

# **On My Own Two Feet The Journey From Losing Legs To Learning Dance Of Life Amy Purdy**

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How the Heather Looks - Joan Bodger  
2010-02-16

Over forty years ago, Joan Bodger, her husband, and two children went to Britain on a very special family quest. They were seeking the world that they knew and loved through children's books. In Winnie-the-Pooh Country, Mrs. Milne showed them the way to "that enchanted place on the top of the Forest [where] a little boy and his Bear will always be playing." In Edinburgh they stood outside Robert Louis Stevenson's childhood home, tilting their heads to talk to a lamplighter who was doing his job. In the Lake District they visited Jemima Puddle-Duck's farm, and Joan sought out crusty Arthur Ransome to talk to him about Swallows and Amazons. They spent several days "messing about in boats" on the River Thames, looking for Toad Hall and other places described by Kenneth Grahame in *The Wind in the Willows*. Mud and flood kept them from

attaining the slopes of Pook's Hill (on Rudyard Kipling's farm), but they scaled the heights of Tintagel. As in all good fairy tales, there were unanswered questions. Did they really find Camelot? Robin Hood, as always, remains elusive. One thing is certain. Joan Bodger brings alive again the magic of the stories we love to remember. She persuades us that, like Emily Dickinson, even if we "have never seen a moor," we can imagine "how the heather looks." First published in 1965 by Viking in New York, *How the Heather Looks* has become a prized favorite among knowledgeable lovers of children's literature. Precious, well-thumbed copies have been lent out with caution and reluctance, while new admirers have gone searching in vain for copies to buy second-hand. This handsome reprint, with a new Afterword by Joan Bodger, makes a unique and delightful classic available once more.

**When Breath Becomes Air** - Paul Kalanithi 2016-01-12  
#1 NEW YORK TIMES BESTSELLER • PULITZER PRIZE FINALIST • This inspiring, exquisitely observed memoir finds hope and beauty in the face of insurmountable odds as an idealistic young neurosurgeon attempts to answer the question What makes a life worth living? NAMED ONE OF PASTE'S BEST MEMOIRS OF THE DECADE • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The New York Times Book Review • People • NPR • The Washington Post • Slate • Harper's Bazaar • Time Out New York • Publishers Weekly • BookPage Finalist for the PEN Center USA Literary Award in Creative Nonfiction and the Books for a Better Life Award in Inspirational Memoir At the age of thirty-six, on the verge of completing a decade's worth of training as a neurosurgeon, Paul Kalanithi was diagnosed with stage IV lung cancer. One day he was a doctor

treating the dying, and the next he was a patient struggling to live. And just like that, the future he and his wife had imagined evaporated. When *Breath Becomes Air* chronicles Kalanithi's transformation from a naïve medical student "possessed," as he wrote, "by the question of what, given that all organisms die, makes a virtuous and meaningful life" into a neurosurgeon at Stanford working in the brain, the most critical place for human identity, and finally into a patient and new father confronting his own mortality. What makes life worth living in the face of death? What do you do when the future, no longer a ladder toward your goals in life, flattens out into a perpetual present? What does it mean to have a child, to nurture a new life as another fades away? These are some of the questions Kalanithi wrestles with in this profoundly moving, exquisitely observed memoir. Paul Kalanithi died in March 2015, while

working on this book, yet his words live on as a guide and a gift to us all. "I began to realize that coming face to face with my own mortality, in a sense, had changed nothing and everything," he wrote. "Seven words from Samuel Beckett began to repeat in my head: 'I can't go on. I'll go on.'" When *Breath Becomes Air* is an unforgettable, life-affirming reflection on the challenge of facing death and on the relationship between doctor and patient, from a brilliant writer who became both.

*In Love* - Amy Bloom 2023-02-21

NEW YORK TIMES BESTSELLER • A powerful memoir of a love that leads two people to find a courageous way to part—and a woman's struggle to go forward in the face of loss—that "enriches the reader's life with urgency and gratitude" (The Washington Post) "A pleasure to read . . . Rarely has a memoir about death been so full of life. . . . Bloom has a talent for mixing the prosaic and

profound, the slapstick and the serious."—USA Today ONE OF THE TEN BEST BOOKS OF THE YEAR: Publishers Weekly ONE OF THE BEST BOOKS OF THE YEAR: The New York Times Book Review, Time, Entertainment Weekly, NPR, The Washington Post, The Boston Globe, USA Today, Real Simple, Prospect (UK), She Reads, Kirkus Reviews Amy Bloom began to notice changes in her husband, Brian: He retired early from a new job he loved; he withdrew from close friendships; he talked mostly about the past. Suddenly, it seemed there was a glass wall between them, and their long walks and talks stopped. Their world was altered forever when an MRI confirmed what they could no longer ignore: Brian had Alzheimer's disease. Forced to confront the truth of the diagnosis and its impact on the future he had envisioned, Brian was determined to die on his feet, not live on his knees. Supporting each other in their last journey together, Brian and Amy

made the unimaginably difficult and painful decision to go to Dignitas, an organization based in Switzerland that empowers a person to end their own life with dignity and peace. In this heartbreaking and surprising memoir, Bloom sheds light on a part of life we so often shy away from discussing—its ending. Written in Bloom's captivating, insightful voice and with her trademark wit and candor, *In Love* is an unforgettable portrait of a beautiful marriage, and a boundary-defying love.

**A Pilgrimage to Eternity** - Timothy Egan 2020-06-16

Tracing an ancient pilgrimage route from Canterbury to Rome, the bestselling and "virtuosic" (The Wall Street Journal) writer explores the past and future of Christianity Moved by his mother's death and his Irish Catholic family's complicated history with the church, Timothy Egan decided to follow in the footsteps of centuries of seekers to force a

reckoning with his own beliefs. He embarked on a thousand-mile pilgrimage through the theological cradle of Christianity, exploring one of the biggest stories of our time: the collapse of religion in the world that it created. Egan sets out along the Via Francigena, once the major medieval trail leading the devout to Rome, and makes his way overland via the alpine peaks and small mountain towns of France, Switzerland and Italy. Making his way through a landscape laced with some of the most important shrines to the faith, Egan finds a modern Canterbury Tale in the chapel where Queen Bertha introduced Christianity to pagan Britain; parses the supernatural in a French town built on miracles; and journeys to the oldest abbey in the Western world, founded in 515 and home to continuous prayer over the 1,500 years that have followed. A thrilling journey, a family story, and a revealing history, *A Pilgrimage to*

Eternity looks for our future in its search for God.

**The Road** - Cormac McCarthy 2007-03-20  
NATIONAL BESTSELLER • WINNER OF THE PULITZER PRIZE • A searing, post-apocalyptic novel about a father and son's fight to survive, this "tale of survival and the miracle of goodness only adds to McCarthy's stature as a living master. It's gripping, frightening and, ultimately, beautiful" (San Francisco Chronicle). A father and his son walk alone through burned America. Nothing moves in the ravaged landscape save the ash on the wind. It is cold enough to crack stones, and when the snow falls it is gray. The sky is dark. Their destination is the coast, although they don't know what, if anything, awaits them there. They have nothing; just a pistol to defend themselves against the lawless bands that stalk the road, the clothes they are wearing, a cart of scavenged food—and each other. The Road is the

profoundly moving story of a journey. It boldly imagines a future in which no hope remains, but in which the father and his son, "each the other's world entire," are sustained by love. Awesome in the totality of its vision, it is an unflinching meditation on the worst and the best that we are capable of: ultimate destructiveness, desperate tenacity, and the tenderness that keeps two people alive in the face of total devastation. Look for Cormac McCarthy's new novel, *The Passenger*.

**Standing on My Own Two Feet** - Tamara Schmitz 2008-06-12

Addison is a regular kid whose parents are going through a divorce, but he knows that no matter what happens, his parents will always love him. The text in this beautifully illustrated picture book is inspiring, gentle, and uplifting, and teaches kids that having two homes to live in can be just as great as having two strong feet to stand on.

**The Miraculous Journey of Edward**

**Tulane** - Kate DiCamillo 2009

Edward Tulane, a cold-hearted and proud toy rabbit, loves only himself until he is separated from the little girl who adores him and travels across the country, acquiring new owners and listening to their hopes, dreams, and histories. Jr Lib Guild. Teacher's Guide available. Reprint.

**Underland: A Deep Time Journey** -

Robert Macfarlane 2019-06-04

National Bestseller • New York Times "100 Notable Books of the Year" • NPR "Favorite Books of 2019" • Guardian "100 Best Books of the 21st Century" • Winner of the National Outdoor Book Award From the best-selling, award-winning author of Landmarks and The Old Ways, a haunting voyage into the planet's past and future. Hailed as "the great nature writer of this generation" (Wall Street Journal), Robert Macfarlane is the celebrated author of books about the intersections of the human and the

natural realms. In Underland, he delivers his masterpiece: an epic exploration of the Earth's underworlds as they exist in myth, literature, memory, and the land itself. In this highly anticipated sequel to his international bestseller The Old Ways, Macfarlane takes us on an extraordinary journey into our relationship with darkness, burial, and what lies beneath the surface of both place and mind. Traveling through "deep time"—the dizzying expanses of geologic time that stretch away from the present—he moves from the birth of the universe to a post-human future, from the prehistoric art of Norwegian sea caves to the blue depths of the Greenland ice cap, from Bronze Age funeral chambers to the catacomb labyrinth below Paris, and from the underground fungal networks through which trees communicate to a deep-sunk "hiding place" where nuclear waste will be stored for 100,000

years to come. Woven through Macfarlane's own travels are the unforgettable stories of descents into the underland made across history by explorers, artists, cavers, divers, mourners, dreamers, and murderers, all of whom have been drawn for different reasons to seek what Cormac McCarthy calls "the awful darkness within the world." Global in its geography and written with great lyricism and power, Underland speaks powerfully to our present moment. Taking a deep-time view of our planet, Macfarlane here asks a vital and unsettling question: "Are we being good ancestors to the future Earth?" Underland marks a new turn in Macfarlane's long-term mapping of the relations of landscape and the human heart. From its remarkable opening pages to its deeply moving conclusion, it is a journey into wonder, loss, fear, and hope. At once ancient and urgent, this is a book that will change the way you see the

world.

**I Thought It Was Just Me (but it Isn't)** – Brené Brown 2008

Draws on research with hundreds of interviewees to identify the pervasive influence of cultural shame, discussing how women can recognize the ways in which shame influences their health and relationships and can be transformed into courage and connectivity.

**My Life's Journey** – Ursula H. Parrent 2016-11-22

The youngest of four children, author Ursula H. Parrent was born in 1942 in Germany at the height of World War II, one of the worst times in world history. In *My Life's Journey*, she shares her trials, tribulations, and joys along with her perseverance to overcome obstacles with tenacity and determination. In this memoir, she narrates the struggles and turmoil of growing up against the backdrop of World War II and its ugly aftermath. Parrent provides details of her



parents and her siblings and how they shaped her life. My Life's Journey offers a chronological rendering of her life journey that includes her marriages, her immigration to the United States, and how she learned to adapt to a new home and a new language. Parrent tells a story of hard work and determination and how faith in the future carried her from the darkness to the wonders of life and love--sometimes lost, sometimes regained, but always worth the battle.

**My Southern Journey** - Rick Bragg  
2015-09-15

From celebrated New York Times bestselling author and winner of the Pulitzer Prize, Rick Bragg, comes a poignant and wryly funny collection of essays on life in the south. Keenly observed and written with his insightful and deadpan sense of humor, he explores enduring Southern truths about home, place, spirit, table, and the regions' varied

geographies, including his native Alabama, Cajun country, and the Gulf Coast. Everything is explored, from regional obsessions from college football and fishing, to mayonnaise and spoonbread, to the simple beauty of a fish on the hook. Collected from over a decade of his writing, with many never-before-published essays written specifically for this edition, My Southern Journey is an entertaining and engaging read, especially for Southerners (or feel Southern at heart) and anyone who appreciates great writing.

**The View from Saturday** - E.L.  
Konigsburg 2010-12-21

HOW HAD MRS. OLINSKI CHOSEN her sixth-grade Academic Bowl team? She had a number of answers. But were any of them true? How had she really chosen Noah and Nadia and Ethan and Julian? And why did they make such a good team? It was a surprise to a lot of people when Mrs. Olinski's team won the sixth-grade Academic Bowl

contest at Epiphany Middle School. It was an even bigger surprise when they beat the seventh grade and the eighth grade, too. And when they went on to even greater victories, everyone began to ask: How did it happen? It happened at least partly because Noah had been the best man (quite by accident) at the wedding of Ethan's grandmother and Nadia's grandfather. It happened because Nadia discovered that she could not let a lot of baby turtles die. It happened when Ethan could not let Julian face disaster alone. And it happened because Julian valued something important in himself and saw in the other three something he also valued. Mrs. Olinski, returning to teaching after having been injured in an automobile accident, found that her Academic Bowl team became her answer to finding confidence and success. What she did not know, at least at first, was that her team knew more than she did the answer to why they had been

chosen. This is a tale about a team, a class, a school, a series of contests and, set in the midst of this, four jewel-like short stories -- one for each of the team members -- that ask questions and demonstrate surprising answers.

**Inferno** - Catherine Cho 2020-08-04  
A New York Times Book Review Editors' Choice "Inferno is a disturbing and masterfully told memoir, but it's also an important one that pushes back against powerful taboos. . ." -- The New York Times Book Review  
"Explosive" --Good Morning America  
"Sublime" --Bookpage (starred review)  
When Catherine Cho and her husband set off from London to introduce their newborn son to family scattered across the United States, she could not have imagined what lay in store. Before the trip's end, she develops psychosis, a complete break from reality, which causes her to lose all sense of time and place, including what is real and not real. In

desperation, her husband admits her to a nearby psychiatric hospital, where she begins the hard work of rebuilding her identity. In this unwaveringly honest, insightful, and often shocking memoir Catherine reconstructs her sense of self, starting with her childhood as the daughter of Korean immigrants, moving through a traumatic past relationship, and on to the early years of her courtship with and marriage to her husband, James. She masterfully interweaves these parts of her past with a vivid, immediate recounting of the days she spent in the ward. The result is a powerful exploration of psychosis and motherhood, at once intensely personal, yet holding within it a universal experience - of how we love, live and understand ourselves in relation to each other.

**Skill in Action** - Michelle Cassandra Johnson 2021-11-02

Transform your yoga practice into a

force for creating social change with this concise, eloquent manual of social justice tools and skills. Skill in Action asks you to explore the deeply transformational practice of yoga as a way to become an agent of social change and work toward a just world. Through yoga practices and philosophy, this book explores liberation for ourselves and others, while asking us to engage in our own agency—whether that manifests as activism, volunteer work, or changing our relationships with others and ourselves. To provide a strong foundation to begin this work, Michelle Cassandra Johnson clearly defines power and privilege, oppression, liberation, and suffering, and invites you to make changes in your life that promote equality and freedom for all. This revised and expanded edition offers journaling practices and prompts in each chapter; includes more material on how power and privilege inform the

yoga industry; explains how to integrate justice into teaching the eight limbs of yoga; and offers ways to support people as they move through their resistance and discomfort in the face of injustice. This edition also offers a fuller look at how the yamas and niyamas—the ethical precepts of yoga—can be studied in order to create a more just world, and it offers more support for yoga teachers seeking to radicalize their yoga.

*The Hundred-Foot Journey* - Richard C. Morais 2014-07-08

Follows the life journey of chef Hassan Haji, who progresses from his family's modest restaurant in Mumbai to master haute cuisine in an elegant Parisian restaurant.

**Jennifer Brown's Journey** - Angie LANGLEY 2018-06

*I'll Push You* - Patrick Gray

2017-06-06

2018 ECPA Christian Book Award Winner

2018 Christopher Award Winner Two best friends, 500 miles, one wheelchair, and the challenge of a lifetime. Friendship takes on new meaning in this true story of Justin and Patrick, born less than two days apart in the same hospital. Best friends their whole lives, they grew up together, went to school together, and were best man in each other's weddings. When Justin was diagnosed with a neuromuscular disease that robbed him of the use of his arms and legs, Patrick was there, helping to feed and care for him in ways he'd never imagined. Determined to live life to the fullest, the friends refused to give into despair or let physical limitations control what was possible for Justin. So when Justin heard about the Camino de Santiago, a 500-mile trek through Spain, he wondered aloud to Patrick whether the two of them could ever do it. Patrick's immediate response was: "I'll push you." *I'll Push You* is the

real-life story of this incredible journey. A travel adventure full of love, humor, and spiritual truth, it exemplifies what every friendship is meant to be and shows what it means to never find yourself alone. You'll discover how love and faith can push past all limits—and make us the best versions of ourselves.

*There I Am* - Ruthie Lindsey

2020-04-21

“Moving, heartfelt, and truly inspiring. A great book to read right now.” —Cheryl Strayed, author of *Wild* and *Tiny Beautiful Things* “Ruthie is a gifted storyteller with the unique ability to make you feel her emotions as if they're your own. Her book is somehow both bold and tender and utterly, truthfully, authentically her. She doesn't hide from heartbreak or fail to experience the fullness of all the beauty life can hold.”

—Rachel Hollis, #1 New York Times bestselling author of *Girl, Wash Your Face* and *Girl, Stop Apologizing* Brain

on Fire meets *Carry On, Warrior*, *There I Am* is an arresting inspirational memoir about one woman's journey from chronic pain and hopelessness to finding joy, redemption, and healing. At seventeen years old, Ruthie Lindsey is hit by an ambulance near her home in rural Louisiana. She's given a five percent chance of survival and one percent chance of walking again. One month later after a spinal fusion surgery, Ruthie defies the odds, leaving the hospital on her own two feet. Just a few years later, newly married and living in Nashville, Ruthie begins to experience debilitating pain. Her case confounds doctors and after numerous rounds of testing, imaging, and treatment, they prescribe narcotic painkillers—lots of them. Ruthie has become bedridden, dependent on painkillers, and hopeless, when an X-ray reveals that the wire used to fuse her spine is piercing her brain stem. Without

another staggeringly expensive experimental surgery, she could well become paralyzed, but in many ways, she already is. Ruthie goes into the hospital in chronic pain, dependent on prescription painkillers, and leaves that way. She can still walk, but has no idea where she's going. As her life unravels, Ruthie returns home to Louisiana and sets out on a journey to learn joy again. She trades fentanyl for sunsets and morphine for wildflowers, weaning herself off of the drugs and beginning the process of healing—of coming home to her body. Raw and redemptive, *There I Am* is not just about the magic of optimism, but the work of it. Ruthie's extraordinary memoir urges us to unlearn the stories of brokenness that we tell ourselves and embrace the wholeness, joy, and healing that lives inside all of us.

*Blood Beneath My Feet* - Joseph Scott Morgan 2012-07-03

Have you ever been locked in a cooler with piles of decomposing humans for so long that you had to shave all the hair off your body in order to get rid of the smell? Joseph Scott Morgan did. Have you ever lit a Marlboro from the ignited gas of a bloated dead man's belly? Joseph Scott Morgan has. Have you ever wept over a dead dog while not giving a shit about the dead owner laying next him? Morgan did. Were you named after a murder victim? Joseph Scott Morgan was. This isn't Hollywood fantasy—it's the true story of a boy born into the deprivations of a white trash trailer park who as an adult gets further involved in the desperate backdoor sagas of the "new South." No hot blondes here, just maggots, grief, and the truth about forensics and death investigation. Joseph Scott Morgan became a death investigator with the Jefferson Parish Coroner's Office in suburban New Orleans in 1987, the youngest medicolegal death

investigator in the country. During the day, Morgan worked in the morgue, and at night investigated for the coroner. In 1992 Morgan became senior investigator with the Fulton County Medical Examiner's Office in Atlanta. Morgan is now a college professor at North Georgia College and State University, where he teaches a death investigation course based on the national standards which he helped develop. He and his family reside in the Blue Ridge Mountains of north Georgia.

**Thinking on My Feet** - Kate Humble  
2018-10-04

\*\* SHORTLISTED FOR THE WAINWRIGHT PRIZE\*\* \*\* SHORTLISTED FOR THE EDWARD STANFORD TRAVEL WRITING AWARD - TRAVEL MEMOIR OF THE YEAR \*\* A lovely, civilised and transporting read, that should have all of us stepping out to meet the world with fresh eyes.' - Hugh Fearnley-Whittingstall 'An enticing read that makes every walk Humble describes an

adventure' - Ranulph Fiennes 'A beautiful and magnificent book. A paean to a simple act. I defy you to read this book and not be inspired to walk, march or hike - and as a result live a better life more connected with nature and the world around you.' - Simon Reeve 'A lovely book, fast-flowing yet at every turn giving the reader pause for thought. Kate Humble makes a delightful companion, her words full of sunshine and the raw pleasure she radiates as she encounters life in its many unexpected forms.' - Benedict Allen 'I've discovered that going for a daily walk has become as essential to me feeling good for the rest of the day as that first cup of tea. But I would argue that all I am doing is responding to a natural need we all have. Humans have always been migrants, the physiological urge to be nomadic is deep-rooted in all of us and perhaps because of that our brains are stimulated by walking. I

solve all sorts of problems, formulate ideas, work things out to that gentle rhythm of self-propelled movement.' - Kate Humble Thinking on My Feet tells the story of Kate's walking year - shining a light on the benefits of this simple activity. Kate's inspiring narrative not only records her walks (and runs) throughout a single year, but also charts her feelings and impressions throughout - capturing the perspectives that only a journey on foot allows - and shares the outcomes: a problem solved, a mood lifted, an idea or opportunity borne. As she explores the reasons why we walk, whether for creative energy, challenge and pleasure, or therapeutic benefits, Kate's reflections and insights will encourage, motivate and spur readers into action. Also featured are Kate's walks with others who have discovered the magical, soothing effect of putting one foot in front of the

other - the artist who walks to find inspiration for his next painting; the man who takes people battling with addiction to climb mountains; the woman who walked every footpath in Wales (3,700 miles) when she discovered she had cancer. This book will inspire you to change your perspective by applying walking to your daily endeavours. \*PRAISE FOR THINKING ON MY FEET \* 'A diary of sorts, charting a year of wonderful walks through the sun, wind and rain...each entry builds an image of her life in the great outdoors...it sounds idyllic to say the least.' - Sunday Express, S Magazine 'These are 365 days of inspiration to get out and, sometimes literally, smell the flowers.' - Wanderlust Magazine 'Humble's book about going for a walk can inspire absolutely anyone to make a change. Because all you have to do is step outside the front door.' - Waitrose Weekend 'Witty, enlightening and often startlingly profound' -



Country Walking Magazine

**Our Towns** - James Fallows 2018-05-08  
NATIONAL BEST SELLER • The basis for the HBO documentary now streaming on HBO Max For five years, James and Deborah Fallows have travelled across America in a single-engine prop airplane. Visiting dozens of towns, the America they saw is acutely conscious of its problems—from economic dislocation to the opioid scourge—but it is also crafting solutions, with a practical-minded determination at dramatic odds with the bitter paralysis of national politics. At times of dysfunction on a national level, reform possibilities have often arisen from the local level. The Fallowses describe America in the middle of one of these creative waves. Their view of the country is as complex and contradictory as America itself, but it also reflects the energy, the generosity and compassion, the dreams, and the determination of many

who are in the midst of making things better. Our Towns is the story of their journey—and an account of a country busy remaking itself.

*Last Places* - Lawrence Millman 2000  
A classic of northern exploration and adventure, LAST PLACES is Lawrence Millman's marvelously told account of his journey along the ancient Viking sea routes that extend from Norway to Newfoundland. Traveling through landscapes of transcendent desolation, Millman wandered by way of the Shetland Islands, the Faeroes, Iceland, Greenland, and Labrador. His way was marked by surprising human encounters—with a convicted murderer in Reykjavik, an Inuit hermit in Greenland, an Icelandic guide who leads him to a place called Hell, and a Newfoundlander who warns him about the local variant of the Abominable Snowman. By turns earthy and lyrical, LAST PLACES is an ebullient celebration of the exotic North.

**Wild. Film Tie-In** - Cheryl Strayed

2015-01

A Journey From Lost to Found. At 26, Cheryl Strayed thought she had lost everything. In the wake of her mother's rapid death from cancer, her family disbanded and her marriage crumbled. With nothing to lose, she made the most impulsive decision of her life: to walk eleven-hundred miles of the west coast of America - from the Mojave Desert, through California and Oregon, and into Washington State - and to do it alone. She had no experience of long-distance hiking and the journey was nothing more than a line on the map. This account captures the agonies - both mental and physical - of her incredible journey.

**On My Own Two Feet** - Amy Purdy

2014-12-30

Amy Purdy, who inspired a nation on Dancing with the Stars and has been called a hero by Oprah Winfrey, reveals the intimate details of her triumphant comeback from the brink of

death to making history as a Paralympic snowboarder. In this poignant and uplifting memoir, Dancing With the Stars sensation Amy Purdy reveals the story of how losing her legs led her to find a spiritual path. When the Las Vegas native was just nineteen, she contracted bacterial meningitis and was given less than a two percent chance of survival. In a near-death experience, she saw three figures who told her: "You can come with us, or you can stay. No matter what happens in your life, it's all going to make sense in the end." In that moment, Amy chose to live. Her glimpse of the afterlife-coupled with a mysterious premonition she'd had a month before -became the defining experiences that put Amy's life on a new trajectory after her legs had to be amputated. She wouldn't just beat meningitis and walk again; she would go on to create a life filled with bold adventures, big dreams, and boundless

vitality—and share that spirit with the world. In 2014, Amy—the only competitor, male or female, with two prosthetic legs—claimed a bronze medal for the U.S. Paralympic team in adaptive snowboarding. She then became a contestant on season eighteen of *Dancing With the Stars*, and viewers were captivated as the girl with bionic legs managed to out-dance her competitors all the way to the finale. Amy’s journey is a testament to the resilience of the human spirit and the capacity we all have to dream bigger, defy expectations, and rewrite our stories. Amy was given a second chance for a reason—to use her life to inspire others. Her powerful memoir urges us to live life to the fullest, because we are all a lot more capable than we could ever imagine.

**On Her Own Ground** - A'Lelia Bundles  
2002-01-01  
Soon to be a Netflix series starring

Octavia Spencer, *On Her Own Ground* is the first full-scale biography of “one of the great success stories of American history” (*The Philadelphia Inquirer*), Madam C.J. Walker—the legendary African American entrepreneur and philanthropist—by her great-great-granddaughter, A'Lelia Bundles. The daughter of formerly enslaved parents, Sarah Breedlove—who would become known as Madam C. J. Walker—was orphaned at seven, married at fourteen, and widowed at twenty. She spent the better part of the next two decades laboring as a washerwoman for \$1.50 a week. Then—with the discovery of a revolutionary hair care formula for black women—everything changed. By her death in 1919, Walker managed to overcome astonishing odds: building a storied beauty empire from the ground up, amassing wealth unprecedented among black women, and devoting her life to philanthropy and social activism. Along the way, she formed

friendships with great early-twentieth-century political figures such as Ida B. Wells, Mary McLeod Bethune, W.E.B. Du Bois, and Booker T. Washington.

The Old Ways - Robert Macfarlane  
2012-10-11

From the acclaimed author of *The Wild Places* and *Underland*, an exploration of walking and thinking. In this exquisitely written book, Robert Macfarlane sets off from his Cambridge, England, home to follow the ancient tracks, holloways, drove roads, and sea paths that crisscross both the British landscape and its waters and territories beyond. The result is an immersive, enthralling exploration of the ghosts and voices that haunt old paths, of the stories our tracks keep and tell, and of pilgrimage and ritual. Told in Macfarlane's distinctive voice, *The Old Ways* folds together natural history, cartography, geology, archaeology and literature. His walks

take him from the chalk downs of England to the bird islands of the Scottish northwest, from Palestine to the sacred landscapes of Spain and the Himalayas. Along the way he crosses paths with walkers of many kinds—wanderers, pilgrims, guides, and artists. Above all this is a book about walking as a journey inward and the subtle ways we are shaped by the landscapes through which we move. Macfarlane discovers that paths offer not just a means of traversing space, but of feeling, knowing, and thinking.

**So the Woman Went Her Way** - Lynne Bundesen  
1993-03-22

An astonishing memoir about finding the threads of God in everyday life, highlighting the profound messages the women of the Bible can bring to all of us. From Genesis to Revelation, Bundesen offers women a new key to understanding their sacred, female identity.

**On My Feet Again** - Jennifer French

2012

On My Feet Again is the heartwarming and intellectually stimulating story of how a determined and resourceful young woman overcame many of the obstacles that came her way after being paralyzed in a snowboarding accident. Although told she would never get out of a wheelchair, Jennifer French refused to accept that fate and sought out experimental new technologies for people with spinal cord injuries. She became a participant in a clinical trial of an implanted neuroprosthetic system that enables her to stand up out of her wheelchair and move around on her own two feet.

We Are Not from Here - Jenny Torres Sanchez 2020-05-19

A poignant novel of desperation, escape, and survival across the U.S.-Mexico border, inspired by current events. A Pura Belpré 2021 Young Adult Author Honor Book! A BookPage Best Book of 2020! A Chicago Public

Library Best of the Best of 2020! A School Library Journal Best Book of 2020! A New York Public Library 2020 Top 10 Best Book for Teens! Pulga has his dreams. Chico has his grief. Pequeña has her pride. And these three teens have one another. But none of them have illusions about the town they've grown up in and the dangers that surround them. Even with the love of family, threats lurk around every corner. And when those threats become all too real, the trio knows they have no choice but to run: from their country, from their families, from their beloved home. Crossing from Guatemala through Mexico, they follow the route of La Bestia, the perilous train system that might deliver them to a better life--if they are lucky enough to survive the journey. With nothing but the bags on their backs and desperation drumming through their hearts, Pulga, Chico, and Pequeña know there is no turning back,

despite the unknown that awaits them. And the darkness that seems to follow wherever they go. In this striking portrait of lives torn apart, the plight of migrants at the U.S. southern border is brought to light through poignant, vivid storytelling. An epic journey of danger, resilience, heartache, and hope. Praise for *We Are Not From Here*: "A fierce and tender story...Relevant, timely, and perceptive." --Margarita Engle, winner of the Pura Belpré Award and Newbery Honor "With poignant, exhausting lyricism and heart wrenching poetic prose, Jenny Torres Sanchez digs deep and shows us the throbbing, aching corazón--the hopeful, unbreakable spirit of the embattled immigrant. A book for the starving, lost soul." --Guadalupe García McCall, Pura Belpré Award-winning author of *Under the Mesquite* "An incredibly powerful, soul-searing YA. [I]mportant and necessary.... I could not put this book down." --

Padma Venkatraman, award-winning author of *The Bridge Home* "One of the most relevant and needed young adult novels of the year, a must-read." --Jennifer Mathieu, critically acclaimed author of *The Liars of Mariposa Island* and *Moxie* "An achingly beautifully story...masterfully told...Jenny Torres Sanchez is a true leader within young adult fiction." --Christina Diaz Gonzalez, award-winning author of *The Red Umbrella* "*We Are Not From Here* is absolutely stunning. It's raw and real, gritty and gorgeously told. A story that's painfully relevant today, and told with such precision and beauty, you can feel it. It's breathtaking and left me absolutely breathless." --Lauren Gibaldi, author of *This Tiny Perfect World* "[This] is a book that will mark your heart. Jenny Torres Sanchez challenges us to feel, empathize and understand. A searing, necessary and ultimately beautiful

book." --Alexandra Villasante, critically acclaimed author of *The Grief Keeper* \* "A brutally honest, not-to-be-missed narrative...gripping, heart-wrenching, and thrilling." --Kirkus Reviews, STARRED REVIEW \* "A candid, realistic story that will leave readers thinking about the characters--and about our own world--long after the last page." --SLJ, STARRED REVIEW \* "Gripping, poignant...this soul-shaking narrative [recalls] the works of Gabriel García Márquez." --Booklist, STARRED REVIEW \* "A devastating read that is difficult to put down, this unforgettable book unflinchingly illuminates the experiences of those leaving their homes to seek safety in the United States." --Publishers Weekly, STARRED REVIEW

**My Own Two Feet** - Beverly Cleary  
1996-10-01

The New Yorker called Beverly Cleary's first volume of memoirs, A

Girl From Yamhill, a warm, honest book, as interesting as any novel. Now the creator of the classic children's stories millions grew up with continues her own fascination story. Here is Beverly Cleary, from college years to the publication of her first book. It is a fascinating look at her life and a writing career that spans three generations, continuing to capture the hearts and imaginations of children of all ages throughout the world.

**Hinds' Feet on High Places** - Hannah Hurnard 2017-11-07

Journey with Much-Afraid to new heights of love, joy, and victory! For the first time, this beloved Christian allegory is a mixed-media special edition complete with charming watercolor paintings, antique tinted photography, and meditative hand-lettered Scripture. As you read and connect with the story of Much-Afraid and her trials, the pages of this book come alive

thanks to the plethora of special artwork. *Hinds' Feet on High Places*, with more than 2,000,000 copies sold, is a story of endurance, persistence, and reliance on God. This book has inspired millions of people to become sure-footed in their faith even when facing the rockiest of life's terrain. The story of *Much-Afraid* is based on Psalm 18:33: "He makes me as surefooted as a deer, enabling me to stand on mountain heights." The complete *Hinds' Feet* story is accented by 80 full-color paintings, photography, and hand-lettered Scripture.

*Five Feet Apart* - Rachael Lippincott  
2019-02-05

Now a major motion picture starring Cole Sprouse and Haley Lu Richardson! Goodreads Choice Winner, Best Young Adult Fiction of 2019 In this #1 New York Times bestselling novel that's perfect for fans of John Green's *The Fault in Our Stars*, two teens fall in love with just one minor

complication—they can't get within a few feet of each other without risking their lives. Can you love someone you can never touch? Stella Grant likes to be in control—even though her totally out of control lungs have sent her in and out of the hospital most of her life. At this point, what Stella needs to control most is keeping herself away from anyone or anything that might pass along an infection and jeopardize the possibility of a lung transplant. Six feet apart. No exceptions. The only thing Will Newman wants to be in control of is getting out of this hospital. He couldn't care less about his treatments, or a fancy new clinical drug trial. Soon, he'll turn eighteen and then he'll be able to unplug all these machines and actually go see the world, not just its hospitals. Will's exactly what Stella needs to stay away from. If he so much as breathes on Stella she could lose her spot on the transplant



list. Either one of them could die. The only way to stay alive is to stay apart. But suddenly six feet doesn't feel like safety. It feels like punishment. What if they could steal back just a little bit of the space their broken lungs have stolen from them? Would five feet apart really be so dangerous if it stops their hearts from breaking too?

Solito - Javier Zamora 2022-09-06  
New York Times Bestseller • Read With Jenna Book Club Pick as seen on Today • Winner of the Los Angeles Times Christopher Isherwood Prize for Autobiography • Winner of the American Library Association Alex Award A young poet tells the inspiring story of his migration from El Salvador to the United States at the age of nine in this “gripping memoir” (NPR) of bravery, hope, and finding family. Finalist for the PEN/John Kenneth Galbraith Award for Nonfiction • One of the New York Public Library's Ten Best Books of

the Year Longlisted for the Andrew Carnegie Medal for Excellence and the PEN/Open Book Award “I read *Solito* with my heart in my throat and did not burst into tears until the last sentence. What a person, what a writer, what a book.”—Emma Straub “A riveting tale of perseverance and the lengths humans will go to help each other in times of struggle.”—Dave Eggers ONE OF THE BEST BOOKS OF THE YEAR: The New York Times Book Review, NPR, The Washington Post, San Francisco Chronicle, Vulture, She Reads, Kirkus Reviews Trip. My parents started using that word about a year ago—“one day, you'll take a trip to be with us. Like an adventure.” Javier Zamora's adventure is a three-thousand-mile journey from his small town in El Salvador, through Guatemala and Mexico, and across the U.S. border. He will leave behind his beloved aunt and grandparents to reunite with a mother who left four years ago and a father

he barely remembers. Traveling alone amid a group of strangers and a “coyote” hired to lead them to safety, Javier expects his trip to last two short weeks. At nine years old, all Javier can imagine is rushing into his parents’ arms, snuggling in bed between them, and living under the same roof again. He cannot foresee the perilous boat trips, relentless desert treks, pointed guns, arrests and deceptions that await him; nor can he know that those two weeks will expand into two life-altering months alongside fellow migrants who will come to encircle him like an unexpected family. A memoir as gripping as it is moving, *Solito* provides an immediate and intimate account not only of a treacherous and near-impossible journey, but also of the miraculous kindness and love delivered at the most unexpected moments. *Solito* is Javier Zamora’s story, but it’s also the story of millions of others who

had no choice but to leave home.

There I Am - Ruthie Lindsey

2021-04-20

*Brain on Fire* meets *Carry On, Warrior* in this inspirational memoir and “testament to the things that break us, heal us, and make us who we are” (Glennon Doyle, #1 New York Times bestselling author) that explores one woman’s journey from chronic pain and hopelessness to finding joy, redemption, and healing. At seventeen years old, Ruthie Lindsey is hit by an ambulance near her home in rural Louisiana. She’s given a five percent chance of survival and one percent chance of walking again. One month later after a spinal fusion surgery, Ruthie defies the odds, leaving the hospital on her own two feet. Just a few years later, newly married and living in Nashville, Ruthie begins to experience debilitating pain. Her case confounds doctors and after numerous rounds of testing, imaging, and treatment, they prescribe

narcotic painkillers—lots of them. Ruthie has become bedridden, dependent on painkillers, and hopeless, when an X-ray reveals that the wire used to fuse her spine is piercing her brain stem. Without another staggeringly expensive experimental surgery, she could well become paralyzed, but in many ways, she already is. Ruthie goes into the hospital in chronic pain, dependent on prescription painkillers, and leaves the same way. She can still walk but has no idea where she's going. As her life unravels, Ruthie returns home to Louisiana and sets out on a journey to learn joy again. She trades fentanyl for sunsets and morphine for wildflowers, weaning herself off of the drugs and beginning the process of healing—of coming home to her body. Raw and redemptive, *There I Am* is not just about the magic of optimism, but the work of it. Ruthie's extraordinary memoir "like going on a walk with a

best friend and listening to a life-changing speech at the same time: it's equal parts familiar and profound, warm and insightful, comforting and challenging, relatable and unlike anything you've read before" (Mari Andrew, *New York Times* bestselling author).

**Between Two Kingdoms** - Suleika Jaouad  
2022-03-01

NEW YORK TIMES BESTSELLER • A searing, deeply moving memoir of illness and recovery that traces one young woman's journey from diagnosis to remission to re-entry into "normal" life—from the author of the *Life, Interrupted* column in *The New York Times* ONE OF THE BEST BOOKS OF THE YEAR: *The New York Times* Book Review, *The Washington Post*, *Bloomberg*, *The Rumpus*, *She Reads*, *Library Journal*, *Booklist* • "I was immersed for the whole ride and would follow Jaouad anywhere. . . . Her writing restores the moon, lights the way as we learn to endure the

unknown.”—Chanel Miller, The New York Times Book Review “Beautifully crafted . . . affecting . . . a transformative read . . . Jaouad’s insights about the self, connectedness, uncertainty and time speak to all of us.”—The Washington Post In the summer after graduating from college, Suleika Jaouad was preparing, as they say in commencement speeches, to enter “the real world.” She had fallen in love and moved to Paris to pursue her dream of becoming a war correspondent. The real world she found, however, would take her into a very different kind of conflict zone. It started with an itch—first on her feet, then up her legs, like a thousand invisible mosquito bites. Next came the exhaustion, and the six-hour naps that only deepened her fatigue. Then a trip to the doctor and, a few weeks shy of her twenty-third birthday, a diagnosis: leukemia, with a 35 percent chance of

survival. Just like that, the life she had imagined for herself had gone up in flames. By the time Jaouad flew home to New York, she had lost her job, her apartment, and her independence. She would spend much of the next four years in a hospital bed, fighting for her life and chronicling the saga in a column for The New York Times. When Jaouad finally walked out of the cancer ward—after countless rounds of chemo, a clinical trial, and a bone marrow transplant—she was, according to the doctors, cured. But as she would soon learn, a cure is not where the work of healing ends; it’s where it begins. She had spent the past 1,500 days in desperate pursuit of one goal—to survive. And now that she’d done so, she realized that she had no idea how to live. How would she reenter the world and live again? How could she reclaim what had been lost? Jaouad embarked—with her new best friend, Oscar, a scruffy terrier

mutt-on a 100-day, 15,000-mile road trip across the country. She set out to meet some of the strangers who had written to her during her years in the hospital: a teenage girl in Florida also recovering from cancer; a teacher in California grieving the death of her son; a death-row inmate in Texas who'd spent his own years confined to a room. What she learned on this trip is that the divide between sick and well is porous, that the vast majority of us will travel back and forth between these realms throughout our lives. *Between Two Kingdoms* is a profound chronicle of survivorship and a fierce, tender, and inspiring exploration of what it means to begin again.

*On My Own Two Feet* - Manisha Thakor  
2013-11-29

A personal finance guide for women explains the basic principles of money management, including how much of one's income to save, understanding credit scores, how to

create a budget, and investing wisely.

***A Journey Round My Room*** - Xavier de Maistre 1829

*Get Financially Naked* - Manisha Thakor 2009-11-18

You may think that marital bliss means money doesn't matter, but in today's troubled economic times, that's simply false hope. And with layoffs galore and debt mounting, financial stress is through the roof. Think keeping afloat and affectionate is impossible? Think again. This inspiring, action-oriented guide helps young women in committed relationships understand and manage their money matters. Complete with charts, graphs, case studies, and tip-based advice, this succinct, straightforward guide speaks to worried women in the same way that made *On My Own Two Feet* a mega-success. Accessible and easy to follow, the three-part process

presented in this book teaches you how to: Accurately interpret your current financial condition Become truly involved in the costs of the couple Move forward using the "three powers steps to financial success" This expert author team is here to help once more. Clearing up confusion, stating the truth, developing a plan—and now, helping create a happy home.

Four Feet, Two Sandals - Karen Lynn Williams 2007

Two young Afghani girls living in a refugee camp in Pakistan share a precious pair of sandals brought by relief workers. Includes author's note about refugees.

**Go Back to Where You Came From: And Other Helpful Recommendations on How to Become American** - Wajahat Ali  
2022-01-25

"Go back to where you came from, you terrorist!" This is just one of the many warm, lovely, and helpful tips that Wajahat Ali and other children

of immigrants receive on a daily basis. Go back where, exactly? Fremont, California, where he grew up, but is now an unaffordable place to live? Or Pakistan, the country his parents left behind a half-century ago? Growing up living the suburban American dream, young Wajahat devoured comic books (devoid of brown superheroes) and fielded well-intentioned advice from uncles and aunties. ("Become a doctor!") He had turmeric stains under his fingernails, was accident-prone, suffered from OCD, and wore Husky pants, but he was as American as his neighbors, with roots all over the world. Then, while Ali was studying at University of California, Berkeley, 9/11 happened. Muslims replaced communists as America's enemy #1, and he became an accidental spokesman and ambassador of all ordinary, unthreatening things Muslim-y. Now a middle-aged dad, Ali has become one of the foremost and

funniest public intellectuals in America. In *Go Back to Where You Came From*, he tackles the dangers of Islamophobia, white supremacy, and chocolate hummus, peppering personal stories with astute insights into

national security, immigration, and pop culture. In this refreshingly bold, hopeful, and uproarious memoir, Ali offers indispensable lessons for cultivating a more compassionate, inclusive, and delicious America.