human movement offers a unique way of thinking about conscious gesture, unconscious body language, and verbal speech as interconnected communication, a synthesis that allows for a more complete view of ourselves and others around us. The structure of the book follows a logical framework that mirrors the progress of the reader, from perception of movement, to the close inspection of gesture and body language, to the introduction and experience of Integrated Movement, to the application of one's new awareness to different aspects of life. Biographical sketches of leading figures in the field are included, as are suggestions for additional reading and resources. Perhaps the most unique feature of the book are the personal exercises (boxed-off text) that appear on almost every other page. These exercises are designed to allow the reader to experience the power of body language in real-life situations, while working towards the increased awareness and perception that is the goal of the book.

**Moves** - Katya Bloom 1998

The aim of *Moves* is to deepen awareness of the body and the self through meditative movement and dance. The book provides starting points to create expressive movement that is accessible to anyone.

Meaning in Motion - Carol-Lynne Moore  
2014-12-01

Beyond Dance - Eden Davies 2007-05-07  
*Beyond Dance: Laban's Legacy of Movement Analysis* offers students of dance and movement a brief introduction to the life and work of Rudolf Laban, and how this work has

been extended into the fields of movement therapy, communications, early childhood development, and other fields. While many dance students know of Laban and his work as it applies to their field, few know the full story of how this technique has developed and grown. For many who enter into the fields of dance movement therapy, performance, and communications, there are valuable lessons to be learned from Laban and his follower's works. *Beyond Dance* offers a concise introduction to this world. Refreshingly free of jargon and easy to understand, the work offers dance students – and others interested in human movement – a full picture of the many possibilities inherent in Laban's theories. For many who will pursue careers 'beyond dance', this work will be a useful guidebook into related areas. This will be ideally suited to students of Laban movement theory in dance and movement therapy, and will be used in advanced courses in these areas as useful, brief introduction to the field.

**Laban for All** - Jean Newlove  
2019-07-17

Rudolf Laban was one of the great theorists and practitioners of movement. In *Laban for All*, expert teachers of Laban's techniques offer simplified version of his system that can be used by anyone, from beginners to pros. Extensively illustrated with John Dalby's line drawings and diagrams, *Laban for All* lays out the basic vocabulary of the Laban system and goes on to offer specific exercises. The result is a thorough - and thoroughly practical - grounding in the most important movement system in use today.

Rhythm and Critique - Paola Crespi  
2020-07-23

*Rhythm and Critique* presents 12 new essays from a range of specialists to define, contextualise and challenge

the concepts of rhythm and rhythmanalysis. It includes newly translated materials from Rudolf Laban and Henri Meschonnic. The book begins with a genealogy of rhythm as it occurs through critical theory literatures of the 20th century, enabling the reader to situate philosophical and contemporary readings that further define rhythm as a critical term and mode of analysis.

*The Laban Workbook for Actors* - Katya Bloom 2017-11-30

The *Laban Workbook* is a compendium of unique exercises inspired by the concepts and principles of movement theorist and artist, Rudolf Laban. Written by five internationally recognized movement experts, this textbook is divided into single-authored chapters, each of which includes a short contextual essay followed by a series of insight-bearing exercises. These expert views, honed in the creation of individual approaches to training and coaching actors, provide a versatile range of theory and practice in the creative process of crafting theatre. Readers will learn: Enhanced expressivity of body and voice; Clearer storytelling, both physical and vocal, facilitating the embodiment of playwrights' intentions; Imaginative possibilities for exploring an existing play or for creating devised theatre. Featuring many exercises exploring the application of Laban Movement Studies to text, character, scene work, and devised performances - as well as revealing the creative potential of the body itself - *The Laban Workbook* is ideal for actors, teachers, directors and choreographers.  
Body, Space, Expression - Vera Maletic 1987

*When the Beat Was Born* - Laban Carrick Hill 2013-08-27

Before there was hip hop, there was DJ Kool Herc. On a hot day at the end of summer in 1973 Cindy Campbell threw a back-to-school party at a park in the South Bronx. Her brother, Clive Campbell, spun the records. He had a new way of playing the music to make the breaks—the musical interludes between verses—longer for dancing. He called himself DJ Kool Herc and this is *When the Beat Was Born*. From his childhood in Jamaica to his youth in the Bronx, Laban Carrick Hill's book tells how Kool Herc came to be a DJ, how kids in gangs stopped fighting in order to breakdance, and how the music he invented went on to define a culture and transform the world.

Harlem Stomp! - Laban Carrick Hill  
2009-01-01

When it was released in 2004, *Harlem Stomp!* was the first trade book to bring the Harlem Renaissance alive for young adults! Meticulously researched and lavishly illustrated, the book is a veritable time capsule packed with poetry, prose, photographs, full-color paintings, and reproductions of historical documents. Now, after more than three years in hardcover, three starred reviews and a National Book Award nomination, *Harlem Stomp!* is being released in paperback.

**Why Did They Kill?** - Alexander Laban Hinton 2005

This is an ethnographic examination and an appraisal of the Cambodian genocide under Pol Pot based on the author's long fieldwork in the area.

*Laban for Actors and Dancers* - Jean Newlove 1993

Rudolf Laban is to movement what Stanislavski is to acting.

**In Just Order Move** - Francis Michael Glenn Willson 1997

This work celebrates the 50th anniversary of this dancing academy, founded by Rudolf Laban in 1946. Laban fled from the Nazi regime and

in 1938 joined his former pupils, Kurt Jooss and Lisa Ullman, who had been working at Dartington Hall since 1934. In 1946 Laban and Ullman launched the Laban Centre, at first called the Art of Movement Studio, in Manchester. It moved to Addlestone in Surrey in 1953 and to New Cross in 1976.

**Processing Choreography** - Elizabeth Waterhouse 2022-03-31

Told from the perspective of the dancers, »Processing Choreography: Thinking with William Forsythe's Duo« is an ethnography that reconstructs the dancers' activity within William Forsythe's Duo project. The book is written legibly for readers in dance studies, the social sciences, and dance practice. Considering how the choreography of Duo emerged through practice and changed over two decades of history (1996–2018), Elizabeth Waterhouse offers a nuanced picture of creative cooperation and institutionalized process. She presents a compelling vision of choreography as a nexus of people, im/material practices, contexts, and relations. As a former Forsythe dancer herself, the author provides novel insights into this choreographic community.

Selling Diversity - Yasmeen Abu-Laban  
2002-09-01

Using gender, race/ethnicity, and class lenses to frame their analysis, the authors review Canadian immigration, multiculturalism, and employment equity policies, including their different historical origins, to illustrate how a preference for selling diversity has emerged in the last decade.

Beyond Dance - Eden Davies 2001

Rudolf Laban was a genius who performed and choreographed, but he stretched his theories to everyday movement. His notations found practical use during World War II as women began to work in factories,

where he provided them with personalized motions. One of Laban's students, Warren Lamb, was able to refine the unique notations, and Laban's analysis continues to give insight in the modern world of repetitive stress injuries and other ergonomic concerns.

**The Makers of Modern Dance in Germany**  
- Isa Partsch-Bergsohn 2003

This is the story of three passionate choreographers and their colleagues who created European modern dance in the twentieth century despite the storms of war and oppression. It begins with Rudolf Laban, innovator and guiding force, and continues with the careers of his two most gifted and influential students, Mary Wigman and Kurt Jooss. Included are others who made significant contributions: Hanya Holm, Sigurd Leeder, Gret Palucca, Berthe Trumpy, Vera Skoronel, Yvonne Georgi and Harold Kreutzberg. The first book to weave together the connections among these extraordinary artists, *The Makers of Modern Dance in Germany* contains interviews, personal recollections and translations from German publications - all of which have never appeared before. Illustrated with archival photographs.

Dance Notations and Robot Motion -  
Jean-Paul Laumond 2015-11-24

How and why to write a movement? Who is the writer? Who is the reader? They may be choreographers working with dancers. They may be roboticists programming robots. They may be artists designing cartoons in computer animation. In all such fields the purpose is to express an intention about a dance, a specific motion or an action to perform, in terms of intelligible sequences of elementary movements, as a music score that would be devoted to motion representation. Unfortunately there is no universal language to write a motion. Motion languages live

together in a Babel tower populated by biomechanists, dance notators, neuroscientists, computer scientists, choreographers, roboticists. Each community handles its own concepts and speaks its own language. The book accounts for this diversity. Its origin is a unique workshop held at LAAS-CNRS in Toulouse in 2014. Worldwide representatives of various communities met there. Their challenge was to reach a mutual understanding allowing a choreographer to access robotics concepts, or a computer scientist to understand the subtleties of dance notation. The liveliness of this multidisciplinary meeting is reflected by the book thank to the willingness of authors to share their own experiences with others.

*Laban/Bartenieff Movement Studies* -  
Colleen Wahl 2019-01-22

In this engaging and practical text, author Colleen Wahl presents a detailed and clear discussion on how to best use Laban/Bartenieff movement analysis (L/BMA), a system for observing, teaching, and analyzing human movement. *Laban/Bartenieff Movement Studies: Contemporary Applications* offers a framework for understanding movement as it influences our perceptions of ourselves and others. In moving through that framework, Wahl explains what the movement analysis is, how it works, and how readers can use it in their lives. "On the most fundamental level, L/BMA seeks to help you address how movement is relevant in your life," Wahl says. "The text is designed to develop your knowledge of the Laban/Bartenieff lens and cultivate it in meaningful ways in your life." That knowledge is useful in a wide range of activities, passions, and pursuits—developing a fuller range of movement and expression in your moving body, developing choreography, coaching and

teaching movement, observing and describing how movement is meaningful, and more. Wahl has been practicing and teaching the L/BMA framework to undergraduate and graduate students since 2006, when she became a certified integrated movement studies analyst. In her book, she • brings a contemporary voice to L/BMA in a way that evokes the senses and the felt movement experience; • grounds readers in the theory and provides numerous practical applications, showing readers how to apply L/BMA in all facets of life and in any career; • incorporates a rich diversity of experiences in the dance field and beyond from other certified Laban movement analysts who apply L/BMA in their careers and lives; and • provides tried-and-true tips for applying L/BMA in your life. The text is organized into three parts. Part I offers an overview and historical look at Laban/Bartenieff movement analysis and details the organizing themes and guiding concepts of L/BMA. You'll also learn about the origin of the L/BMA concepts and how they have changed and grown over the years. Part II presents the five categories of the L/BMA framework: body, effort, shape, space, and phrasing. This section provides an understanding of the elements of movement and focuses on why each element is useful. Part III helps you take what you learned in parts I and II and use it in meaningful ways in your life. It includes chapters on integrating L/BMA into your life and on first-hand experiences from a diverse group of people who use L/BMA in the dance field and beyond. "The process of using this material to shed new light on what you already are interested in and to expand your perceptive and expressive skills is challenging and exciting," says Wahl. "You can make changes in how you move in your life

to be more effective, easeful, and whole. You can become more skilled in movement observation and description. You can teach and coach others in movement with greater clarity and possible inroads." Throughout the text, Wahl offers suggestions for experiencing and cultivating L/BMA in your life. "I've designed it to help you perceive human movement with greater nuance and specificity, to talk about movement with greater clarity and precision, to coach movement with a greater range of possibilities, and to evoke the movement experience with a greater range of options," she says. "Ultimately, I've designed it to organize your perceptions of movement and shed new light on its role in your life."

Laban's Efforts in Action - Vanessa Ewan 2018-10-18

As an actor, awareness of your movement is the key to transformation. By making deliberate physical choices, you can fully and articulately embody different ways of being: you can come someone or something else. Laban's Efforts give you a way of identifying and making these choices. Working with them helps the actor to create wholly present and physically ambitious performances. This book outlines Ewan's practical process, which allows the actor to understand their own movement and that of others by exploring one key part of Laban's work: the 'Efforts of Action Drive'. This complete, stage-by-stage, working process has been developed through more than thirty years of work with actors in the studio. Clear instructions for practical exercises are woven throughout the book, as well as exciting ways to apply the work in rehearsal, performance and on set. This allows the actor to learn and apply Laban's Efforts for themselves. Full video and audio

resources allow the reader to experience the practical work in action. "Vanessa Ewan's work with Laban and the Efforts, as you will find in this inspired book, provides performers with an incredibly fertile foundation from which to create. She has found an astoundingly practical way of applying Laban's work to the quest of being a fully embodied actor. You will find tools in this book that will open door after door to your own creativity and awaken you to the endless possibility of what you can create on stage and on screen." Andrew Garfield, actor

**Laban for All** - Jean Newlove 2004  
This is a basic "how-to" manual on the Laban system of movement. It offers a simplified version of his system which can be used by relative beginners upwards.

*The Red Tent* - Anita Diamant  
1997-09-15

Based on the Book of Genesis, Dinah shares her perspective on religious practices and sexual politics.

Making Connections - Peggy Hackney  
2020-08-27

This book explores how we go about creating the connections within us that allow us to become fully embodied human beings in the world. It provides some very personal memories of Irmgard Bartenieff and the development of her approach to Fundamentals.

*Choreutics* - Rudolf von Laban 1966  
'Choreutics' can be said to contain the essence of Laban's thought as well as an elaboration of the framework which he found useful for the penetration of the bewildering complexity of human movement. This he based on the unity of space and

movement and he recognised a natural order in which the energy from within unfolds in space.

Everybody is a Body: Second Edition - Karen Studd 2019-05-15

Movement connects us all. We are all moving, all of the time. The moving body is the foundation of human activity. In a world where technological advancement allows for instant global connections, we are becoming increasingly disembodied. This gives rise to "dis-ease" in our physical, emotional and intellectual selves. This book promotes increased awareness of the power and potential of human movement. It takes into account personal uniqueness, as well as the universal aspects of what it means to be human. This book is for every body. In order to experience life to its fullest, it is important to keep in touch with our moving selves. It is not a "how-to" book. We are not advocating a specific movement technique or practice. It is about re-discovering that you are a mover and that movement is not just an activity. Our movement is the expression of ourselves in the world. This second edition includes expanded chapters and appendices further explicating the Laban/Bartenieff Movement System (LBMS) for the benefit of students in movement analysis training programs. The text's additions also serve as a testimony to the ongoing development of this system.

**A Vision of Dynamic Space** - Rudolf von Laban 1984

This unique collection of drawings and sketches illustrates in dramatic form Rudolf Laban's perception of the world of movement. This volume is published as a tribute to the man whose conceptions have so widely influenced and enriched the art of dancing in this century.

**Beyond Words** - Carol-Lynne Moore 1988  
Combines text, videotaped exercises



and photographs to provide readers with the means to improve their perceptual ability and powers of observation of human life through the medium of movement.

*The Justice Facade* - Alexander Laban Hinton 2018

For survivors of the brutal Khmer Rouge Regime, western instruments of justice are small plasters on deep wounds. In Hinton's account of the subsequent international tribunal, only traditional ceremony, ritual, and unmediated dialogue can provide true healing.

**Martha Graham** - Alice Helpern  
2013-10-28

First Published in 1999. Routledge is

an imprint of Taylor & Francis, an informa company.

The Embodied Self - Katya Bloom  
2019-07-31

By integrating principles from her background as a movement psychotherapist and movement analyst with key concepts from contemporary psychoanalysis, the author offers a new perspective on exploring the interrelationships between nonverbal and verbal 'articulation' in any therapy setting. The Embodied Self provides a practical and experi

Analyzing Design Review Conversations  
- Robin S. Adams 2015-12

The outcome of DTRS 10 held at Purdue University in 2014.