

Moonrise One Family Genetic Identity And Muscular Dystrophy

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Moonrise - Penny Wolfson 2014-04-22

Moonrise is Penny Wolfson's first-person account of her family, her son Ansel, and his progressive disability, caused by the genetic disease Duchenne muscular dystrophy. The journey begins when he is born and deemed a particularly beautiful and magical baby, continues with the alarming possibility, at the age of two, of "wrongness," takes us through the diagnosis of disease and prognosis of early death, and brings us to his adolescence, where his parents are never sure if the moon is rising or setting over his life. As she traces her son's development and the impact of his disability on her worldview, she embarks on a quest to understand scientific advances and their implications. (The gene was isolated at approximately the time Ansel was diagnosed.) She also explores special education, giftedness, prenatal testing, and the genetic links she shares with her mother, sisters, and son. Questions about the disease-causing mutation persist: What does knowledge of the self on a molecular level mean? Is genetic self-knowledge our goal now, much as knowledge of the psyche was in the last century? Moonrise is an essential contribution to the dialogue about genetics, as well as a deeply human story about a remarkable child and his family.

Each Wild Idea - Geoffrey Batchen 2002-02-22

Essays on photography and the medium's history and evolving identity. In *Each Wild Idea*, Geoffrey Batchen explores a wide range of photographic subjects, from the timing of the medium's invention to the various implications of cyberculture. Along the way, he reflects on contemporary art photography, the role of the vernacular in photography's history, and the Australianness of Australian photography. The essays all focus on a consideration of specific photographs—from a humble combination of baby photos and bronzed booties to a masterwork by Alfred Stieglitz. Although Batchen views each photograph within the context of broader social and political forces, he also engages its own distinctive formal attributes. In short, he sees photography as something that is simultaneously material and cultural. In an effort to evoke the lived experience of history, he frequently relies on sheer description as the mode of analysis, insisting that we look right at—rather than beyond—the photograph being discussed. A constant theme throughout the book is the question of photography's past, present, and future identity.

Bat Evolution, Ecology, and Conservation - Rick A. Adams 2013-09-05

Recent advances in the study of bats have changed the way we understand this illusive group of mammals. This volume consist of 25 chapters and 57 authors from around the globe all writing on the most recent finding on the evolution, ecology and conservation of bats. The chapters in this book are not intended to be exhaustive literature reviews, but instead extended manuscripts that bring new and fresh perspectives. Many chapters

consist of previously unpublished data and are repetitive of new insights and understanding in bat evolution, ecology and conservation. All chapters were peer-reviewed and revised by the authors. Many of the chapters are multi-authored to provide comprehensive and authoritative coverage of the topics.

Muscular Dystrophy - Clay Farris Naff 2011-12-01

There are 8 different known types of this disorder, and some Muscular Dystrophy can actually be discovered during pregnancy, according to HRF. This guidebook provides essential information on MD, but also serves as a historical survey, by providing information on the controversies surrounding its causes, and first-person narratives by people coping with MD. Patients, family members, or caregivers explain the condition from their own experience. The symptoms, causes, and treatments are explained in detail. Essential to anyone trying to learn about diseases and conditions, the alternative treatments are explored. Each essay is carefully edited and presented with an introduction, so that they are accessible for student researchers and readers.

Raising Henry - Rachel Adams 2013-09-24

Rachel Adams's life had always gone according to plan. She had an adoring husband, a beautiful two-year-old son, a sunny Manhattan apartment, and a position as a tenured professor at Columbia University. Everything changed with the birth of her second child, Henry. Just minutes after he was born, doctors told her that Henry had Down syndrome, and she knew that her life would never be the same. In this honest, self-critical, and surprisingly funny book, Adams chronicles the first three years of Henry's life and her own transformative experience of unexpectedly becoming the mother of a disabled child. A highly personal story of one family's encounter with disability, "Raising Henry" is also an insightful exploration of today's knotty terrain of social prejudice, disability policy, genetics, prenatal testing, medical training, and inclusive education. Adams untangles the contradictions of living in a society that is more enlightened and supportive of people with disabilities than ever before, yet is racing to perfect prenatal tests to prevent children like Henry from being born. Her book is gripping, beautifully written, and nearly impossible to put down. Once read, her family's story is impossible to forget.

Brief Reference of Student Disabilities - Lee Brattland Nielsen 2008-08-27

This updated edition provides information about common exceptionalities, ADHD and bipolar disorder, legal considerations, and discussions on postsecondary transition, NCLB, and the reauthorization of IDEA 2004.

Continuity and Change - Dan Bloom 2011-08-08

Continuity and Change: Gestalt Therapy Now describes what is quite possibly the most unique and significant gestalt therapy organization in the world. There are, of course, many other associations of gestalt therapists, but many of them are either much smaller or

qualitatively different because they attend to certifying and regulating their members. The Association for the Advancement of Gestalt Therapy (AAGT) does not certify nor regulate; its sole purpose is to advance the theory and practice of gestalt therapy through the associating of its members. This book both highlights the nature of contemporary gestalt therapy and makes known the existence and nature of the AAGT through the lens of its tenth biennial conference, which was held in Philadelphia, Pennsylvania, USA. In 2010 the AAGT returned to the United States for a venue in its biennial conference after having been in Amsterdam in the Netherlands; Vancouver, Canada; and Manchester, England. It's regional growth had been sustained, and its international scope had become expansive. The 2010 conference, with its theme of continuity and change, was a look at contemporary gestalt therapy, and it also featured a significant and growing dialogue with recognized leaders in other clinical perspectives. The 2010 conference featured many long-time, recognized colleagues from the field of gestalt therapy, including many aging colleagues who trained personally with the founders of gestalt therapy. The conference proceedings were rich and varied. This book includes papers based on pre-conference workshops, and conference presentations and panels. Chapter contributors emerge from the structure of the conference itself, and they include many of the most compelling thinkers and practitioners in the world of contemporary gestalt therapy.

The Journey from the Center to the Page - Jeff Davis
2008-04-01

Jeff Davis artfully illustrates how yoga philosophies and practices can be an invaluable ally to the writing life.

US Army Survival Manual: FM 21-76 - United States
Department of Defense 2016-04-27

This survival manual is organized as follows: Chapter 1. Introduction Survival Actions Pattern for Survival Chapter 2. Psychology of Survival A Look at Stress Natural Reactions Preparing Yourself Chapter 3. Survival Planning and Survival Kits Importance of Planning Survival Kits Chapter 4. Basic Survival Medicine Requirements for Maintenance of Health Medical Emergencies Lifesaving Steps Bone and Joint Injury Bites and Stings Wounds Environmental Injuries Herbal Medicines Chapter 5. Shelters Shelter Site Selection Types of Shelters Chapter 6. Water Procurement Water Sources Still Construction Water Purification Water Filtration Devices Chapter 7. Firecraft Basic Fire Principles Site Selection and Preparation Fire Material Selection How to Build a Fire How to Light a Fire Chapter 8. Food Procurement Animals for Food Traps and Snares Killing Devices Fishing Devices Preparation of Fish and Game for Cooking and Storage Chapter 9. Survival Use of Plants Edibility of Plants Plants for Medicine Miscellaneous Uses of Plants Chapter 10. Poisonous Plants How Plants Poison All About Plants Rules for Avoiding Poisonous Plants Contact Dermatitis Ingestion Poisoning Chapter 11. Dangerous Animals Insects and Arachnids Leeches Bats Poisonous Snakes Dangerous Lizards Dangers in Rivers Dangers in Bays and Estuaries Saltwater Dangers Chapter 12. Field-Expedient Weapons, Tools, and Equipment Clubs Edged Weapons Other Expedient Weapons Lashing and Cordage Rucksack Construction Clothing and Insulation Cooking and Eating Utensils Chapter 13. Desert Survival Terrain Environmental Factors Need for Water Heat Casualties Precautions Desert Hazards Chapter 14. Tropical Survival Tropical Weather Jungle Types Travel Through Jungle Areas Immediate Considerations Water Procurement Food Poisonous Plants Chapter 15. Cold Weather Survival Cold Regions and Locations Windchill Basic Principles of Cold Weather Survival Hygiene Medical Aspects Cold Injuries Shelters Fire Water Food Travel Weather Signs Chapter 16. Sea Survival The Open Sea Seashores Chapter 17.

Expedient Water Crossings Rivers and Streams Rapids Rafts Flotation Devices Other Water Obstacles Vegetation Obstacles Chapter 18. Field-Expedient Direction Finding Using the Sun and Shadows Using the Moon Using the Stars Making Improvised Compasses Other Means of Determining Direction Chapter 19. Signaling Techniques Application Means for Signaling Codes and Signals Aircraft Vectoring Procedures Chapter 20. Survival Movement in Hostile Areas Phases of Planning Execution Return to Friendly Control Chapter 21. Camouflage Personal Camouflage Methods of Stalking Chapter 22. Contact With People Contact With Local People The Survivor's Behavior Changes to Political Allegiance Chapter 23. Survival in Man-Made Hazards The Nuclear Environment Biological Environments Chemical Environments

The Naming - Alison Croggon 2017-06-13

"First published as *The Gift* by Penguin Books Australia, 2002"--Title page verso.

Magill's Medical Guide - Anne Chang 2008

Covers diseases, disorders, treatments, procedures, specialties, anatomy, biology, and issues in an A-Z format, with sidebars addressing recent developments in medicine and concise information boxes for all diseases and disorders.

Library Journal - 2005

The Thirties - Edmund Wilson 2019-11-12

From one of America's greatest literary critics comes Edmund Wilson's insightful and candid record of the 1930's, *The Thirties: From Notebooks and Diaries of the Period*. Here, continuing from Wilson's previous journal, *The Twenties*, the narrator moves from the youthful concerns of the Jazz Age to his more substantial middle years, exploring the decade's plunge from affluence and exploring the tenets of Communism. His personal life is also amply represented, from his marriage to Margaret Canby and her subsequent tragic death to various erotic episodes with unidentified women.

Talking with Patients About the Personal Impact of Illness - Leonore Buckley 2018-04-19

This book explores the psychosocial impact of serious illness - its effect on a person's identity and relationships - and the doctor's role in counseling patients. Even the most seasoned physician often feels inadequate when it comes to discussing the personal impact of disability and serious illness with patients. It takes time, attention, and skill. Most physicians who are good at this learn what to say from observations of physicians they respect and the conversations they share with patients over many years of practice. Like everything else in medicine, there is a continuous learning curve. This book offers a beginning. It includes first-hand experiences and reflections on serious illness by physicians and patients, concrete advice on how to initiate discussions of difficult psychosocial issues, topics for organizing discussion, suggested readings, and guides for patient interviews. Much is written about patient-centered care and the patient experience. What sets this book apart is, first, Lenore Buckley's ability to tell stories about her own medical experience. These teaching tales give young physicians a sense of the task that their profession requires of them, while keeping that task within human proportions. Second and complementing that is her excellent compilation of quotations and stories from the memoirs of patients and physicians, especially physicians as patients. 'I hope this empathic, useful collection of materials for teaching and reflection finds its way into medical school curricula, and I hope it is one of those books that physicians return to during years of practice, especially when they sense that the treatment expert is crowding the witness out of the room. Patients need both doctors. Lenore Buckley shows how doctors are able to expect nothing less of themselves' - Arthur W Frank in the Foreword.

The Sixties - Edmund Wilson 2019-11-12

The last of Edmund Wilson's posthumously published journals turned out to be one of his major books, *The Sixties: the Last Journal, 1960–1972*--a personal history that is also brilliant social comedy and an anatomy of the times. Wilson catches the flavor of an international elite -- Stravinsky, Auden, Andre Malraux, and Isaiah Berlin -- as well as the New York literati and the Kennedy White House, but he never strays too far from the common life, whether noting the routines of his normal neighbors or the struggle of his own aging.

"Candor and intelligence come through on every page--in this always absorbing journal by perhaps the last great man of American letters." - Kirkus Reviews

The Unwritten Book - Samantha Hunt 2022-04-05

"One of our most interesting and bold writers . . . [offers] a characteristically wild effort that defies genre distinctions, flits from the profound to the mundane with fierce intelligence and searching restlessness, and at its best, delves deep into the recesses of the human heart with courageous abandon . . . An intoxicating blend of humor and pathos." --Priscilla Gilman, *The Boston Globe* "Eerie, profound, and daring, this is a book only the inimitable Hunt could write." --Adrienne Westenfeld, *Esquire* From Samantha Hunt, the award-winning author of *The Dark Dark*, comes *The Unwritten Book*, her first work of nonfiction, a genre-bending creation that explores the importance of books, the idea of haunting, and messages from beyond I carry each book I've ever read with me, just as I carry my dead--those things that aren't really there, those things that shape everything I am. A genre-bending work of nonfiction, Samantha Hunt's *The Unwritten Book* explores ghosts, ghost stories, and haunting, in the broadest sense of each. What is it to be haunted, to be a ghost, to die, to live, to read? Books are ghosts; reading is communion with the dead. Alcohol is a way of communing, too, as well as a way of dying. Each chapter gathers subjects that haunt: dead people, the forest, the towering library of all those books we'll never have time to read or write. Hunt, like a mad crossword puzzler, looks for patterns and clues. Through literary criticism, history, family history, and memoir, inspired by W. G. Sebald, James Joyce, Ali Smith, Toni Morrison, William Faulkner, and many others, Hunt explores motherhood, hoarding, legacies of addiction, grief, how we insulate ourselves from the past, how we misinterpret the world. Nestled within her inquiry is a very special ghost book, an incomplete manuscript about people who can fly without wings, written by her father and found in his desk just days after he died. What secret messages might his work reveal? What wisdom might she distill from its unfinished pages? Hunt conveys a vivid and grateful life, one that comes from living closer to the dead and shedding fear for wonder. *The Unwritten Book* revels in the randomness, connectivity, and magic of everyday existence. And at its heart is the immense weight of love.

Steps to Writing Well with Additional Readings - Jean Wyrick 2011-11-22

Reliable and straightforward, this text has helped thousands of students learn to write well. Jean Wyrick's rhetorically organized *STEPS TO WRITING WELL WITH ADDITIONAL READINGS* is known for its student-friendly tone and the clear way it presents the basics of essay writing in an easy-to-follow progression of useful lessons and activities. Through straightforward advice and thoughtful assignments, as well as Wyrick's precise instruction, the text gives students the practice they need to approach writing well-constructed essays with confidence. Everything students need to begin, organize, and revise writing--from choosing a topic to developing the essay to polishing prose--is right here! This special *COURSEMATE EDITION* features in-text icons that direct students online to CourseMate, where they will

find additional practice and resources, writing exercises, supplemental assignments, multimedia that enhances and expands on topics in the text, and suggestions for further learning. By connecting the text to online assets, *STEPS TO WRITING WELL WITH ADDITIONAL READINGS: COURSEMATE EDITION* gives students a multidimensional learning experience.

Book Review Index - 2004

Every 3rd issue is a quarterly cumulation.

Journey Among Animals - Meredith Happold 2021-08-25

Journey among Animals is zoologist Meredith Happold's delightful and enlightening story of her work with animals -- especially bats. It begins with the story of Mickey the mouse-eared bat who taught her to love bats, and her childhood in rural Australia surrounded by goats, horses, dogs and possums who taught her how to establish empathy with animals. Meredith studied zoology at university, going on to become a highly regarded zoologist specializing in animal behaviour and ecology. *Journey among Animals* explores some of her field career in Nigeria and Malawi where she and her husband studied the ecology and behaviour of small mammals and bats in many different habitats. Their research culminated in having an African bat named after them (Happolds' *Pipistrelle, Parahypsugo happoldorum*) in recognition of their work. Bats are much-maligned animals, but Meredith demonstrates how these delightful, intelligent, friendly, curious, useful creatures are so important in today's world and *Journey among Animals* are Meredith's reflections on how attitudes to animals and the study of animal behaviour have changed during her lifetime.

The Complete Directory for People with Disabilities - Sedgwick Press 2006

The Kingdom of the Cults - Walter Martin 2003-10

A definitive reference volume on cults, major fundamentalist religions, and non-Christian faiths includes coverage of the Jehovah's Witnesses, Mormonism, and Hinduism, outlining their major beliefs while offering advice on countercult ministry.

The Politics of Ecstasy (Classic Reprint) - Timothy Leary 2017-01-08

Excerpt from *The Politics of Ecstasy* It is an understatement to write that Timothy Leary was privy to this stormy marriage of the mundane and the rapturous. Simultaneously observer and participant, Dr. Leary analyzed events around him even as he helped make them happen. Boundlessly energetic, keenly insightful, he was uniquely qualified to work both sides of Heisenberg Street. About the Publisher Forgotten Books publishes hundreds of thousands of rare and classic books. Find more at www.forgottenbooks.com This book is a reproduction of an important historical work. Forgotten Books uses state-of-the-art technology to digitally reconstruct the work, preserving the original format whilst repairing imperfections present in the aged copy. In rare cases, an imperfection in the original, such as a blemish or missing page, may be replicated in our edition. We do, however, repair the vast majority of imperfections successfully; any imperfections that remain are intentionally left to preserve the state of such historical works.

21st Century Astronomy - Laura Kay 2016

Influenced by astronomy education research, *21st Century Astronomy* offers a complete pedagogical and media package that facilitates learning by doing, while the new one-column design makes the Fifth Edition the most accessible introductory text available today.

AI - Margaret A. Boden 2016-05-19

The applications of Artificial Intelligence lie all around us; in our homes, schools and offices, in our cinemas, in art galleries and - not least - on the Internet. The results of Artificial Intelligence have been invaluable to biologists, psychologists, and linguists in helping to understand the processes of

memory, learning, and language from a fresh angle. As a concept, Artificial Intelligence has fuelled and sharpened the philosophical debates concerning the nature of the mind, intelligence, and the uniqueness of human beings. Margaret A. Boden reviews the philosophical and technological challenges raised by Artificial Intelligence, considering whether programs could ever be really intelligent, creative or even conscious, and shows how the pursuit of Artificial Intelligence has helped us to appreciate how human and animal minds are possible.

Animal Acts - Una Chaudhuri 2018-08-29

We all have an animal story—the pet we loved, the wild animal that captured our childhood imagination, the deer the neighbor hit while driving. While scientific breakthroughs in animal cognition, the effects of global climate change and dwindling animal habitats, and the exploding interdisciplinary field of animal studies have complicated things, such stories remain a part of how we tell the story of being human. *Animal Acts* collects eleven exciting, provocative, and moving stories by solo performers, accompanied by commentary that places the works in a broader context. Work by leading theater artists Holly Hughes, Rachel Rosenthal, Deke Weaver, Carmelita Tropicana, and others joins commentary by major scholars including Donna Haraway, Jane Desmond, Jill Dolan, and Nigel Rothfels. Una Chaudhuri's introduction provides a vital foundation for understanding and appreciating the intersection of animal studies and performance. The anthology foregrounds questions of race, gender, sexuality, class, nation, and other issues central to the human project within the discourse of the "post human," and will appeal to readers interested in solo performance, animal studies, gender studies, performance studies, and environmental studies.

Indigenous Participation in Australian Economies II -

Natasha Fijn 2012-07-01

This "volume arises out of a conference in Canberra on Indigenous Participation in Australian Economies at the National Museum of Australia on 9–10 November 2009, which attracted more than thirty presenters."

Library Journal - Melvil Dewey 2005

Includes, beginning Sept. 15, 1954 (and on the 15th of each month, Sept.-May) a special section: School library journal, ISSN 0000-0035, (called Junior libraries, 1954-May 1961). Also issued separately.

The Gale Encyclopedia of Neurological Disorders - Stacey L. Chamberlin 2005

Contains nearly four hundred alphabetized full-length articles on neurological disorders and drugs and treatments for neurological disorders, and includes further reading lists.

The Theory of Experiential Education - Richard J. Kraft 1985

The Complete Directory for People with Chronic Illness - Sedgwick Press 2005

This informative resource provides a comprehensive overview of the support services and information resources available for people diagnosed with a chronic illness. Thousands of hours of research have gone into this 2005/06 edition, hundreds of new entries have been added and thousands of enhancements have been made to existing entries. This widely-hailed directory is structured around the 90 most prevalent chronic illnesses - from Asthma to Cancer to Wilson's Disease - and provides a comprehensive overview of the support services and information resources available for people diagnosed with a chronic illness. Each chronic illness has its own chapter and contains a brief description in layman's language, followed by important resources for National & Local Organizations, State Agencies, Newsletters, Books & Periodicals, Libraries & Research Centers, Support Groups & Hotlines, Web Sites and much

more. Two indexes provide quick access to this wealth of information: Entry Index and Geographic Index. This directory is an important resource for health care professionals, the collections of hospital and health care libraries, as well as an invaluable tool for people with a chronic illness and their support network.

Seaborn - Chris Howard 2008

Aleximor, a four-hundred-year-old sorcerer, wages war and seeks revenge against the entire Seaborn royal line and threatens to use Cassandra, the King of the Seaborn's granddaughter, and college student Corina Lairsey as pawns in his evil plot.

The Austronesian Languages - R. A. Blust 2009

The Jeffrey Journey - 2010 Edition - Helen Baldwin 2010-02-27

Revised and Updated - 2010 with new resources and dedications. In May, 1997, Randy and Helen Baldwin eagerly welcomed their third child, Jeffrey, as did his older siblings, Matthew and Katie. Jeffrey's arrival, unplanned but greatly anticipated, sparked a few adjustments in this family long removed from diaper duty, but Jeffrey was obviously a special gift. Eight weeks later, life took a completely unexpected downward spiral into the depths of despair when Jeffrey was diagnosed with Spinal Muscular Atrophy (SMA), a rare, progressive genetic neuromuscular disease with deadly ramifications. The neurologist handed over the utterly devastating news that Jeffrey had a severe case of the most destructive form without a morsel of hope that anything could be done to thwart the effects of the killer disease. Faced with the nightmare that their baby was expected to die within two years and that there was no treatment or cure, Randy and Helen took their faith in God to a higher level and embarked on a quest to defy SMA and its stranglehold on their precious baby's life. They sought the expertise of alternative practitioners and relentlessly relied on prayers for Jeffrey's health and for strength, courage, and wisdom for themselves and their family. The Jeffrey Journey is the story of how one family - with friends and family, prayer, and God's grace - rose to the challenge of caring for a dying child as they also realized the countless blessings left by their angel.

Forthcoming Books - Rose Arny 2004

Contemporary Authors - Lisa Kumar 2004-07

A biographical and bibliographical guide to current writers in all fields including poetry, fiction and nonfiction, journalism, drama, television and movies. Information is provided by the authors themselves or drawn from published interviews, feature stories, book reviews and other materials provided by the authors/publishers.

Experiential Learning - John P. Wilson 2013-08-03

Experiential Learning enables educators, trainers, coaches and facilitators to unleash some of the more potent ingredients of learning through experience. It presents a simple model: the Learning Combination Lock, which illustrates the wide range of factors that can be altered to enhance the learning experience. The theory is brought to life with hundreds of examples from around the world and covers issues such as: experience and intelligence; facilitation, good practice and ethics; learning environments; experiential learning activities; and working with the senses and emotions. Experiential Learning offers the skills that can be successfully applied to a variety of settings including management education, corporate training, team-building, youth-development work, counselling and therapy, schools and higher education and special needs training. This fully updated third edition includes guidance for coaches, cutting edge new material on sensory intelligence and updated models, tools and case studies throughout. Online supporting resources include 'Introduction to

Sensory Intelligence' audio files.

Empty Fortress - Bruno Bettelheim 1967

Focusing on three case histories, the author attempts to reveal the problems and struggles of the autistic child

Stories of Illness and Healing - Sayantani DasGupta 2007

A collection of women's illness narratives *Stories of Illness and Healing* is the first collection to place the voices of women experiencing illness alongside

analytical writing from prominent scholars in the field of narrative medicine. The collection includes a variety of women's illness narratives--poetry, essays, short fiction, short drama, analyses, and transcribed oral testimonies--as well as traditional analytic essays about themes and issues raised by the narratives.

Stories of Illness and Healing bridges the artificial divide between women's lives and scholarship in gender, health, and medicine. The authors of these narratives are diverse in age, ethnicity, family situation, sexual orientation, and economic status. They are doctors, patients, spouses, mothers, daughters, activists, writers, educators, and performers. The narratives serve to acknowledge that women's illness experiences are more than their diseases, that they encompass their entire

lives. The pages of this book echo with personal accounts of illness, diagnosis, and treatment. They reflect the social constructions of women's bodies, their experiences of sexuality and reproduction, and their roles as professional and family caregivers.

Finally, and perhaps most importantly, *Stories of Illness and Healing* draws the connection between women's suffering and advocacy for women's lives.

Spirituality and Meaning Making in Chronic Illness -

Kelly Arora 2020-02-21

Many spiritual caregivers, including chaplains, spiritual directors and clergy, are unaware of how they can support people with chronic health conditions. This book combines insights on chronic illness with spiritual care skills and suggestions to enhance well-being for people living with long-term illness. Using a narrative approach, the author reflects on the stories of two women - Dorothy from *The Wizard of Oz*, who travels from Kansas (a state of health) to Oz (an illness experience), alongside the author's personal experiences

of managing an incurable autoimmune disease. Chapters will include guidelines and exercises that help equip caregivers to facilitate healing with people who live with long-term health conditions.

Use Your Words - Kate Hopper 2012-04-02

USE YOUR WORDS introduces the art of creative nonfiction to women who want to give written expression to their lives as mothers. Written by award-winning teacher and writer, Kate Hopper, this book will help women find the heart of their writing, learn to use motherhood as a lens through which to write the world, and turn their motherhood stories into art. Each chapter of *USE YOUR WORDS* focuses on an element of craft and contains a lecture, a published essay, and writing exercises that will serve as jumping-off points for the readers' own writing. Chapter topics include: the importance of using concrete details, an overview of creative nonfiction as a genre, character development, voice, humor, tense and writing the "hard stuff," reflection and back-story, structure, revision, and publishing. The content of each lecture is aligned with the essay/poem in that chapter to help readers more easily grasp the elements of craft being discussed. Together the chapters provide a unique opportunity for mother writers to learn and grow as writers. *USE YOUR WORDS* takes the approach that creative writing can be taught, and this underscores each chapter. When students learn to read like writers, to notice how a piece is put together, and to question the choices a writer makes, they begin to think like writers. When they learn to ground their writing in concrete, sensory details and begin to understand how to create believable characters and realistic dialogue, their own writing improves. *USE YOUR WORDS* reflects Kate's style as a teacher, guiding the reader in a straightforward, nurturing, and passionate voice. As one student noted in a class evaluation: "Kate is a born writer and teacher, and her enthusiasm for essays about motherhood and for teaching the nuts and bolts of writing so that ordinary mothers have the tools to write their stories is a gift to the world. She is raising the value of motherhood in our society as she helps mothers build their confidence and strengthen their game as writers."