

Serpent Of Light Beyond 2012 By Drunvalo Melchizedek

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Serpent of Light - Drunvalo Melchizedek

2008-01-01

Part travel adventure, part spiritual instruction - a first-hand account of the movement of the Earth's Kundalini and the rise of the Female

Light, 1948 to 2013.

Journeys Into the Heart - Drunvalo

Melchizedek 2017-02-22

Moving into the Heart There is movement associated with entering the sacred space of the

heart. Without this movement, your brain only imagines that you are in the sacred space of the heart, but this is not true. In *Journeys into the Heart*, you will find exercises that show you how to move your spirit there. If you have never done this before, it may seem a little strange, but you will get it. The master authorized to guide you into your heart is the spirit behind the eyes reading these words now. That is you. Read and enjoy practicing and applying all the methods we offer you. Decide the appropriate one for you. Then practice, practice, and practice again, and remember who you really are. Last, read about our experiences entering the heart, about the prayer of the heart, and living in the heart. You might find them very helpful on your own spiritual journey. Remember, you and I are alike. I am you and you are me. --Drunvalo Melchizedek and Daniel Mitel

2012 - Hunt Henion 2011-01-11

This book summarizes THE BEST insights of thirty-seven of the world's most authoritative

sources. It provides readers with a vast cross-section of information and perspectives on this initiation into a divinely ordained, new beginning for our world! The authors of this prophetic anthology explain what's happening around us today and what "ascension" is all about. Each chapter adds dimension, reassurance and excitement about this exciting transition.

The Mayan Ouroboros - Drunvalo Melchizedek
2012-11-01

There have been many interpretations and predictions about the year 2012, known as the Mayan End Time—touted in everything from books to television commercials. But what do the Mayans themselves have to say about these prophecies? In *The Mayan Ouroboros*, the much-anticipated follow-up to his bestselling *Serpent of Light*, spiritual researcher Drunvalo Melchizedek reveals for the first time what Mayan elders have told him about this period. In this book he explains how to prepare for this transition to a new 13,000-year cycle by learning how to move

out of our brain and into our hearts. He shares the Mayan insight of the importance of our heart connection to our survival and ability to thrive during these times. Plus The Mayan Ouroboros reveals: The untold positive side of the Mayan prophecies The Mayan End Time--a seven-year period of transition which began in 2007 The magnetic pole shift that is currently affecting humans around the world The new ways in which humans will begin to perceive and communicate in the world. The discovery of thousands of ancient Mayan codexes that are currently being decoded by the Mayans

The Massage Bible - Susan Mumford 2009-11
From Chinese massage to Shiatsu to Indian head massage, this lavishly illustrated "bible" presents all the techniques needed to master the basics. Every spread features large and easy-to-follow photos, while the text guides beginners on what pressure to exert, what part of the hand makes contact with the body, and exactly what to do--whether they're feathering the back, working on

the neck and scalp, or performing a sequence on the arms and hands. In addition to holistic and sports massages, there are suggestions for special situations (including massaging a baby); advice on massages to relieve common ailments; and lifestyle tips.

The Mayan Code - Barbara Hand Clow
2007-03-29

Bestselling author Barbara Hand Clow shows how the Mayan Calendar is a bridge to galactic wisdom that fosters personal growth and human evolution • Unearths the meaning behind the calendar, its message for modern civilization, and what will happen when the calendar ends • Reveals how time acceleration is a manifestation of the acceleration of consciousness • By the author of The Pleiadian Agenda The Mayan Code is a deep exploration of how, as we approach the end of the Mayan Calendar, time and consciousness are accelerating, giving us a new understanding of the universe. Using Carl Johan Calleman's research, as well as the ideas of other

Mayan Calendar scholars, Barbara Hand Clow examines 16.4 billion years of evolution to decode the creative patterns of Earth--the World Mind. These great patterns culminate in 2011, and then during 2012 major astrological influences will inspire us to attain oneness and enlightenment. The Mayan Code shows how the time cycles of the Calendar match important periods in the evolutionary data banks of Earth and the Milky Way Galaxy. These stages of evolution are converging during the final stage of the Calendar, the period between 1999 and 2011. War and territoriality, resource management and separation from nature, are all part of daily events we must process during these few short years: evidence of the tightening spiral of time that we experience as time speeding up. Barbara Hand Clow counsels that our own personal healing is the most important factor as we prepare to make this critical leap in human evolution--now referred to as the awakening of the World Mind.

Where Were You Before the Tree of Life?

Volume 1 - Peter R. Farley 2011-04-04

Volume 1 of 9 These books are the first to fully map out the history of alien interaction with the Earth, past, present, and into the near future. Extending the work of noted researchers such as Erich Von Daniken and Zecharia Sitchin, the book series goal is to show its readers the extensive repercussions this interaction has had on life on this planet, especially its formative role in the global conspiracy known as the New World Order.

[AHA! The Realization Book](#) - Janet McClure
1997-06-01

What is a realization? It is bringing together, making real, and understanding where you are now with respect to a certain area of your life, usually a certain large area in your life.... Suddenly something that you didn't see or understand previously becomes crystal clear, especially to the mental body. If you recognize that you create your own life from your beliefs about yourself (and this book is based on that

premise), then you know also that you can change your life, improve it by changing the beliefs that are not serving you well. Usually, however, to make a complete change it is necessary to recognize or realize more than just mentally. Your emotional body's beliefs and needs must be met. The emotional body needs to feel supported as you change this pattern. The emotional works through feelings and symbols, but its conclusions are just as valid, just as meaningful, and even more powerful than the mental conclusions. In this book, I, Vywamus, have given many possible causes of a lot of undesirable or unclear circumstances that you may be mirroring in your life. You can read the sections and see if they seem to apply to what you are mirroring into your life from your beliefs. If you are manifesting into your life in a way that is not clear, then reading this book may give you a "light bulb" or a realization that you are holding a specific erroneous belief.

Beyond the Flower of Life - Maureen J. St.

Germain 2021-04-16

- Includes tools and techniques to permanently elevate and program your MerKaBa field, including how to create surrogate MerKaBas for specific purposes
- Explains how to accurately connect with your Higher Self to live fearlessly and confidently and shares toning, chanting, and heart-opening practices to acquire unconditional love energy and heal emotional wounds
- Looks at paranormal experiences resulting from an activated MerKaBa, the power of Mother Earth ley lines, and the Christ Consciousness Grid Through teaching MerKaBa and Advanced Flower of Life workshops to thousands of students around the world since 1995, Maureen J. St. Germain has developed and channeled specific methods to enhance your meditation practice. In this step-by-step guide, she shares tools, techniques, and knowledge to strengthen your heart connection, develop a relationship with your Higher Self, and elevate and program your MerKaBa field to manifest success, health,

happiness, and higher consciousness. She begins by explaining what the MerKaBa is: a fifth-dimensional Light Body activated from the geometric energy field that exists around the body. She shows how activating it daily produces its permanent existence. Sharing toning, chanting, and heart-opening practices, Maureen explains a precise protocol for fully and reliably connecting with your Higher Self, which will allow you to go through life fearlessly and confidently. She explores how to write programs for your MerKaBa and how to create surrogate MerKaBas for specific purposes. She also looks at paranormal experiences resulting from an activated MerKaBa, the power of Earth ley lines, the Christ Consciousness Grid, and how to marry the ego to the Higher Self to create Heaven on Earth. An updated resource for meditation practitioners and anyone who wishes to improve their connection with their divinity, this new edition of *Beyond the Flower of Life* provides a path to open your heart, fearlessly embrace

unconditional love, access the Higher Self, and activate a multidimensional understanding of reality.

The Melchizedek Teachings - Daniel Mitel
2019-08-31

The Melchizedek teachings are undoubtedly the first on every inhabited world as they are considered to be the basis of any civilization. This first book of The Melchizedek Teachings series clarifies a subject that is very important in our times: the higher self and the ascension process.

[The Ancient Secret of the Flower of Life, Volume 2](#) - Drunvalo Melchizedek 2000

The sacred Flower of Life pattern, the primary geometric generator of all physical form, is explored in even more depth in this volume, the second half of the famed Flower of Life workshop. The proportions of the human body, the nuances of human consciousness, the sizes and distances of the stars, planets and moons, even the creations of humankind, are all shown to reflect their origins in this beautiful and divine image.

Through an intricate and detailed geometrical mapping, Drunvalo Melchizedek shows how the seemingly simple design of the Flower of Life contains the genesis of our entire third-dimensional existence. From the pyramids and mysteries of Egypt to the new race of Indigo children, Drunvalo presents the sacred geometries of the Reality and the subtle energies that shape our world. We are led through a divinely inspired labyrinth of science and stories, logic and coincidence, on a path of remembering where we come from and the wonder and magic of who we are. Finally, for the first time in print, Drunvalo shares the instructions for the Mer-Ka-Ba meditation, step-by-step techniques for the re-creation of the energy field of the evolved human, which is the key to ascension and the next dimensional world. If done from love, this ancient process of breathing prana opens up for us a world of tantalizing possibility in this dimension, from protective powers to the healing of oneself, of others and even of the planet.

Embrace the expanded vision and understanding that Drunvalo offers to the world. Coincidences abound, miracles flourish and the amazing stories of mysteries unveiled arise as the author probes the Ancient Secrets of the Flower of Life.

Thinking And Destiny - Harold W. Percival
2002-04

In Thinking and Destiny, something new, although older than time, is now made known to the world--about Consciousness. The information is largely about the makeup of the human, where man comes from, what becomes of him; it explains what thinking is; it tells how a thought is created, and how thoughts are exteriorized into acts, objects and events, and how they make his destiny. Destiny is thus shown to be self-determined by thinking; and the process of re-existence and the after-death states are told in detail. A single reading of any one chapter of Thinking and Destiny brings rich rewards in new understanding of life's puzzling mysteries. To read the entire book is to come nearer to

knowledge of one`s destiny and how to shape it than is possible through study of anything previously written in the English language. Both the casually curious glancer at books and the most avid seeker for knowledge will be intrigued by the index, which lists more than 400 subjects in Thinking and Destiny, and by the fifteen chapter headings in the Table of Contents, which identify the 156 sections. The Foreword contains the only pages in which Mr. Percival uses the first personal pronoun. Here he relates some of the amazing experiences through which he was able to grasp the knowledge he transmits, and to acquire the ability to do so.

Beyond the Power of Now - L. Ron Gardner
2012-09

Eckhart Tolle is perhaps the most popular spiritual guru in the world. His books have topped the New York Times Bestseller List, and his core teaching-achievement of liberation via the power of Now-has become the "guiding light" of the New Age movement. But according to L. Ron

Gardner, author of *Beyond the Power of Now*, there is a problem-a big problem-with Tolle's core teaching: Tolle never explains what, exactly, the power of Now is. Is it the same thing as Hindu Shakti or the Buddhist Sambhogakaya or the Christian Holy Spirit? Tolle doesn't say. He continually refers to the Bible and Jesus in his book, but, shockingly, never once mentions the Holy Spirit and how it relates to the Power of Now. L. Ron makes it clear that the true Power of Now is the Holy Spirit, which is the same divine Light-energy as Hindu Shakti and the Buddhist Sambhogakaya. He explains and extolls the true power of Now and castigates Tolle for failing to identify and describe it. To some, Eckhart Tolle is a New Age visionary, describing a "new earth" that can materialize if mankind, en masse, awakens to the power of Now. But according to L. Ron Gardner, he is simply a histrionic ranter full of empty rhetoric. Throughout this book, L. Ron continually points out, from different angles, the folly of Tolle's New (or Now) Age chimera and

describes the social system that represents mankind's sociopolitical salvation. Beyond Tolle's teaching about the power of Now and rhetoric about a "new earth," L. Ron takes the renowned guru to task on virtually every subject he addresses. Most significantly, he rebuts his arguments that: 1) emotions can be trusted more than thought; 2) time is a mind-created illusion; 3) psychological time is insanity; 4) the present moment is the Now; 5) the "inner" body is the direct link to the Now; 6) your cells stop aging when you live in the Now; 7) women are spiritually more evolved than men; and 8) animals such as ducks and cats are Zen masters. Eckhart Tolle's teachings are replete with erroneous ideas, and L. Ron Gardner exposes the major flaws in his principal arguments while providing readers with integral solutions.

Earth - Barbara Marciniak 1994-11-01

Embraced worldwide as key spiritual teachers of our times, the Pleiadians are back, with another bold and controversial look at our highest

purpose on Earth. Earth: Pleiadian Keys to the Living Library is their handbook to inspired living, calling on us to restore and return value to the human being, and to recognize the Goddess energies and the power of blood as connections to our DNA and our heritage. Using wit, wisdom, and deep compassion, they entice us to explore the corridors of time through the concept of the Game Masters; to awaken the crucial codes for multidimensional perspective; and to redream the Living Library of Earth. Their teachings are significantly arranged in twelve chapters to trigger a deeper understanding of our ancestral lineage. Earth probes the memories hidden deep within us to reveal our crucial roles in the transformational process unfolding in our times.

The Ancient Secret of the Flower of Life, Volume 2 - Drunvalo Melchizedek 2012-04-27

The sacred Flower of Life pattern, the primary geometric generator of all physical form, is explored in even more depth in this volume, the second half of the famed Flower of Life workshop.

The proportions of the human body, the nuances of human consciousness, the sizes and distances of the stars, planets and moons, even the creations of humankind, are all shown to reflect their origins in this beautiful and divine image. Through an intricate and detailed geometrical mapping, Drunvalo Melchizedek shows how the seemingly simple design of the Flower of Life contains the genesis of our entire third-dimensional existence. From the pyramids and mysteries of Egypt to the new race of Indigo children, Drunvalo presents the sacred geometries of the reality and the subtle energies that shape our world. We are led through a divinely inspired labyrinth of science, stories, logic, and coincidence on a path of remembering where we come from and the wonder and magic of who we are. Finally, for the first time in print, Drunvalo shares the instructions for the Mer-Ka-Ba meditation--step-by-step techniques for the re-creation of the energy field of the evolved human--which is the key to ascension and the

next dimensional world. if done from love, this ancient process of breathing prana opens up for us a world of tantalizing possibility in this dimension, from protective powers to the healing of oneself, of others, and even of the planet. You may discover a memory or a fleeting reflection of yourself in the following topics: - The Unfolding of the Third Informational System: the circles and squares of human consciousness, Leonardo da Vinci's true understanding of the Flower of Life, and exploring the rooms of the great pyramid - Whispers From Our Ancient Heritage: the initiations of Egypt, the mysteries of resurrection, interdimensional conception, ancient mystery schools, Egyptian tantra, and sexual energy and the orgasm - Unveiling the Mer-Ka-Ba Meditation: chakras and the human energy system, energy fields around the body, the seventeen breaths of the Mer-Ka-Ba meditation, and the sacred geometry of the human lightbody. For Starseeds - Ruth Starseed Hoskins 2012-11
For Starseeds: Healing the Heart-Pleiaidan

Crystal Meditations, twenty-eight healing meditations open the spiritual seeker to higher consciousness and heal the heart. "Whether you're familiar and at home with the stone kingdom or just getting started in this glorious realm, For Starseeds: Healing the Heart-Pleiaidan Crystal Meditations is an instructive, comforting, and fascinating read. Ruth shares deeper dimensions of each stone that feel spot on to me. She also shows you how to honor your own experience with stones. A welcome new book for those seeking to understand the world of crystals and meditation." -Lee Burch, RN, Psychiatric Nurse "In her latest book, For Starseeds: Healing the Heart-Pleiaidan Crystal Meditations, Ruth integrates a wealth of knowledge gained from 40 years of experience as a licensed psychotherapist, clinical social worker, and educator, with her extensive research and work in the area of metaphysics and spirituality. Readers will find an abundance of detailed information, as well as a practical guide to

utilizing these teachings for their personal growth. In these critical times, meditation can be a valuable tool for maintaining one's equilibrium, and the techniques contained within these writings may provide invaluable assistance." - Michael Diamond-Arts and Media Journalist [Welcome to the Fifth Dimension](#) - Bianca Gaia 2011-07-12

Based on her popular workshops in Canada and Europe, Welcome to the Fifth Dimension is author Diane LeBlanc's guide to helping readers recognize and integrate their multiple dimensions. Through examples, exercises, and channeled teachings, she shows us how to regain our co-creative power and live each day and moment in a state of grace. The key, says LeBlanc, is Quintessence, a self-coaching program that revitalizes the five most important dimensions of human existence in order to feel better, recover from disease, and be fully happy. The book breaks Quintessence into groups of five: the five energy fields that surround the

body, the individual's five main ÒSoul families, Ó the five dimensions of the human brain, and others. The book assesses and draws on many contemporary schools of thought, as seen in books like *The Law of Attraction*, *The Power of Now*, and *The Celestine Prophecy*. It also provides original teachings channeled from the powerful entity LeBlanc describes as the "Mother Earth Consciousness," personified as Bianca Gaia who is LeBlanc's alter ego. Packed with charts, diagrams, and illustrations, this compelling book encourages readers to radically enhance their health and happiness by opening their minds to this new way of thinking.

[Raise Your Vibration](#) - Kyle Gray 2016-03-29
"Having a daily spiritual practice is the key to developing your spiritual skills, gifts, and qualities. When you take the time to acknowledge who you are, focus your mind, and meditate, you create room in your life to grow and you encourage your heart to open up and connect deeply with the flow of life." - Kyle Gray

Kyle Gray's remarkable intuitive gifts have made him one of the UK's most sought-after experts in the field. Now, following huge demand from his readers, Kyle unveils the 111 essential practices that he has been using for over 10 years to develop his spiritual skills. In this book, Kyle explains how you too can deepen your connection with the Divine. The key is to raise your vibration, and Kyle teaches how you can do this by cultivating practices and habits such as:

- trusting and developing your inner guidance
- expressing yourself in a way that's filled with the purest integrity
- giving and receiving in a way that's balanced
- manifesting and creating a life you love and deserve. . . and much more!

Get ready to shift your energy, access a higher frequency, and start receiving more joy, love, and miracles in your life!

[Awakening to Zero Point](#) - Gregg Braden 1997

The Ancient Secret of the Flower of Life, Volume 1 - Drunvalo Melchizedek 2012-04-28

Once, all life in the universe knew the Flower of Life as the creation pattern - the geometrical design leading us into and out of physical existence. Then from a very high state of consciousness we fell in darkness and forgot who we were. For thousands of years the secret was held in ancient artifacts and carvings around the world, and encoded in the cells of all life. Here Drunvalo Melchizedek presents in text and graphics the first half of the Flower of Life Workshop, illuminating the mysteries of how we came to be, why the world is the way it is and the subtle energies that allow our awareness to blossom into its true beauty. Sacred Geometry is the form beneath our being and points to a divine order in our reality. We can follow that order from the invisible atom to the infinite stars, finding ourselves at each step. The information here is one path, but between the lines and drawings lie the feminine gems of intuitive understanding. Explore the miracle of our existence by meandering through the wonderland of

geometry, science, ancient history and new discovery, seen through the widened vision of Drunvalo and the Flower of Life. Volume 2 will explore in great detail the Mer-Ka-Ba, the 55-foot-diameter energy field of the human lightbody. This knowledge leads to ascension and the next dimensional world. About the Author Drunvalo Melchizedek's life experience reads like an encyclopedia of breakthroughs in human endeavor. He studied physics and art at the University of California at Berkeley, but he personally feels that his most important education came after college. In the last 25 years he has studied with over 70 teachers from all belief systems and religious understandings, providing him with a wide breadth of knowledge, compassion and acceptance. Not only is Drunvalo's mind exceptional, but his heart, his warm personality, his love for all life everywhere, is immediately understood and felt by anyone who meets him. For some time now he has been bringing his vast vision to the world through the

Flower of Life program and the Mer-Ka-Ba meditation.

Living in the Heart - Drunvalo Melchizedek
2012-04-27

Long ago we humans used a form of communication and sensing that did not involve the brain in any way; rather, it came from a sacred place within our hearts. What good would it do to find this place again? This is a book of remembering. You have always had this place within your heart, and it is still there now. It existed before creation, and it will exist even after the last star shines its brilliant light. At night when you enter your dreams, you leave your mind and enter the sacred space of your heart. But do you remember? Or do you only remember the dream? Why am I telling you about this "something" that is fading from our memories? What good would it do to find this place again in a world where the greatest religion is science and the logic of the mind? Don't I know where emotions and feelings are second-class citizens?

Yes, I do. But my teachers have asked me to remind you who you really are. You are more than just a human being, much more. For within your heart is a place, a sacred place, where the world can literally be remade through conscious cocreation. If you really want peace of spirit and if you want to return home, I invite you into the beauty of your own heart. With your permission, I will show you what has been shown to me. I will give you the exact instructions to the pathway into your heart where you and God are intimately one. It is your choice. But I must warn you: Within this experience resides great responsibility. Life knows when a spirit is born to the higher worlds, and life will use you as all the great masters who have ever lived have been used. If you read this book and do the meditation and then expect nothing to change in your life, you may get caught spiritually napping. Once you have entered the light of the great darkness, your life will change -- eventually, you will remember who you really are.

The Sculptor in the Sky - Teal Swan

2011-03-08

"You can not have a life, you can not lose a life... You are life. It is you who hold the power to decide yourself back onto the path you intended...the path of welcoming and becoming your own bliss." The Sculptor In The Sky, the new book by spiritual catalyst, Teal Scott takes you on a journey of rediscovery of the universe of god and of yourself. This extraordinary book challenges us to reconnect with the eternal essence of our being and to expand our ideas about the reality we live in It is a must have for the curious, the wanting and the ready. A provocative guide to answering the questions that every person asks at some point in their life.

Saving Jesus - Dr Miceal Ledwith 2017-11-04

Jesus promised that those who truly put his teachings into practice would do all the wonders he did and greater. Why then, even after 2,000 years, has there never yet been any significant sign of these wonders happening in any of the

more than 20,000 Christian Churches and Congregations that are proud to bear his name today? The Crucifixion took place on the eve of Passover. That major Jewish Festival centered on the sacrifice of a lamb on the altar of the Temple. The shedding of its blood was believed to wash our sins in the sight of God. It was almost inevitable that the earliest followers of Jesus would have tied Jesus to the Sacrificial Lamb of Passover. Over the centuries this warped belief that Jesus is a Suffering Savior, who came here to die for our sins, has dealt a crippling blow to the emergence of the spiritual power that he promised us. There is hope. This book assaults those crippling beliefs by an investigation that ranges through history, the religious mindset, and the workings of the brain. It shows how we can learn to change these deeply embedded and subconscious programs. As Jesus said: "Those who have ears to hear let them hear."

Wicca, Plain and Simple - Leanna Greenaway
2017-05-01

Greenaway takes a contemporary approach to Wicca, also known as witchcraft, and shows you how to use it as a healing and positive force. Practice magic with tarot cards, agents, and pendulums; cast love, health, wealth, family happiness, and career spells; and discover which herbs are beneficial when conducting spells and rituals. Greenaway makes these life-affirming, ancient Wiccan traditions meaningful and accessible to us today by providing a basic understanding of the key elements of Wiccan practice, including: Lunar magic Initiation Herbs and gardens Pendulum power Animal magic Eminently practical, Wicca, Plain & Simple also includes over 25 spells for beginning practitioners that range from fertility spells and money spells, to love spells and much more.

The Thirteen Original Clan Mothers - Jamie Sams 1994-04-22

Offers a visionary guide to self-knowledge, revealing the mysteries of the ancient female oral tradition.

The Pleiadian Workbook - Amora Quan Yin
1995-12-01

The Pleiadian Workbook is a direct transmission from the Pleiadian Emissaries of Light--Light beings from the Pleiades--who say it's time now for spiritual growth, ascension, and healing. Through Amora Quan Yin, we are taught to open our "Ka Channels," which pull energy from our multidimensional, holographic selves into our physical bodies. These galactic healing techniques align us with our divine selves, raise our vibratory rates, and rejuvenate and balance our bodies, while accelerating spiritual evolution and stimulating emotional healing.

Keys to Healing and Self-Mastery According to the Hathors - Ricardo B. Serrano 2011-11

A Guide for Emotional and Self-Mastery, Healing and Stress Management The goal of the fourth book Keys to Healing and Self-Mastery according to the Hathors, a supplementary book to Holographic Sound Healing taught at the Meditation and Qigong Mastery book, and the

Omkabah Heart Lightbody Activation video, is to build the Ka and offer readers an effective Hathor's emotional mastery technique to manage emotional stress, the main cause of disease, in their daily lives and spiritually awaken when emotional stress is cleared, released and stabilized. Doing this practice will provide a fast, safe way to stabilize your chaotic emotions such as anger or fear. Holographic Sound Healing with the Four Sacred Elements is integrated with Ka(Merkaba) Meditation to complement Holographic Lightbody activation, and build the Sahhu or immortal golden lightbody. Dr. Johanna Budwig's Diet for Cancer and Chronic Diseases and Sun gazing are included as adjunct keys to healing. In summary, the four books Meditation and Qigong Mastery, Return to Oneness with the Tao, Return to Oneness with Spirit, and Keys to Healing and Self-Mastery according to the Hathors form a four-sided basic pyramid foundation, so to speak, of dietary and energy-based psychoneuroimmunology or

neuroimmunomodulation strategies to effectively heal substance abuse and chronic diseases mainly caused by emotional stress, diet that is high in trans-fatty acids and low in Essential Fatty Acids, and unhealthy lifestyle. These strategies bring the physical, mental, emotional, and spiritual aspects of a person into homeostasis, and at the same time spiritually awaken a person in the process of being in the flow because the individual being is one with universal being.

Serpent of Light - Drunvalo Melchizedek

2011-05-14

Every 13,000 years on Earth a sacred and secret event takes place that changes everything. Mother Earth's Kundalini energy emerges from its resting place in the planet's core and moves like a snake across the surface of our world. Once at home in ancient Lemuria, it moved to Atlantis, then to the Himalayan mountains of India and Tibet, and with every relocation changed our idea of what spiritual means. And gender. And heart. This time, with much difficulty, the Serpent of

Light has moved to the Andes Mountains of Chile and Peru. Multi-dimensional, multi-disciplined, and multi-lived, for the first time in this book, Drunvalo begins to tell his stories of 35 years spent in service to Mother Earth. Follow him around the world as he follows the guidance of Ascended Masters, his two spheres of light, and his own inner growing knowledge. His story is a living string of ceremonies to help heal hearts, align energies, right ancient imbalances, and balance the living Earth's Unity Consciousness Grid - in short to increase our awareness of the indivisibility of life in the universe. We are all - rocks and people and interdimensional beings - one! Part travel adventure, part spiritual instruction - a firsthand account of a once in 13,000 years process. Drunvalo Melchizedek has a story to tell - an adventure story, a story of healing ceremonies that take place from the Yucatan to Kauai and Moorea to the Grand Canyon and New Zealand and to Peru. See what can happen when we choose to open our hearts

and follow the path of light.

Serpent of Light: The Movement of the Earth's Kundalini and the Rise of the Female Light, 1949 to 2013 - Drunvalo Melchizedek 2010-06

Every 13,000 years on Earth a sacred and secret event takes place that changes everything.

Mother Earth's Kundalini energy emerges from its resting place in the planet's core and moves like a snake across the surface of our world. Once at home in ancient Lemuria, it moved to Atlantis, then to the Himalayan mountains of India and Tibet, and with every relocation changed our idea of what spiritual means. And gender. And heart. This time, with much difficulty, the Serpent of Light has moved to the Andes Mountains of Chile and Peru. Multi-dimensional, multi-disciplined, and multi-lived, for the first time in this book, Drunvalo begins to tell his stories of 35 years spent in service to Mother Earth. Follow him around the world as he follows the guidance of Ascended Masters, his two spheres of light, and his own inner growing knowledge. His story is a

living string of ceremonies to help heal hearts, align energies, right ancient imbalances, and balance the living Earth's Unity Consciousness Grid-- in short to increase our awareness of the indivisibility of life in the universe. We are all-- rocks and people and interdimensional beings-- one!

The Chairman's Corner - John Pugsley 2007-12

The Lightworker's Way - Doreen Virtue
1997-06-01

Bestselling author, Doreen Virtue, brings you this enlightening book on connecting with your inner calling; recognition of your higher purpose; and spiritual power for healing. Doreen describes her innate spiritual gifts, such as psychic communication and spiritual healing abilities. She tells us how we all have these innate gifts, and provides *The Lightworker's Way* as a guidebook on how to bring these abilities to fruition. *The Lightworker's Way* will help you to set your spirit free, teaching you how to have miracles in your

life as an everyday experience. It tells you how to divinely plan your life, heighten your psychic receptivity, open your third eye, make peace with God, and much, much, more.

Live the Promise - Bodie McCoy 2007-06-19

Can you recall an instance when you were introduced to something--anything--that rocked your world, leaving you with a vague but undeniable certainty that you'd touched into the miraculous? For both Bodie McCoy and his wife Barbara, that instance came with the introduction of the Lord's Prayer into their young lives.' *Live the Promise* is their book about the relationship of the Lord's Prayer to the world's major mystical and religious traditions and its magical, mystical, ultra-light and yet entirely down-to-earth power to take us to the ultimate seat of wisdom within. *Live the Promise* begins with Bodie's heart-centered story of his own spiritual unfolding. From there, it leads into the creation of a game that opens people to deeper levels of inner truth by exposing some of the limitations they've

accepted-with a game board Bodie intuitively created that turned out to embody the star tetrahedron, the flower of life as well as sacred symbols from many ancient teachings. And the story continues, with a journey to ancient Mayan temples with Hunbatz Men... to the heart of sacred geometry with Drunvalo Melchizedek... to a variety of Eastern spiritual traditions... to holographic insights about time travel and heredity... to a really expensive cup of coffee... to a simple exercise that brings it all together and offers your own experience of the promise embodied in the Lord's Prayer. Live the Promise is a heady book abundantly laced with heart, written by an author I know as a man of extraordinary love and gentleness. The whole point, is "to offer exercises to experientially reveal the promise of the Lord's Prayer within you." It's a book that will help you uncover in a meaningful way' ever-deeper levels of the God/Goddess that you are.

The Ancient Secret of the Flower of Life,

Volume 1 - Drunvalo Melchizedek 2000

"Here, Drunvalo Melchizedek presents in text and graphics the first half of the Flower of Life Workshop, illuminating the mysteries of how we came to be, why the world is the way it is and the subtle energies that allow our awareness to blossom into its true beauty." --COVER.

Earth Ascending - José Argüelles 1988-01-01

Earth Ascending is a workbook for human and planetary survival. This collection of fifty holonomic maps and comprehensive text is based on a resonant field paradigm which transcends the Newtonian materialistic model. Each individual map is a work of art unto itself, encapsulating a world of insight and consciousness, and bridging the gap to an integrated, galactic worldview. In 1978, Buckminster Fuller said that it would be curtains for humanity if a design revolution were not completed within ten years. It is now ten years later, and as a convincing response to this challenge, Earth Ascending postulates a

planetary design which envisions the evolving field of Earth in relation to the galactic whole. Earth Ascending demands a stretch of consciousness. Our fall from spiritual realization and our degradation of the environment are the result of a blind acceptance of one-dimensionality, and a paralyzed, complacent acceptance of impending doom. Only a rebirth into the numinous world of multidimensional interface will give us the vision to create a new future. Earth Ascending offers this vision.

Mastering Your 5D Self - Maureen J. St. Germain 2022-03-08

- Reveals how you no longer need to “heal” emotional wounds to be fifth dimensional and shares practices to transform and transmute emotions instantly
- Explores many spiritual tools and transformative shortcuts, such as activating meditations, sound healing, and crystals, along with channeled wisdom and advanced insights from angels and other higher beings
- Shares meditations to clear out old emotional wounds,

activate the pineal gland, manifest with crystals, discover your sixth sense, and open yourself to communication with higher intelligence, as well as a new chakra meditation based on the Divine Feminine spiral. Humanity is shifting into the fifth dimension, but the transformation will not be a linear process. Our evolution follows a sine wave, moving from ideal expressions back to old familiar ones then on to even higher ideal expressions. It is the same with the shift to 5D. In this guide to anchoring yourself in 5D consciousness, Maureen St. Germain explores many tools and shortcuts to help you understand and master your own circumstances. She explains how to identify the progress you have made on the path of ascension and looks at ways to detach from the old paradigms of 3D reality. She reveals how you no longer need to “heal” emotional wounds through long processes in order to be fifth dimensional, and she shares practices to transform and transmute emotions instantly so they can be released and resolved

into their highest expression. Maureen addresses concerns such as the electrification of the planet, showing how you can work around EMFs and other kinds of unseen toxicity. She also shares a revolutionary new chakra meditation based on the Divine Feminine spiral, which progresses from the heart chakra outward. With this book you can learn fluid ways of thinking, doing, and vibrating to open the portals of light within yourself as well as in the fifth dimension.

We, the Arcturians - Betty Rice 1990

The Arcturians, speaking through Norma, have sent Earthlings a gentle message regarding their purpose for being here. They claim they are here to assist Earth as it enters a New Age of spirituality. They cannot interfere with the free will or decision-making process of any Earthling, but are here to educate and help raise the vibrations of all who choose to journey to the new dimension the Earth is entering.

The Big Book of Texas Ghost Stories - Alan Brown 2019-08-01

Hauntings lurk and spirits linger in the Lone Star State Reader, beware! Turn these pages and enter the world of the paranormal, where ghosts and ghouls alike creep just out of sight. Author Alan Brown shines a light in the dark corners of Texas and scares those spirits out of hiding in this thrilling collection. From tales of haunted hotels like the Von Minden and The Beckham, to a creek where a woman's screams can still be heard to this day, and the shadowy figures still stalking the Alamo, these stories of strange occurrences will keep you glued to the edge of your seat. Around the campfire or tucked away on a dark and stormy night, this big book of ghost stories is a hauntingly good read.

Courageous Dreaming - Alberto Villoldo
2009-03-01

Modern physics tells us that we're dreaming the world into being with every thought. Courageous Dreaming tells us how to dream our world with power and grace. The ancient shamans of the Americas understood that we're not only creating

our experience of the world, but are dreaming up the very nature of reality itself—that is, "life is but a dream." When you don't dream your life, you have to settle for the nightmare being dreamed by others. This book shows how to wake up from the collective nightmare and begin to dream a life of courage and grace, a sacred dream that shamans throughout time have known and served. Alberto Villoldo reveals ancient wisdom teachings that explain how to birth reality from the invisible matrix of creation; and reveals how we can interact with this matrix to dream a life of peace, health, and abundance. He shows us that courage is all that is required to create the joy we desire!

Restart Your Heart - Aseem Desai 2020-09-01

Compelling, expert advice on how to live fearlessly with atrial fibrillation AFib patients, their family, friends, and caregivers are often misinformed about the latest research, advancements, and treatments. In this life-changing book, renowned cardiac

electrophysiologist Dr. Aseem Desai diminishes the worry and confusion that come with an AFib diagnosis by presenting you with the latest medical information in a concise and positive way. Dr. Desai has made it his mission to significantly improve the lives of those diagnosed with AFib and to offer hope and encouragement to patients and their loved ones. Filled with innovative knowledge and vivid illustrations, *Restart Your Heart* will empower and inspire you by providing straightforward answers and options to deal with this complex disease. In this comprehensive guide to living your best life with AFib, you will:

- Be Informed about what AFib is, why it happens, and simple steps to take after being diagnosed.
- Be Prepared to deal with the diagnosis and condition on mental and emotional levels, and create a toolbox for resilience in challenging times.
- Be in Control by gaining crucial knowledge about trigger and risk factor modifications, the latest treatment options, and how to monitor the disease for progression or

recurrence. Restart Your Heart delivers cutting-edge information, options, and solutions that will afford you a newfound sense of comfort, confidence, and control.

Serpent of Light: Beyond 2012 - Drunvalo Melchizedek 2008-01-01

Every 13,000 years on Earth a sacred and secret event takes place that changes everything. Mother Earth's Kundalini energy emerges from its resting place in the planet's core and moves like a snake across the surface of our world. Once at home in ancient Lemuria, it moved to Atlantis, then to the Himalayan mountains of India and Tibet, and with every relocation changed our idea of what spiritual means. And gender. And heart. This time, with much difficulty, the "Serpent of Light" has moved to the Andes Mountains of Chile and Peru. Multi-dimensional, multi-

disciplined and multi-lived, for the first time in this book, Drunvalo begins to tell his stories of 35 years spent in service to Mother Earth. Follow him around the world as he follows the guidance of Ascended Masters, his two spheres of light, and his own inner growing knowledge. His story is a living string of ceremonies to help heal hearts, align energies, right ancient imbalances, and balance the living Earth's Unity Consciousness Grid-in short to increase our awareness of the indivisibility of life in the universe. We are all-rocks and people and interdimensional beings-one!" Life may seem to be business as usual, but it is not. We are changing fast ...Remember this for life is going to present stranger things to you in your lifetime, and they all have meaning and purpose ...Only Mother Earth and ancient Maya know what's going to happen." - from Serpent of Light.