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Psychedelic Mysticism - Morgan Shipley 2015-11-12
Although commonly celebrated as a distinct manifestation of Americana, hippies and psychedelics are routinely de-emphasized in favor of direct political activism, a phenomenon that constrains the full telling of the hippie counterculture as it relates to a radical religiosity defined by mutuality and altruism. Psychedelic Mysticism reevaluates the religious significance of the

1960s psychedelic counterculture, tracing how psychedelics became entheogenic, leading sixties figures to transition personal moments of enlightenment into everyday projects of social justice.

Am I Dreaming? - James Kingsland 2019-08-01

When a computer goes wrong, we are told to turn it off and on again. In *Am I Dreaming?*, science journalist James Kingsland reveals how the human

brain is remarkably similar. By rebooting our hard-wired patterns of thinking - through so-called 'altered states of consciousness' - we can gain new perspectives into ourselves and the world around us. From shamans in Peru to tech workers in Silicon Valley, Kingsland provides a fascinating tour through lucid dreams, mindfulness, hypnotic trances, virtual reality and drug-induced hallucinations. An eye-opening insight into perception and consciousness, this is also a provocative argument for how altered states can significantly boost our mental health.

The Pot Book - Julie Holland
2010-09-23

Leading experts on the science, history, politics, medicine, and potential of America's most popular recreational drug • With contributions by Andrew Weil, Michael Pollan, Lester Grinspoon, Allen St. Pierre (NORML), Tommy Chong, and others • Covers

marijuana's physiological and psychological effects, its medicinal uses, the complex politics of cannabis law, pot and parenting, its role in creativity, business, and spirituality, and much more Exploring the role of cannabis in medicine, politics, history, and society, The Pot Book offers a compendium of the most up-to-date information and scientific research on marijuana from leading experts, including Lester Grinspoon, M.D., Rick Doblin, Ph.D., Allen St. Pierre (NORML), and Raphael Mechoulam. Also included are interviews with Michael Pollan, Andrew Weil, M.D., and Tommy Chong as well as a pot dealer and a farmer who grows for the U.S. Government. Encompassing the broad spectrum of marijuana knowledge from stoner customs to scientific research, this book investigates the top ten myths of marijuana; its physiological and

psychological effects; its risks; why joints are better than water pipes and other harm-reduction tips for users; how humanity and cannabis have co-evolved for millennia; the brain's cannabis-based neurochemistry; the complex politics of cannabis law; its potential medicinal uses for cancer, AIDS, Alzheimer's, multiple sclerosis, and other illnesses; its role in creativity, business, and spirituality; and the complicated world of pot and parenting. As legalization becomes a reality, this book candidly offers necessary facts and authoritative opinions in a society full of marijuana myths, misconceptions, and stereotypes.

LSD, My Problem Child - Albert Hofmann 2017-09-27
This is the story of LSD told by a concerned yet hopeful father, organic chemist Albert Hofmann, Ph.D. He traces LSD's path from a promising psychiatric

research medicine to a recreational drug sparking hysteria and prohibition. In **LSD: My Problem Child**, we follow Dr. Hofmann's trek across Mexico to discover sacred plants related to LSD, and listen in as he corresponds with other notable figures about his remarkable discovery. Underlying it all is Dr. Hofmann's powerful conclusion that mystical experiences may be our planet's best hope for survival. Whether induced by LSD, meditation, or arising spontaneously, such experiences help us to comprehend "the wonder, the mystery of the divine, in the microcosm of the atom, in the macrocosm of the spiral nebula, in the seeds of plants, in the body and soul of people." More than sixty years after the birth of Albert Hofmann's problem child, his vision of its true potential is more relevant, and more needed, than ever.

LSD, My Problem Child -

Albert Hofmann 1980
Albert Hofmann, who died in 2008 aged 102, first synthesized lysergic acid diethylamide (LSD) in 1938, but the results of animal tests were so unremarkable that the chemical was abandoned. Driven by intuition, he synthesized it again in 1943, and serendipitously noticed its profound effects on himself. Although his work produced other important drugs, including methergine, hydergine and dihydroergotamine, it was LSD that shaped his career. After his discovery of LSD's properties, Hofmann spent years researching sacred plants. He succeeded in isolating and synthesizing the active compounds in the *Psilocybe mexicana* mushroom, which he named psilocybin and psilocin.

Noe - Phil Wolfson 2011
Written with clarity and grace, this memoir of an adolescent boy's four-year struggle with leukemia, his untimely death at sixteen,

and the aftermath is presented from three perspectives. Using journals and recollection, Noe's father Phil Wolfson recalls the events chronologically. His son's chemotherapy journal offers a stricken teenager's private view of illness, his wrestling with such enormous stress while striving to live within the framework of "normal" expectations for adolescence. The third perspective derives from the author's realization that his intimate relationship with Noe continues after death. Channeling his son's spirit, the author writes in his place, sharing with readers a near-adult view of living with illness and losing the battle to survive it. Noe reveals the inner world of familial love and discord, Noe's own remarkable coping, and the extraordinary stress Noe's illness had on his younger brother. It describes the quest for emotional and spiritual support through

therapy, contact with renowned alternative healers, and the use of the drug MDMA for enhancing relationships. With poignant descriptions of an assisted dying process, Noe moves beyond a model of bereavement to offer a reminder of love's transcendence.

Frontiers of Psychedelic Consciousness - David Jay Brown 2015-10-15

In-depth and well-researched interviews with the leading minds in psychedelic science and culture • A curated collection of interviews with 15 accomplished scientists, artists, and thinkers, including Albert Hofmann, Stanislav Grof, Rick Strassman, and Charles Tart • Explores their profound reflections on the intersections between psychedelics and a wide range of topics, including psychology, creativity, music, the near-death experience, DNA, and the future of psychedelic drug

medical research After many dark years of zealous repression, there are now more than a dozen government-approved clinical studies with psychedelics taking place around the globe. But what does the future hold for psychedelic research and the expansion of consciousness? In this curated collection of interviews with pioneers in psychedelic thought, David Jay Brown explores the future of mind-altering drugs, hallucinogenic plants, and the evolution of human consciousness. The accomplished scientists, artists, and thinkers interviewed in the book include LSD discoverer Albert Hofmann, psychologist Stanislav Grof, DMT researcher Rick Strassman, anthropologist Jeremy Narby, MAPS founder Rick Doblin, ethnobotanist Dennis McKenna, psychologist Charles Tart, and musician Simon Posford from

Shpong, as well as many others. Demonstrating deep knowledge of his interviewees' work, Brown elicits profound reflections from them as well as their considered opinions on the future of psychedelic drug medical research, God and the afterlife, LSD and mysticism, DMT research and non-human entity contact, problem-solving and psychedelics, ayahuasca and DNA, psilocybin and the religious experience, MDMA and PTSD, releasing the fear of death, the tryptamine dimension, the therapeutic potential of salvia, and the intersections between psychedelics and creativity, ecology, paranormal phenomena, and alternate realities. In each interview we discover how these influential minds were inspired by their use of entheogens. We see how psychedelics have the potential to help us survive as a species, not only by their therapeutic benefits

but also by revealing our sacred connection to the biosphere and by prompting people to begin on the path of spiritual evolution.

Acid Dreams - Martin A. Lee
1992

Provides a social history of how the CIA used the psychedelic drug LSD as a tool of espionage during the early 1950s and tested it on U.S. citizens before it spread into popular culture, in particular the counterculture as represented by Timothy Leary, Allen Ginsberg, Ken Kesey, and others who helped spawn political and social upheaval.

LSD — The Wonder Child

- Thomas Hatsis 2021-06-29

- Explores the different groups--from research labs to the military--who were seeking how best to utilize LSD and other promising psychedelics like mescaline
- Reintroduces forgotten scientists like Robert Hyde and Rosalind Heywood
- Looks at the CIA's notorious top-secret mind-control

program MKULTRA •
Reveals how intellectuals, philosophers, artists, and mystics of the 1950s used LSD to bring ancient rites into the modern age
Exploring the initial stages of psychedelic study in Europe and America, Thomas Hatsis offers a full history of the psychedelic-fueled revolution in healing and consciousness expansion that blossomed in the 1950s--the first "golden age" of psychedelic research. Revealing LSD as a "wonder child" rather than Albert Hofmann's infamous "problem child," the author focuses on the extensive studies with LSD that took place in the '50s. He explores the different groups--from research labs to the military to bohemian art circles--who were seeking how best to utilize LSD and other promising psychedelics like mescaline. Sharing the details of many primary source medical reports, the author examines how doctors saw

LSD as a tool to gain access to the minds of schizophrenics and thus better understand the causes of mental illness. The author also looks at how the CIA believed LSD could be turned into a powerful mind-control weapon, including a full account of the notorious top-secret program MKULTRA. Reintroducing forgotten scientists like Robert Hyde, the first American to take LSD, and parapsychologist Rosalind Heywood, who believed LSD and mescaline opened doors to mystical and psychic abilities, the author also discusses how the influences of Central American mushroom ceremonies and peyote rites crossbred with experimental Western mysticism during the 1950s, turning LSD from a possible madness mimicker or mind weapon into a sacramental medicine. Finally, he explores how philosophers, parapsychologists, and

mystics sought to use LSD to usher in a new age of human awareness.

American Trip - Ido Hartogsohn 2020-07-14
How historical, social, and cultural forces shaped the psychedelic experience in midcentury America, from CIA experiments with LSD to Timothy Leary's Harvard Psilocybin Project. Are psychedelics invaluable therapeutic medicines, or dangerously unpredictable drugs that precipitate psychosis? Tools for spiritual communion or cognitive enhancers that spark innovation? Activators for one's private muse or part of a political movement? In the 1950s and 1960s, researchers studied psychedelics in all these incarnations, often arriving at contradictory results. In *American Trip*, Ido Hartogsohn examines how the psychedelic experience in midcentury America was shaped by historical, social, and cultural forces--by set (the

mindset of the user) and setting (the environments in which the experience takes place).

Be Here Now - Ram Dass 1971-10-12

Beloved guru Ram Dass tells the story of his spiritual awakening and gives you the tools to take control of your life in this "counterculture bible" (The New York Times) featuring powerful guidance on yoga, meditation, and finding your true self. When *Be Here Now* was first published in 1971, it filled a deep spiritual emptiness, launched the ongoing mindfulness revolution, and established Ram Dass as perhaps the preeminent seeker of the twentieth century. Just ten years earlier, he was known as Professor Richard Alpert. He held appointments in four departments at Harvard University. He published books, drove a Mercedes and regularly vacationed in the Caribbean. By most societal

standards, he had achieved great success. . . . And yet he couldn't escape the feeling that something was missing. Psilocybin and LSD changed that. During a period of experimentation, Alpert peeled away each layer of his identity, disassociating from himself as a professor, a social cosmopolite, and lastly, as a physical being. Fear turned into exaltation upon the realization that at his truest, he was just his inner-self: a luminous being that he could trust indefinitely and love infinitely. And thus, a spiritual journey commenced. Alpert headed to India where his guru renamed him Baba Ram Dass—"servant of God." He was introduced to mindful breathing exercises, hatha yoga, and Eastern philosophy. If he found himself reminiscing or planning, he was reminded to "Be Here Now." He started upon the path of enlightenment, and has been journeying along it

ever since. Be Here Now is a vehicle for sharing the true message, and a guide to self-determination.

The Psychedelic Explorer's Guide - James Fadiman
2011-05-18

Psychedelics for spiritual, therapeutic, and problem-solving use • Presents practices for safe and successful psychedelic voyages, including the benefits of having a guide and how to be a guide • Reviews the value of psychedelics for healing and self-discovery as well as how LSD has facilitated scientific and technical problem-solving • Reveals how microdosing (ultr-low doses) improve cognitive functioning, emotional balance, and physical stamina • This year 600,000 people in the U.S. alone will try LSD for the the first time, joining the 23 million who have already experimented with this substance Called "America's wisest and most respected authority on psychedelics

and their use," James Fadiman has been involved with psychedelic research since the 1960s. In this guide to the immediate and long-term effects of psychedelic use for spiritual (high dose), therapeutic (moderate dose), and problem-solving (low dose and microdose) purposes, Fadiman outlines best practices for safe, sacred entheogenic voyages learned through his more than 40 years of experience—from the benefits of having a sensitive guide during a session (and how to be one) to the importance of the setting and pre-session intention. Fadiman reviews the newest as well as the neglected research into the psychotherapeutic value of visionary drug use for increased personal awareness and a host of serious medical conditions, including his recent study of the reasons for and results of psychedelic use among hundreds of students and professionals. He reveals

new uses for LSD and other psychedelics, including microdosing, extremely low doses, for improved cognitive functioning and emotional balance.

Cautioning that psychedelics are not for everyone, he dispels the myths and misperceptions about psychedelics circulating in textbooks and clinics as well as on the internet. Exploring the life-changing experiences of Ram Dass, Timothy Leary, Aldous Huxley, and Huston Smith as well as Francis Crick and Steve Jobs, Fadiman shows how psychedelics, used wisely, can lead not only to healing but also to scientific breakthroughs and spiritual epiphanies.

LSD, My Problem Child -
Albert Hofmann 2005

The Doors of Perception -
Aldous Huxley 2021-05-11
The man who comes back through the Door in the Wall will never be quite the same as the man who went

out'. Aldous Huxley first took mescaline in 1953 and continued his experiments with hallucinogenic drugs until 1963 when, on his deathbed, he asked for and was given LSD. Huxley explores the effects of the mescaline experience, describing how the drug enabled him to discover a 'sacramental vision of reality'. He also discusses the spiritual and moral implications of the experience, demonstrating how negative emotions can transform man's perceptual Nirvana into a 'schizophrenic hell'.

Brian Blomerth's Bicycle

Day - Brian Blomerth 2019

An illustrated, deep dive into Albert Hofmann's infamous "Bicycle Day" from Brian Blomerth.

Poisoner in Chief -

Stephen Kinzer 2019-09-10

The bestselling author of *All the Shah's Men* and *The Brothers* tells the astonishing story of the man who oversaw the CIA's secret drug and mind-

control experiments of the 1950s and '60s. The visionary chemist Sidney Gottlieb was the CIA's master magician and gentlehearted torturer—the agency's "poisoner in chief." As head of the MK-ULTRA mind control project, he directed brutal experiments at secret prisons on three continents. He made pills, powders, and potions that could kill or maim without a trace—including some intended for Fidel Castro and other foreign leaders. He paid prostitutes to lure clients to CIA-run bordellos, where they were secretly dosed with mind-altering drugs. His experiments spread LSD across the United States, making him a hidden godfather of the 1960s counterculture. For years he was the chief supplier of spy tools used by CIA officers around the world. Stephen Kinzer, author of groundbreaking books about U.S. clandestine operations,

draws on new documentary research and original interviews to bring to life one of the most powerful unknown Americans of the twentieth century. Gottlieb's reckless experiments on "expendable" human subjects destroyed many lives, yet he considered himself deeply spiritual. He lived in a remote cabin without running water, meditated, and rose before dawn to milk his goats. During his twenty-two years at the CIA, Gottlieb worked in the deepest secrecy. Only since his death has it become possible to piece together his astonishing career at the intersection of extreme science and covert action. *Poisoner in Chief* reveals him as a clandestine conjurer on an epic scale. *Seminars in the Psychotherapies* - Rachel Gibbons 2021-06-10 This comprehensive and highly readable book outlines the main psychological therapies

used in contemporary clinical practice. It clearly describes the underlying theoretical principles and techniques and with vivid case examples, demonstrates the central role of these treatments in mental health care. The contribution of psychological and psychodynamic ideas to different psychiatric presentations is outlined, including mood disorders, psychosis, self harm and suicide. Other chapters specifically address recent developments, including neuropsychanalysis, psychedelic-assisted psychotherapy and Open Dialogue. As the chapters unfold this book illustrates how a psychologically informed approach to mental disorder can enrich psychiatric practice by providing a holistic and meaningful understanding of the symptoms of psychological distress. Bringing together ideas from psychiatry and

psychotherapy, this is the go-to text for trainees, experienced psychiatrists, and other mental health professionals interested in the psychological and psychodynamic aspects of psychiatry. An essential resource for preparation for the MRCPsych examinations.

Strange Case of the Mad

Professor - Peter Kobel

2013-07-02

It was one of the biggest scandals in New York University history. Professor John Buettner-Janusch, chair of the Anthropology Department, was convicted of manufacturing LSD and Quaaludes in his campus laboratory. He claimed the drugs were for an animal behavior experiment, but the jury found otherwise. B-J, as he was known, served two years in prison before being paroled, emerging to find his life and career in shambles. Four years later, he sought revenge by trying to kill the sentencing judge and others with poisoned

Valentine's Day chocolates. After pleading guilty to attempted murder, he was sentenced to twenty years in prison, where he died in mysterious circumstances. But before he was infamous at NYU, B-J, a scientific luminary, had also taught at Yale and Duke. One of the world's foremost authorities on lemurs, our distant primate relatives on the remote island of Madagascar, he brought international attention to these endearing and endangered creatures. He cofounded the Duke Lemur Center in North Carolina and inspired a whole generation of scientists to study them and conservationists to save them and their habitat. His trials captured national headlines, but the mad scientist's full story has never been told—until now. *DMT: The Spirit Molecule* - Rick Strassman 2000-12-01 A clinical psychiatrist explores the effects of DMT, one of the most powerful

psychedelics known. • A behind-the-scenes look at the cutting edge of psychedelic research. • Provides a unique scientific explanation for the phenomenon of alien abduction experiences. From 1990 to 1995 Dr. Rick Strassman conducted U.S. Government-approved and funded clinical research at the University of New Mexico in which he injected sixty volunteers with DMT, one of the most powerful psychedelics known. His detailed account of those sessions is an extraordinarily riveting inquiry into the nature of the human mind and the therapeutic potential of psychedelics. DMT, a plant-derived chemical found in the psychedelic Amazon brew, ayahuasca, is also manufactured by the human brain. In Strassman's volunteers, it consistently produced near-death and mystical experiences. Many reported convincing encounters with intelligent

nonhuman presences, aliens, angels, and spirits. Nearly all felt that the sessions were among the most profound experiences of their lives. Strassman's research connects DMT with the pineal gland, considered by Hindus to be the site of the seventh chakra and by Rene Descartes to be the seat of the soul. DMT: The Spirit Molecule makes the bold case that DMT, naturally released by the pineal gland, facilitates the soul's movement in and out of the body and is an integral part of the birth and death experiences, as well as the highest states of meditation and even sexual transcendence. Strassman also believes that "alien abduction experiences" are brought on by accidental releases of DMT. If used wisely, DMT could trigger a period of remarkable progress in the scientific exploration of the most mystical regions of the human mind and soul.

The Act of Living - Frank Tallis 2020-07-07

Life and its meaning is a mystery almost impossible to solve, but what can the leading theories teach us about the search for purpose? For most of us, the major questions of life continue to perplex: Who am I? Why am I here? How should I live? In the late nineteenth century, a class of thinkers emerged who made solving these problems central to their work. They understood that human questions demand human answers and that without understanding what it means to be human, there are no answers. Through the biographies and theories of luminaries ranging from Sigmund Freud to Erich Fromm, Frank Tallis show us how to think about companionship and parenting, identity and aging, and much more. Accessible yet erudite, *The Act of Living* is essential reading for anyone seeking answers to life's biggest

questions.

LSD and the Mind of the Universe - Christopher M. Bache 2019-11-26

A professor of religious studies meticulously documents his insights from 73 high-dose LSD sessions conducted over the course of 20 years • *Chronicles*, with unprecedented rigor, the author's systematic journey into a unified field of consciousness that underlies all physical existence • Makes a powerful case for the value of psychedelically induced spiritual experience and discusses the challenge of integrating these experiences into everyday life • Shows how psychedelic experience can take you beyond self-transformation into collective transformation and help birth the future of humanity On November 24, 1979, Christopher M. Bache took the first step on what would become a life-changing journey. Drawing from his training as a

philosopher of religion, Bache set out to explore his mind and the mind of the universe as deeply and systematically as possible--with the help of the psychedelic drug LSD. Following protocols established by Stanislav Grof, Bache's 73 high-dose LSD sessions over the course of 20 years drew him into a deepening communion with cosmic consciousness. Journey alongside professor Bache as he touches the living intelligence of our universe--an intelligence that both embraced and crushed him--and demonstrates how direct experience of the divine can change your perspective on core issues in philosophy and religion. Chronicling his 73 sessions, the author reveals the spiral of death and rebirth that took him through the collective unconscious into the creative intelligence of the universe. Making a powerful case for the value of psychedelically induced

spiritual experience, Bache shares his immersion in the fierce love and creative intent of the unified field of consciousness that underlies all physical existence. He describes the incalculable value of embracing the pain and suffering he encountered in his sessions and the challenges he faced integrating his experiences into his everyday life. His journey documents a shift from individual consciousness to collective consciousness, from archetypal reality to Divine Oneness and the Diamond Luminosity that lies outside cyclic existence. Pushing the boundaries of theory and practice, the author shows how psychedelic experience can take you beyond self-transformation into collective transformation, beyond the present into the future, revealing spirit and matter in perfect balance.

Operation Julie - Lyn Ebenezer 2010-08-20

The history of one of the world's biggest drug networks that was active in mid-Wales in the mid-1970s. In a rural laboratory near Tregaron pure LSD valued at millions of pounds was produced and seized; this led to an interesting and notorious criminal case.

Handbook of Medical Hallucinogens - Charles S. Grob 2023-01-13

This handbook reviews promising applications of psychedelics in treatment of such challenging psychiatric problems as posttraumatic stress disorder, major depression, substance use disorders, and end-of-life anxiety. Experts from multiple disciplines synthesize current knowledge on psilocybin, MDMA, ketamine, and other medical hallucinogens. The volume comprehensively examines these substances' neurobiological mechanisms, clinical effects, therapeutic potential, risks, and anthropological and

historical contexts.

Coverage ranges from basic science to practical clinical considerations, including patient screening and selection, dosages and routes of administration, how psychedelic-assisted sessions are structured and conducted, and management of adverse reactions.

Lsd - Multidisciplinary Association for Psychedelic Studies (MAPS) 2006

The Trials of Psychedelic Therapy - Matthew Oram 2018-10-01

The rise—and fall—of research into the therapeutic potential of LSD. After LSD arrived in the United States in 1949, the drug's therapeutic promise quickly captured the interests of psychiatrists. In the decade that followed, modern psychopharmacology was born and research into the drug's perceptual and psychological effects boomed. By the early 1960s,

psychiatrists focused on a particularly promising treatment known as psychedelic therapy: a single, carefully guided, high-dose LSD session coupled with brief but intensive psychotherapy. Researchers reported an astounding 50 percent success rate in treating chronic alcoholism, as well as substantial improvement in patients suffering from a range of other disorders. Yet despite this success, LSD officially remained an experimental drug only. Research into its effects, psychological and otherwise, dwindled before coming to a close in the 1970s. In *The Trials of Psychedelic Therapy*, Matthew Oram traces the early promise and eventual demise of LSD psychotherapy in the United States. While the common perception is that LSD's prohibition terminated legitimate research, Oram draws on files from the

Administration and the personal papers of LSD researchers to reveal that the most significant issue was not the drug's illegality, but the persistent question of its efficacy. The landmark Kefauver-Harris Drug Amendments of 1962 installed strict standards for efficacy evaluation, which LSD researchers struggled to meet due to the unorthodox nature of their treatment. Exploring the complex interactions between clinical science, regulation, and therapeutics in American medicine, *The Trials of Psychedelic Therapy* explains how an age of empirical research and limited government oversight gave way to sophisticated controlled clinical trials and complex federal regulations. Analyzing the debates around how to understand and evaluate treatment efficacy, this book will appeal to anyone with an interest in LSD and psychedelics, as well as

mental health professionals, regulators, and scholars of the history of psychiatry, psychotherapy, drug regulation, and pharmaceutical research and development.

The Secret Chief Revealed - Myron J. Stolaroff

2020-03-18

Facsimile of 2004 Edition.

This Book is dedicated to the memory of Leo Zeff, with the fervent hope that the revelation of his work will help bring understanding and sanity to a confused world. The Secret Chief Revealed reveals for the first time the identity of pioneering psychedelic therapist Leo Zeff, which was kept secret in the original The Secret Chief. The book contains the same text as the original with 32 pages of added material including epilogues written by Leo's children and patients, and a new introduction by Myron Stolaroff. It comprises Conversations with Zeff, pioneer in the underground

psychedelic therapy movement. Reviews:

"Though my father enjoyed the occasional recognition that came his way in later years, no accolade or honor ever meant as much to him as a single human being telling him how much his knowledge, wisdom, and willingness to do this work has changed his or her life. He surely left the world - and me - richer for having known him." -- Sarah Zeff

"In the illegality of his time it was unthinkable to publish the excellent results of his therapy. It is therefore praiseworthy that today, years after his death, a friend has undertaken the task of publishing the details of the therapeutic methodology of this intrepid Ph.D. psychologist." -- Albert Hofmann, Ph.D., inventor of LSD "Jacob (Leo) painfully weighed the pros and cons and made the decision to challenge the law, continue his work with psychedelics, and assume personal responsibility for

his activity. He has already passed the judgment of his "family," the friends and clients whose lives he has profoundly changed. They remember him with great love and gratitude. It remains to be seen how he will be judged by history..."

-- Stanislav Grof, M.D.,

author of LSD

Psychotherapy.

Phantastica - Louis Lewin
1998-05

Translated from the second German edition by P.H.A. Wirth.

The Drugs We Love -

Jerrold Winter PhD

2019-10-28

Prescription, illicit, and recreational drugs touch all of our lives yet a basic understanding of these chemicals is largely absent among Americans. Jerrold Winter offers a comprehensive account of psychoactive drugs, chemicals which influence our brains in myriad ways. Manifestations of their influence on the brain are quite varied. There may be

the comfort provided by opioids to those who are dying or in pain or, in everyday life, the surge of contentment for the users of caffeine, nicotine, heroin, alcohol, or marijuana upon the taking of their drug of choice. Turning to the more exotic, a drug such as LSD may alter the way the world looks to us; it may even inspire thoughts of God. Adding to the purely scientific questions which confront us are the ways in which our society chooses to respond to the presence of psychoactive drugs. Should they be banned and their users sent to prison, tolerated as a reflection of man's eternal search for an escape from anxiety, pain, and the monotony of daily life, or celebrated as therapeutically useful agents? Our Love Affair with Drugs is written for experts and novices alike. There are stories of, for example, how Timothy Leary caused the repeal of the Marijuana Tax Act of

1937. Readers will learn of the transformation by Sir Charles Locock of a drug intended to dampen female sexual activity into the first effective drug for the treatment of the ancient disease of epilepsy.

Alexander Shulgin's love of psychoactive drugs and his unconventional research practices illuminate the story of methylenedioxymethamphetamine, a.k.a. Ecstasy, a drug now likely to find value in treating veterans and others suffering post-traumatic distress disorder. Winter links the excitement of drug discovery with the very practical matter of balancing the benefits and risks of these drugs.

A Really Good Day - Ayelet Waldman 2017-01-10

The true story of how a renowned writer's struggle with mood storms led her to try a remedy as drastic as it is forbidden: microdoses of LSD. Her revealing, fascinating journey provides a window into one family

and the complex world of a once-infamous drug seen through new eyes. When a small vial arrives in her mailbox from "Lewis Carroll," Ayelet Waldman is at a low point. Her moods have become intolerably severe; she has tried nearly every medication possible; her husband and children are suffering with her. So she opens the vial, places two drops on her tongue, and joins the ranks of an underground but increasingly vocal group of scientists and civilians successfully using therapeutic microdoses of LSD. As Waldman charts her experience over the course of a month--bursts of productivity, sleepless nights, a newfound sense of equanimity--she also explores the history and mythology of LSD, the cutting-edge research into the drug, and the byzantine policies that control it. Drawing on her experience as a federal public defender, and as the mother of

teenagers, and her research into the therapeutic value of psychedelics, Waldman has produced a book that is eye-opening, often hilarious, and utterly enthralling.

How to Change Your Mind - Michael Pollan

2019-05-14

Now on Netflix as a 4-part documentary series! "Pollan keeps you turning the pages . . . cleareyed and assured."

—New York Times A #1

New York Times Bestseller, New York Times Book Review 10 Best Books of 2018, and New York Times Notable Book A brilliant and brave investigation into the medical and scientific revolution taking place around psychedelic drugs-- and the spellbinding story of his own life-changing psychedelic experiences
When Michael Pollan set out to research how LSD and psilocybin (the active ingredient in magic mushrooms) are being used to provide relief to people suffering from difficult-to-treat conditions such as

depression, addiction and anxiety, he did not intend to write what is undoubtedly his most personal book. But upon discovering how these remarkable substances are improving the lives not only of the mentally ill but also of healthy people coming to grips with the challenges of everyday life, he decided to explore the landscape of the mind in the first person as well as the third. Thus began a singular adventure into various altered states of consciousness, along with a dive deep into both the latest brain science and the thriving underground community of psychedelic therapists. Pollan sifts the historical record to separate the truth about these mysterious drugs from the myths that have surrounded them since the 1960s, when a handful of psychedelic evangelists inadvertently catalyzed a powerful backlash against what was then a promising field of research. A unique and elegant blend of science,

memoir, travel writing, history, and medicine, *How to Change Your Mind* is a triumph of participatory journalism. By turns dazzling and edifying, it is the gripping account of a journey to an exciting and unexpected new frontier in our understanding of the mind, the self, and our place in the world. The true subject of Pollan's "mental travelogue" is not just psychedelic drugs but also the eternal puzzle of human consciousness and how, in a world that offers us both suffering and joy, we can do our best to be fully present and find meaning in our lives.

Psychology of the Future

- Stanislav Grof 2019-03-28
Summarizes Grof's experiences and observations from more than forty years of research into non-ordinary states of consciousness. Summarizes Grof's experiences and observations from more than forty years of research into non-ordinary states of

consciousness. This accessible and comprehensive overview of the work of Stanislav Grof, one of the founders of transpersonal psychology, was specifically written to acquaint newcomers with his work. Serving as a summation of his career and previous works, this entirely new book is the source to introduce Grof's enormous contributions to the fields of psychiatry and psychology, especially his central concept of holotropic experience, where holotropic signifies "moving toward wholeness." Grof maintains that the current basic assumptions and concepts of psychology and psychiatry require a radical revision based on the intensive and systematic research of holotropic experience. He suggests that a radical inner transformation of humanity and a rise to a higher level of consciousness might be humankind's only real hope for the future. "It's rare to

find a textbook that is both extremely informative and enjoyable to read.

Psychology of the Future has to be one of the first ones I've ever come across ... Each chapter brought an entirely new concept, theory, or method that was just as engaging as the previous one." — Dr. Tami Brady, TCM Reviews "This book is by a pioneering genius in consciousness research. It presents the full spectrum of Grof's ideas, from his earliest mappings of using LSD psychotherapy, to his clinical work with people facing death, to his more recent work with holotropic breathing, to his latest thoughts about the cosmological implications of consciousness research and the prospects for dealing with an emerging planetary crisis. Grof has always been one of the most original thinkers in the transpersonal field, and his creativity has kept pace with the maturity of his

overall vision." -- Michael Washburn, author of Transpersonal Psychology in Psychoanalytic Perspective "Grof offers an outstanding contribution to the ever-growing debate about the nature of human consciousness and about the place of humankind in the cosmos. If more psychiatrists could be persuaded that human consciousness transcends the limitations of the physical brain, and instead is but an aspect of what may best be described as 'cosmic consciousness,' we could not only expect treatment modalities to change, but we could also anticipate the possibility of culture-wide rethinking of the basic presuppositions of modern cosmology, the cosmology that grounds Western institutions, ideologies, and beliefs about the nature of personhood." -- Michael E. Zimmerman, author of Contesting Earth's Future: Radical Ecology and Postmodernity Stanislav

Grof, MD, is a psychiatrist with more than fifty years of experience in research of non-ordinary states of consciousness. He has been Principal Investigator in a psychedelic research program at the Psychiatric Research Institute in Prague, Czechoslovakia; Chief of Psychiatric Research at the Maryland Psychiatric Research Center; Assistant Professor of Psychiatry at the Johns Hopkins University; and Scholar-in-Residence at the Esalen Institute. He is currently Professor of Psychology at the California Institute of Integral Studies, conducts professional training programs in holotropic breathwork, and gives lectures and seminars worldwide. He is one of the founders and chief theoreticians of transpersonal psychology and the founding president of the International Transpersonal Association (ITA). In 2007, he was granted the prestigious

Vision 97 award from the Vaclav and Dagmar Havel Foundation in Prague. He is the author and editor of many books, including *The Adventure of Self-Discovery: Dimensions of Consciousness and New Perspectives in Psychotherapy and Inner Exploration*; *Ancient Wisdom and Modern Science*; *Beyond the Brain: Bi*

LSD Psychotherapy -
Stanislav Grof 1994

Mystic Chemist - Dieter A. Hagenbach 2013

The story of Albert Hofmann's life and the parallel story of LSD highlighting his academic journey, his research at Sandoz and his open minded, thoughtful philosophies about his discovery.

The Alchemy of Action -
Doug Robinson 2014-06-10
Descriptive inquiry into the neurochemistry of extreme sports.

What the Dormouse Said

- John Markoff 2005-04-21
Most histories of the personal computer industry focus on technology or business. John Markoff's landmark book is about the culture and consciousness behind the first PCs—the culture being counter- and the consciousness expanded, sometimes chemically. It's a brilliant evocation of Stanford, California, in the 1960s and '70s, where a group of visionaries set out to turn computers into a means for freeing minds and information. In these pages one encounters Ken Kesey and the phone hacker Cap'n Crunch, est and LSD, The Whole Earth Catalog and the Homebrew Computer Lab. What the Dormouse Said is a poignant, funny, and inspiring book by one of the smartest technology writers around.

From Chocolate to Morphine - Andrew Weil
2004-12-09
More than four million copies sold: the definitive

guide to drugs and drug use from "America's best known doctor" (The New York Times). Cowritten by one of America's most respected doctors, *From Chocolate to Morphine* is the authoritative resource covering a wide range of available substances, from coffee to marijuana, antihistamines to psychedelics, steroids to smart drugs, and beyond. Dr. Andrew T. Weil provides the best and most unbiased information available, frankly discussing each drug's likely effects, precautions for use, and suggested alternatives. Expanded and updated to include such drugs as Oxycontin, Ecstasy, Prozac, and Ephedra, this edition also addresses numerous issues from the growing methamphetamine and opioid epidemics to the push to legalize medical marijuana, and the overuse of drugs for children diagnosed with ADHD. Offering facts rather than

advocacy, Weil's trusted bestseller has become "a classic guide to psychotropic drugs" (U.S. News and World Report). *Acid Test* - Tom Shroder 2015-08-11

"A book that should start a long-overdue national conversation." —Dave Barry With the F.D.A. agreeing to new trials to test MDMA (better known as Ecstasy) as a treatment for PTSD—which, if approved, could be available as a drug by 2021—*Acid Test* is leading the charge in an evolving conversation about psychedelic drugs. Despite their current illegality, many Americans are already familiar with their effects. Yet while LSD and MDMA have proven extraordinarily effective in treating anxiety disorders such as PTSD, they still remain off-limits to the millions who might benefit from them. Through the stories of three very different men, award-winning journalist Tom Shroder covers the drugs'

roller-coaster history from their initial reception in the 1950s to the negative stereotypes that persist today. At a moment when popular opinion is rethinking the potential benefits of some illegal drugs, and with new research coming out every day, *Acid Test* is a fascinating and informative must-read.

Drugged - Richard J. Miller 2014

Miller takes readers on an eye-opening tour of psychotropic drugs, describing the various kinds, how they were discovered and developed, and how they have played multiple roles in virtually every culture.

The Psychedelic

Renaissance - Ben Sessa 2019-11-30

"Examines the mind-manifesting properties of psychedelic drugs and assesses the scientific evidence supporting their potential clinical and therapeutic use. Ben Sessa

takes the reader on a journey through the fascinating history of psychedelic plants and chemicals, examining their role in human culture from prehistory to modern times. Based on a thorough review of scientific evidence, he makes a clarion call for a reevaluation of their clinical potential with appropriate setting in scientific research, psychiatry, psychotherapy, and personal growth. First published in 2012, This second edition of Psychedelic Renaissance has been extensively revised and expanded to incorporate the extraordinary developments in research into psychedelics over the intervening years"--Provided by publisher

LSD and the Divine

Scientist - Albert Hofmann
2013-05-06

The acclaimed discoverer of LSD's personal experiences and thoughts on chemistry, the natural sciences, mind-

altering drugs, the soul, and the search for happiness • Shares a different side of the father of LSD, one known only to his friends and close colleagues • Explains Hofmann's different methods of pharmaceutical research based on traditional plant medicine • Includes the poetry of this mystical prophet of psychedelic science Best known as the first person to synthesize, ingest, and discover the psychedelic effects of LSD, Albert Hofmann was more than just a chemist. A pioneer in the field of visionary plant research, he was one of the first people to suggest the use of entheogens for psychological healing and spiritual growth. His insights into the consciousness-expanding effects of psychedelics as well as human nature, the psyche, and the nature of reality earned him a reputation as a mystical scientist and visionary

philosopher. This book-- Hofmann's last work before his death in 2008 at the age of 102--offers the acclaimed scientist's personal experiences and thoughts on chemistry, the natural sciences, mind-altering drugs, the soul, and the search for happiness and meaning in life. Hofmann explains different methods of pharmaceutical research based on traditional plant medicine and discusses

psilocybin, the active compound in psychedelic mushrooms that he discovered. He examines the psychological role of psychoactives, their therapeutic potential, and their use in easing the life-to-death transition. Sharing a different side of the father of LSD, one known only to his friends and close colleagues, this book also includes the poetry of this mystical prophet of psychedelic science.