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Slow Violence and the Environmentalism of the Poor - Rob Nixon 2011-06-01

“Slow violence” from climate change, toxic drift, deforestation, oil spills, and the environmental aftermath of war takes place gradually and often invisibly. Rob Nixon focuses on the inattention we have paid to the lethality of many environmental crises, in contrast with the sensational, spectacle-driven messaging that impels public activism today.

The Death of Expertise - Thomas M. Nichols 2017

A cult of anti-expertise sentiment has coincided with anti-intellectualism, resulting in massively viral yet poorly informed debates ranging from the anti-vaccination movement to attacks on GMOs. As Tom Nichols shows in *The Death of Expertise*, there are a number of reasons why this has occurred—ranging from easy access to Internet search engines to a customer satisfaction model within higher education.

Red Pedagogy - Sandy Grande 2015-09-28

This ground-breaking text explores the intersection between dominant modes of critical educational theory and the socio-political landscape of

American Indian education. Grande asserts that, with few exceptions, the matters of Indigenous people and Indian education have been either largely ignored or indiscriminately absorbed within critical theories of education. Furthermore, American Indian scholars and educators have largely resisted engagement with critical educational theory, tending to concentrate instead on the production of historical monographs, ethnographic studies, tribally-centered curricula, and site-based research. Such a focus stems from the fact that most American Indian scholars feel compelled to address the socio-economic urgencies of their own communities, against which engagement in abstract theory appears to be a luxury of the academic elite. While the author acknowledges the dire need for practical-community based research, she maintains that the global encroachment on Indigenous lands, resources, cultures and communities points to the equally urgent need to develop transcendent theories of decolonization and to build broad-based coalitions.

About Face - Alan Cooper 2014-09-02
The essential interaction design guide, fully revised and updated for the mobile age
About Face: The Essentials of Interaction Design,

Fourth Edition is the latest update to the book that shaped and evolved the landscape of interaction design. This comprehensive guide takes the worldwide shift to smartphones and tablets into account. New information includes discussions on mobile apps, touch interfaces, screen size considerations, and more. The new full-color interior and unique layout better illustrate modern design concepts. The interaction design profession is blooming with the success of design-intensive companies, priming customers to expect "design" as a critical ingredient of marketplace success. Consumers have little tolerance for websites, apps, and devices that don't live up to their expectations, and the responding shift in business philosophy has become widespread. About Face is the book that brought interaction design out of the research labs and into the everyday lexicon, and the updated Fourth Edition continues to lead the way with ideas and methods relevant to today's design practitioners and developers. Updated information includes: Contemporary interface, interaction, and product design methods Design for mobile platforms and consumer electronics State-of-the-art interface recommendations and up-to-date examples Updated Goal-Directed Design methodology Designers and developers looking to remain relevant through the current shift in consumer technology habits will find About Face to be a comprehensive, essential resource.

Good and Cheap - Leanne Brown
2015-07-14

A perfect and irresistible idea: A cookbook filled with delicious, healthful recipes created for everyone on a tight budget. While studying food policy as a master's candidate at NYU, Leanne Brown asked a simple yet critical question: How

well can a person eat on the \$4 a day given by SNAP, the U.S. government's Supplemental Nutrition Assistance Program informally known as food stamps? The answer is surprisingly well: Broiled Tilapia with Lime, Spicy Pulled Pork, Green Chile and Cheddar Quesadillas, Vegetable Jambalaya, Beet and Chickpea Salad—even desserts like Coconut Chocolate Cookies and Peach Coffee Cake. In addition to creating nutritious recipes that maximize every ingredient and use economical cooking methods, Ms. Brown gives tips on shopping; on creating pantry basics; on mastering certain staples—pizza dough, flour tortillas—and saucy extras that make everything taste better, like spice oil and tzatziki; and how to make fundamentally smart, healthful food choices. The idea for Good and Cheap is already proving itself. The author launched a Kickstarter campaign to self-publish and fund the buy one/give one model. Hundreds of thousands of viewers watched her video and donated \$145,000, and national media are paying attention. Even high-profile chefs and food writers have taken note—like Mark Bittman, who retweeted the link to the campaign; Francis Lam, who called it "Terrific!"; and Michael Pollan, who cited it as a "cool kickstarter." In the same way that TOMS turned inexpensive, stylish shoes into a larger do-good movement, Good and Cheap is poised to become a cookbook that every food lover with a conscience will embrace.

The American Dream - Jim Cullen 2004
The first "narrative history" traces the thread that binds the dreams and aspirations of most Americans together, exploring shared history and sacred texts--the Constitution and the Declaration of Independence-- in search of the origins of these ideas.

The End of Education - Neil Postman
2011-06-01

In this comprehensive response to the education crisis, the author of *Teaching as a Subversive Activity* returns to the subject that established his reputation as one of our most insightful social critics. Postman presents useful models with which schools can restore a sense of purpose, tolerance, and a respect for learning.

An Anthropologist on Mars - Oliver Sacks 2012-11-14

To these seven narratives of neurological disorder Dr. Sacks brings the same humanity, poetic observation, and infectious sense of wonder that are apparent in his bestsellers *Awakenings* and *The Man Who Mistook His Wife for a Hat*. These men, women, and one extraordinary child emerge as brilliantly adaptive personalities, whose conditions have not so much debilitated them as ushered them into another reality.

Human Communication - Sherwyn P. Morreale 2007

HUMAN COMMUNICATION: MOTIVATION, KNOWLEDGE AND SKILLS, Second Edition, features the collaborative work of recognized experts in the fields of communication and offers a unified approach to the basic processes of human communication backed by skill assessment. Beginning with the premise that all forms of communication have the potential to be viewed as competent depending on the context or situation, the text helps readers develop a framework for choosing among communication messages that will allow them to act competently. The theoretically based and skills-oriented framework emphasizes the basic themes of motivation, knowledge and skills across interpersonal communication, electronically mediated communication, small group communication, public speaking, and-

new to the Second Edition-mass communication to help students become competent communicators in their own lives.

The Making of the English Working Class - E. P. Thompson 2016-03-15

A history of the common people and the Industrial Revolution: "A true masterpiece" and one of the Modern Library's 100 Best Nonfiction Books of the twentieth century (Tribune). During the formative years of the Industrial Revolution, English workers and artisans claimed a place in society that would shape the following centuries. But the capitalist elite did not form the working class—the workers shaped their own creations, developing a shared identity in the process. Despite their lack of power and the indignity forced upon them by the upper classes, the working class emerged as England's greatest cultural and political force. Crucial to contemporary trends in all aspects of society, at the turn of the nineteenth century, these workers united into the class that we recognize all across the Western world today. E. P. Thompson's magnum opus, *The Making of the English Working Class* defined early twentieth-century English social and economic history, leading many to consider him Britain's greatest postwar historian. Its publication in 1963 was highly controversial in academia, but the work has become a seminal text on the history of the working class. It remains incredibly relevant to the social and economic issues of current times, with the Guardian saying upon the book's fiftieth anniversary that it "continues to delight and inspire new readers."

The Gender Knot - Johnson 2007-09

Psychoanalytic Diagnosis, Second Edition - Nancy McWilliams 2020-02-06

This acclaimed clinical guide and widely adopted text has filled a key need in the field since its original publication. Nancy McWilliams makes psychoanalytic personality theory and its implications for practice accessible to practitioners of all levels of experience. She explains major character types and demonstrates specific ways that understanding the patient's individual personality structure can influence the therapist's focus and style of intervention. Guidelines are provided for developing a systematic yet flexible diagnostic formulation and using it to inform treatment. Highly readable, the book features a wealth of illustrative clinical examples. New to This Edition

- *Reflects the ongoing development of the author's approach over nearly two decades.
- *Incorporates important advances in attachment theory, neuroscience, and the study of trauma.
- *Coverage of the contemporary relational movement in psychoanalysis.

Winner--Canadian Psychological Association's Goethe Award for Psychoanalytic and Psychodynamic Scholarship

The Everything Store - Brad Stone
2013-10-15

The authoritative account of the rise of Amazon and its intensely driven founder, Jeff Bezos, praised by the Seattle Times as "the definitive account of how a tech icon came to life." Amazon.com started off delivering books through the mail. But its visionary founder, Jeff Bezos, wasn't content with being a bookseller. He wanted Amazon to become the everything store, offering limitless selection and seductive convenience at disruptively low prices. To do so, he developed a corporate culture of relentless ambition and secrecy that's never been cracked. Until now. Brad Stone enjoyed unprecedented access to

current and former Amazon employees and Bezos family members, giving readers the first in-depth, fly-on-the-wall account of life at Amazon. Compared to tech's other elite innovators -- Jobs, Gates, Zuckerberg -- Bezos is a private man. But he stands out for his restless pursuit of new markets, leading Amazon into risky new ventures like the Kindle and cloud computing, and transforming retail in the same way Henry Ford revolutionized manufacturing. The Everything Store is the revealing, definitive biography of the company that placed one of the first and largest bets on the Internet and forever changed the way we shop and read.

Made to Break - Giles Slade
2009-06-30

Made to Break is a history of twentieth-century technology as seen through the prism of obsolescence. Giles Slade explains how disposability was a necessary condition for America's rejection of tradition and our acceptance of change and impermanence. This book gives us a detailed and harrowing picture of how, by choosing to support ever-shorter product lives, we may well be shortening the future of our way of life as well.

Stir It Up - Rinku Sen 2003-08-16

Stir It Up--written by renowned activist and trainer Rinku Sen-- identifies the key priorities and strategies that can help advance the mission of any social change group. This groundbreaking book addresses the unique challenges and opportunities the new global economy poses for activist groups and provides concrete guidance for community organizations of all orientations. Sponsored by the Ms. Foundation, Stir It Up draws on lessons learned from Sen's groundbreaking work with women's groups organizing for economic justice. Throughout the book, Sen

walks readers through the steps of building and mobilizing a constituency and implementing key strategies that can effect social change. The book is filled with illustrative case studies that highlight best organizing practices in action and each chapter contains tools that can help groups tailor Sen's model for their own organizational needs. *Stir It Up* will show your organization how to: Design and conduct actions that further campaign goals Develop effective leaders Build strong alliances and networks Generate and use solid research Design an effective media strategy Put in place a plan for internal political education and consciousness-raising With the information, tools, and suggestions outlined in this book your organization can use your "good idea" to change the world.

Feminism without Borders - Chandra Talpade Mohanty 2003-02-07

Bringing together classic and new writings of the trailblazing feminist theorist Chandra Talpade Mohanty, *Feminism without Borders* addresses some of the most pressing and complex issues facing contemporary feminism. Forging vital links between daily life and collective action and between theory and pedagogy, Mohanty has been at the vanguard of Third World and international feminist thought and activism for nearly two decades. This collection highlights the concerns running throughout her pioneering work: the politics of difference and solidarity, decolonizing and democratizing feminist practice, the crossing of borders, and the relation of feminist knowledge and scholarship to organizing and social movements. Mohanty offers here a sustained critique of globalization and urges a reorientation of transnational feminist practice toward

anticapitalist struggles. *Feminism without Borders* opens with Mohanty's influential critique of western feminism ("Under Western Eyes") and closes with a reconsideration of that piece based on her latest thinking regarding the ways that gender matters in the racial, class, and national formations of globalization. In between these essays, Mohanty meditates on the lives of women workers at different ends of the global assembly line (in India, the United Kingdom, and the United States); feminist writing on experience, identity, and community; dominant conceptions of multiculturalism and citizenship; and the corporatization of the North American academy. She considers the evolution of interdisciplinary programs like Women's Studies and Race and Ethnic Studies; pedagogies of accommodation and dissent; and transnational women's movements for grassroots ecological solutions and consumer, health, and reproductive rights. Mohanty's probing and provocative analyses of key concepts in feminist thought—"home," "sisterhood," "experience," "community"—lead the way toward a feminism without borders, a feminism fully engaged with the realities of a transnational world.

Reading Law - Antonin Scalia 2012

In this groundbreaking book, Scalia and Garner systematically explain all the most important principles of constitutional, statutory, and contractual interpretation in an engaging and informative style with hundreds of illustrations from actual cases. Is a burrito a sandwich? Is a corporation entitled to personal privacy? If you trade a gun for drugs, are you using a gun in a drug transaction? The authors grapple with these and dozens of equally curious questions while explaining the most principled, lucid, and reliable

techniques for deriving meaning from authoritative texts. Meanwhile, the book takes up some of the most controversial issues in modern jurisprudence. What, exactly, is textualism? Why is strict construction a bad thing? What is the true doctrine of originalism? And which is more important: the spirit of the law, or the letter? The authors write with a well-argued point of view that is definitive yet nuanced, straightforward yet sophisticated.

Black Looks - bell hooks 2014-10-10
In the critical essays collected in *Black Looks*, bell hooks interrogates old narratives and argues for alternative ways to look at blackness, black subjectivity, and whiteness. Her focus is on spectatorship—in particular, the way blackness and black people are experienced in literature, music, television, and especially film—and her aim is to create a radical intervention into the way we talk about race and representation. As she describes: "the essays in *Black Looks* are meant to challenge and unsettle, to disrupt and subvert." As students, scholars, activists, intellectuals, and any other readers who have engaged with the book since its original release in 1992 can attest, that's exactly what these pieces do.
The Ecology of Human Development - Urie BRONFENBRENNER 2009-06-30

Animal Liberation - Peter Singer 2015-10-01

How should we treat non-human animals? In this immensely powerful and influential book (now with a new introduction by *Sapiens* author Yuval Noah Harari), the renowned moral philosopher Peter Singer addresses this simple question with trenchant, dispassionate reasoning. Accompanied by the disturbing evidence of factory farms and laboratories, his answers

triggered the birth of the animal rights movement. 'An extraordinary book which has had extraordinary effects... Widely known as the bible of the animal liberation movement' Independent on Sunday In the decades since this landmark classic first appeared, some public attitudes to animals may have changed but our continued abuse of animals in factory farms and as tools for research shows that the underlying ideas Singer exposes as ethically indefensible are still dominating the way we treat animals. As Yuval Harari's brilliantly argued introduction makes clear, this book is as relevant now as the day it was written.

Applied Predictive Modeling - Max Kuhn 2013-05-17

Applied Predictive Modeling covers the overall predictive modeling process, beginning with the crucial steps of data preprocessing, data splitting and foundations of model tuning. The text then provides intuitive explanations of numerous common and modern regression and classification techniques, always with an emphasis on illustrating and solving real data problems. The text illustrates all parts of the modeling process through many hands-on, real-life examples, and every chapter contains extensive R code for each step of the process. This multi-purpose text can be used as an introduction to predictive models and the overall modeling process, a practitioner's reference handbook, or as a text for advanced undergraduate or graduate level predictive modeling courses. To that end, each chapter contains problem sets to help solidify the covered concepts and uses data available in the book's R package. This text is intended for a broad audience as both an introduction to predictive models as well as a guide to applying them. Non-mathematical readers will

appreciate the intuitive explanations of the techniques while an emphasis on problem-solving with real data across a wide variety of applications will aid practitioners who wish to extend their expertise. Readers should have knowledge of basic statistical ideas, such as correlation and linear regression analysis. While the text is biased against complex equations, a mathematical background is needed for advanced topics.

Occupational Therapy and Stroke -

Judi Edmans 2011-06-09

Occupational Therapy and Stroke guides newly qualified occupational therapists (and those new to the field of stroke management) through the complexities of treating people following stroke. It encourages and assists therapists to use their skills in problem solving, building on techniques taught and observed as an undergraduate. Written and edited by practising occupational therapists, the book acknowledges the variety of techniques that may be used in stroke management and the scope of the occupational therapist's role. Chapters span such key topics as early intervention and the theoretical underpinnings of stroke care, as well as the management of motor, sensory, cognitive and perceptual deficits. They are written in a user-friendly style and presented in a form that enables the therapist to review the subject prior to assessment and treatment planning. Complex problems are grouped together for greater clarity. This second edition has been fully revised and updated in line with the WHO ICF model, National Clinical Guidelines and Occupational Therapy standards. It is produced on behalf of the College of Occupational Therapists Specialist Section - Neurological Practice.

Women and Human Development - Martha

C. Nussbaum 2000-03-13

In this major book Martha Nussbaum, one of the most innovative and influential philosophical voices of our time, proposes a kind of feminism that is genuinely international, argues for an ethical underpinning to all thought about development planning and public policy, and dramatically moves beyond the abstractions of economists and philosophers to embed thought about justice in the concrete reality of the struggles of poor women. Nussbaum argues that international political and economic thought must be sensitive to gender difference as a problem of justice, and that feminist thought must begin to focus on the problems of women in the third world. Taking as her point of departure the predicament of poor women in India, she shows how philosophy should undergird basic constitutional principles that should be respected and implemented by all governments, and used as a comparative measure of quality of life across nations.

Idols and Celebrity in Japanese Media Culture - P. W. Galbraith 2012-08-30

This is the most complete and compelling account of idols and celebrity in Japanese media culture to date. Engaging with the study of media, gender and celebrity, and sensitive to history and the contemporary scene, these interdisciplinary essays cover male and female idols, production and consumption, industrial structures and fan movements.

The Academic Book of the Future -

Rebecca E. Lyons 2015-11-13

This book is open access under a CC-BY licence. Part of the AHRC/British Library Academic Book of the Future Project, this book interrogates current and emerging contexts of academic books from the perspectives of thirteen expert voices from the connected communities of publishing,

academia, libraries, and bookselling.
Organizational Behavior - Fred Luthans 2011

Organisational Behavior by Fred Luthans was one of the first mainstream organisational behavior texts on the market and continues the tradition of being the most current and up-to-date researched text today. Well-known author Fred Luthans is the 5th most prolific Publisher in Academy of Management Journals and a senior research scientist with the Gallup Organization, who continues to do research in the organisational behavior area. The Twelfth Edition of Organisational Behavior is ideal for instructors who take a research-based and conceptual approach to their OB course.

The Shape of Inner Space - Shing-Tung Yau 2010-09-07

Argues that geometry is fundamental to string theory--which posits that we live in a 10-dimensional existence--as well as the very nature of the universe, and explains where mathematics will take string theory next.

Semantics - James R. Hurford 2007-04-19

This practical coursebook introduces all the basics of semantics in a simple, step-by-step fashion. Each unit includes short sections of explanation with examples, followed by stimulating practice exercises to complete in the book. Feedback and comment sections follow each exercise to enable students to monitor their progress. No previous background in semantics is assumed, as students begin by discovering the value and fascination of the subject and then move through all key topics in the field, including sense and reference, simple logic, word meaning and interpersonal meaning. New study guides and exercises have been added to the end of each unit to help reinforce and test learning. A

completely new unit on non-literal language and metaphor, plus updates throughout the text significantly expand the scope of the original edition to bring it up-to-date with modern teaching of semantics for introductory courses in linguistics as well as intermediate students.

A Taste of Power - Elaine Brown 2015-05-20

"A stunning picture of a black woman's coming of age in America. Put it on the shelf beside The Autobiography of Malcolm X." –Kirkus Reviews Elaine Brown assumed her role as the first and only female leader of the Black Panther Party with these words: "I have all the guns and all the money. I can withstand challenge from without and from within. Am I right, Comrade?" It was August 1974. From a small Oakland-based cell, the Panthers had grown to become a revolutionary national organization, mobilizing black communities and white supporters across the country—but relentlessly targeted by the police and the FBI, and increasingly riven by violence and strife within. How Brown came to a position of power over this paramilitary, male-dominated organization, and what she did with that power, is a riveting, unsparing account of self-discovery. Brown's story begins with growing up in an impoverished neighborhood in Philadelphia and attending a predominantly white school, where she first sensed what it meant to be black, female, and poor in America. She describes her political awakening during the bohemian years of her adolescence, and her time as a foot soldier for the Panthers, who seemed to hold the promise of redemption. And she tells of her ascent into the upper echelons of Panther leadership: her tumultuous relationship with the charismatic Huey Newton, who would become her lover and her nemesis; her

experience with the male power rituals that would sow the seeds of the party's demise; and the scars that she both suffered and inflicted in that era's paradigm-shifting clashes of sex and power. Stunning, lyrical, and acute, this is the indelible testimony of a black woman's battle to define herself. "A glowing achievement." –Los Angeles Times "Honest, funny, subjective, unsparing, and passionate. . . A Taste of Power weaves autobiography and political history into a story that fascinates and illuminates." –The Washington Post

Transitions Theory - Afaf I. Meleis, PhD, DrPS (hon), FAAN 2010-02-17
"It is very exciting to see all of these studies compiled in one book. It can be read sequentially or just for certain transitions. It also can be used as a template for compilation of other concepts central to nursing and can serve as a resource for further studies in transitions. It is an excellent addition to the nursing literature." Score: 95, 4 Stars. -- Doody's "Understanding and recognizing transitions are at the heart of health care reform and this current edition, with its numerous clinical examples and descriptions of nursing interventions, provides important lessons that can and should be incorporated into health policy. It is a brilliant book and an important contribution to nursing theory." Kathleen Dracup, RN, DNSc Dean and Professor, School of Nursing University of California San Francisco Afaf Meleis, the dean of the University of Pennsylvania School of Nursing, presents for the first time in a single volume her original "transitions theory" that integrates middle-range theory to assist nurses in facilitating positive transitions for patients, families, and communities. Nurses are consistently relied on to coach and support

patients going through major life transitions, such as illness, recovery, pregnancy, old age, and many more. A collection of over 50 articles published from 1975 through 2007 and five newly commissioned articles, *Transitions Theory* covers developmental, situational, health and illness, organizational, and therapeutic transitions. Each section includes an introduction written by Dr. Meleis in which she offers her historical and practical perspective on transitions. Many of the articles consider the transitional experiences of ethnically diverse patients, women, the elderly, and other minority populations. Key Topics Discussed: Situational transitions, including discharge and relocation transitions (hospital to home, stroke recovery) and immigration transitions (psychological adaptation and impact of migration on family health) Educational transitions, including professional transitions (from RN to BSN and student to professional) Health and illness transitions, including self-care post heart failure, living with chronic illness, living with early dementia, and accepting palliative care Organization transitions, including role transitions from acute care to collaborative practice, and hospital to community practice Nursing therapeutics models of transition, including role supplementation models and debriefing models

My Date Book - Mega Books Staff
1980-09

The Consultant's Quick Start Guide - Elaine Biech 2008-12-03

The Consultant's Quick Start Guide offers a practical approach to setting up a consulting business. Throughout the guide, Elaine Biech-- author of the best-selling *The Business of Consulting*--shares both her own secrets as well as those of

numerous other successful consultants. With a focus on the business side of consulting, Biech takes you through a painless, fill-in-the-blanks, step-by-step process for setting up your consulting firm. New sections include: Why A Consulting Career—Five Reasons Why You May Be a Good Investment How Much Will Clients Pay? Your first "To Do" List What to call your business Creating and writing Business Plans Office Location Options Setting up your office, including Furnishing Your Office and planning your Technical Needs Electronic Records, including Monthly Expense Records, Revenue Projections, and Invoicing Staying Organized, including a Session Planner Determining your market niche Creating your marketing plan Developing your website Reviewing your first year with your family Electronic resource list, available online Skills And Knowledge Required of Consultants

Human-Machine Reconfigurations - Lucy Suchman 2007

Publisher description

About Face 3 - Alan Cooper 2007

Aimed at software developers, this book proposes the creation of a new profession of software design. The examples in the text are updated to reflect new platforms along with additional case studies where appropriate.

How to Fail at Almost Everything and Still Win Big - Scott Adams
2013-10-22

Blasting clichéd career advice, the contrarian pundit and creator of Dilbert recounts the humorous ups and downs of his career, revealing the outsized role of luck in our lives and how best to play the system. Scott Adams has likely failed at more things than anyone you've ever met or anyone you've even heard of. So how did he go from hapless office worker and serial failure to the creator of

Dilbert, one of the world's most famous syndicated comic strips, in just a few years? In *How to Fail at Almost Everything and Still Win Big*, Adams shares the game plan he's followed since he was a teen: invite failure in, embrace it, then pick its pocket. No career guide can offer advice that works for everyone. As Adams explains, your best bet is to study the ways of others who made it big and try to glean some tricks and strategies that make sense for you. Adams pulls back the covers on his own unusual life and shares how he turned one failure after another—including his corporate career, his inventions, his investments, and his two restaurants—into something good and lasting. There's a lot to learn from his personal story, and a lot of entertainment along the way. Adams discovered some unlikely truths that helped to propel him forward. For instance: • Goals are for losers. Systems are for winners. • "Passion" is bull. What you need is personal energy. • A combination of mediocre skills can make you surprisingly valuable. • You can manage your odds in a way that makes you look lucky to others. Adams hopes you can laugh at his failures while discovering some unique and helpful ideas on your own path to personal victory. As he writes: "This is a story of one person's unlikely success within the context of scores of embarrassing failures. Was my eventual success primarily a result of talent, luck, hard work, or an accidental just-right balance of each? All I know for sure is that I pursued a conscious strategy of managing my opportunities in a way that would make it easier for luck to find me."

Foundations for Research - Kathleen B. deMarrais 2003-10-03

Designed for introductory research courses in the professional fields

and social sciences, this text acquaints students and beginning researchers with a broad view of research methodologies and an understanding of the assumptions that inform each of these approaches. More experienced researchers will also find the book useful in acquainting them with methodologies and theoretical frameworks that are new to them. The text is distinguished by its avoidance of using the discreet categories of qualitative and quantitative methods to organize the chapters. While some chapter authors rely more on one or the other, many employ multiple methodologies to investigate particular problems and questions. Further, the book is not organized into single, contradictory positivist-interpretivist categories of research; chapter authors often situate methodologies within a variety of, and sometimes multiple, theoretical positions, particularly as these approaches are shaped by the historical context of social science research. Focus points in Foundations for Research: Methods of Inquiry in Education and the Social Sciences: *research ethics. *intertwined relationship of theory and research design. *systematic examination of ways to design and implement high-quality, trustworthy research across varying research designs. *specific methods for implementing research within various frameworks. *pedagogical strategies.

The Environmentalism of the Poor -

Joan Martínez-Alier 2003-01-01

This is a wonderful book rich in empirical detail, full of theoretical insights, offering hope in a bleak world, altogether inspiring. . . a tremendous achievement of having helped to create the disciplines of ecological economics and political ecology, bringing them alive in this book, and making their insights available to the developing worldwide

movement for environmental justice. Pat Devine, Environmental Values Any book by the ecological economist Joan Martínez-Alier is a Big Publishing Event. . . this is a book by a writer who loves his subject, knows it well, respects its history, and is driven by the desire to do justice. These are qualities enough to send you to the bookshop or the library in search of The Environmentalism of the Poor. Andrew Dobson, Environment Politics The book is a worthy and in-depth contribution to debates about political ecology and ecological economics. It should be read by all environmental and ecological economists who wish to make their analysis more relevant. Tim Forsyth, Progress in Development Studies A marvellous combination of insight, research and activism. . . A must-read for policymakers, practitioners and academics alike, and for anyone concerned with sustainable development, environmentalism or poverty alleviation. Human Ecology Journal . . . one of the most important environmental books to have been published recently. Martínez-Alier integrates two of the most significant areas of environmental theory political ecology and ecological economics. Eurig Scandrett, Friends of the Earth Scotland The book has three main strengths: its bibliography, which is extensive; the global perspective on the environmental movement and the relationship with poverty; and the general theme of this interdisciplinary work, which is not so much to provide new information, but to consider the existing information in a new light. Martínez-Alier is to be commended for taking such a step in the literature . . . the writing style is extremely approachable . . . Recommended. B.J. Peterson, Choice [Joan] Martínez-Alier combines the honest discipline

of a scholar with the passionate energy of an activist. The result, *The Environmentalism of the Poor*, is highly recommended! Herman E. Daly, University of Maryland, College Park, US *The Environmentalism of the Poor* has the explicit intention of helping to establish two emerging fields of study political ecology and ecological economics whilst also investigating the relations between them. The book analyses several manifestations of the growing environmental justice movement , and also of popular environmentalism and the environmentalism of the poor , which will be seen in the coming decades as driving forces in the process to achieve an ecologically sustainable society. The author studies, in detail, many ecological distribution conflicts in history and at present, in urban and rural settings, showing how poor people often favour resource conservation. The environment is thus not so much a luxury of the rich as a necessity of the poor. It concludes with the fundamental questions: who has the right to impose a language of valuation and who has the power to simplify complexity? Joan Martinez-Alier combines the study of ecological conflicts and the study of environmental valuation in a totally original approach that will appeal to a wide cross-section of academics, ecologists and environmentalists.

10-Minute Toughness - Jason Selk
2008-10-05

"10-Minute Toughness is a solid mental training program. In fact I feel it is the best of its kind. . . . [It's] what the title says: ten minutes a day that connects your talents and abilities to the outcome you're seeking. As a retired NFL player looking forward, I can see as many applications for the toughness Jason Selk's program brought out of me in the business world as there

were on the football field." --Jeff Wilkins, Former NFL Pro Bowl Kicker "The mental side of the game is extremely important. 10-Minute Toughness helps the players develop the mental toughness needed for success; it really makes a difference." --Walt Jocketty, General Manager of the 2006 World Champion St. Louis Cardinals "Jason Selk has spent a tremendous amount of time and energy developing effective mental-training programs and coaches workshops. He is truly committed to helping individuals and teams to perform at their very best, when it really counts." --Peter Vidmar, Olympic Gold Medalist Mental training is a must for high performance both on the field and off. But simply hoping for mental toughness isn't going to build any mind muscles. You need a proven routine of daily exercises to get you where you want to go. 10-Minute Toughness is your personal coach for boosting brainpower and achieving a competitive edge in whatever game you play. With quickness and ease, you'll learn how to master your own mind and psych out your opponents using personalized techniques from one of America's most successful sport psychology consultants. Like no other program available, the 10-Minute Toughness (10-MT) routine gets you ready for the competition in just ten minutes a day.

Handbook of Vitamin C Research -
Hubert Kucharski 2009-01-01

The 6-carbon lactone known as ascorbic acid (vitamin C) is an important water-soluble vitamin. It is essential for preserving optimal health and it is used by the body for many purposes, including collagen biosynthesis, melanin reduction and enhanced immunity. This book addresses some important issues related to various methods which are employed to encapsulate asorbic acid.

A comparison of the characteristics of ascorbic acid nano and microparticles prepared by different methods is also given. Furthermore, the biomedical significance of human vitamin C metabolism is examined, in the light of polymorphisms in xenobiotic enzymes deduced from genetic, biochemical and epidemiological results to estimate optimal nutrition. Additionally, Vitamin C exerts a protective role against some types of cancer. For that reason, this book investigates the protective effect of vitamin C. Possible pro- and antioxidant effects of vitamin C is also presented and their extrapolation on human health is discussed. Other chapters in this book include a review of the role of vitamin C in the physiology of several diseases, good dietary sources of vitamin C, a study of the effects of environmental tobacco smoke (ETS) on vitamin C status in exposed populations and the role of

vitamin C in human reproduction and its effect on people who suffer from epileptic seizures.

Delta Of Venus - Anaïs Nin 2004-02-02
From influential feminist artist and essayist Anais Nin, Delta of Venus is one of the most important works of modern female erotica and "a joyous display of the erotic imagination" (The New York Times Book Review). Anais Nin pens a lush, magical world where the characters of her imagination possess the most universal of desires and exceptional of talents. Among these provocative stories, a Hungarian adventurer seduces wealthy women then vanishes with their money; a veiled woman selects strangers from a chic restaurant for private trysts; and a Parisian hatmaker named Mathilde leaves her husband for the opium dens of Peru. This is an extraordinarily rich and exotic collection from a master of erotic writing. "Inventive, sophisticated . . . highly elegant naughtiness."—Cosmopolitan