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Cooking Under Pressure () - Lorna J. Sass 2013-03-26

From the leading authority on speed cooking comes the groundbreaking cookbook that inspired a generation of cooks—now updated and revised for today's tastes and sleek, ultrasafe machines From the elegant to the ethnic to the traditional, *Cooking Under Pressure* contains a wealth of flavor-packed recipes for fast, healthy, and delicious meals developed for the modern pressure cooker—a magical appliance that turns out foods in one-third (or less) the standard cooking time without sacrificing flavor or aroma. Lorna Sass introduces us to an eclectic array of dishes that can be prepared on a whim, including classic osso buco (18 minutes), chicken gumbo (9 minutes), and risotto (4 minutes, without stirring!). Even chocolate cheesecake and Grand Marnier bread pudding are done to perfection in short order. Plus, the dramatically shortened cooking times make it possible to prepare cholesterol-free, high-fiber ingredients such as grains and beans at the last minute. The pressure cooker is the cook's best friend!

100 Recipes - America's Test Kitchen

2015-10-13

A provocative, handpicked collection of relevant (and surprising) essential recipes for today's cook. We have countless recipes at our disposal today but what are the real keepers, the ones that don't just feed us when we're hungry or impress our friends on Saturday night, but inspire us to get into the kitchen? At the forefront of American cooking for more than 20 years, the editors at America's Test Kitchen have answered this question in an essential collection of recipes that you won't find anywhere else: *100 Recipes Everyone Should Know How to Make*. Organized into three recipe sections—*Absolute Essentials*, *Surprising Essentials*, and *Global Essentials*—each recipe is preceded by a thought-provoking essay that positions the dish. For example, *Treating Pasta Like Rice Simplifies Everything*; *A Covered Pot Is a Surprisingly Good Place to Roast a Chicken*; and *Re-imagine Pie in a Skillet to Simplify the Process*. You'll find useful workday recipes like a killer tomato sauce that's almost as easy as opening a jar of the store-bought stuff; genius techniques for producing amazing

flavor—try poaching chicken breasts over a garlic-and-soy- spiked brine (trust us, it's that good); and familiar favorites reinvigorated—the best beef stew comes from Spain (and it's even easier to make than the stateside stew you've been eating for years). Gorgeous photography (shot right in the test kitchen) accompanies every recipe, revealing the finished dish as well as highlights of its preparation. Likely to stir debate among anyone interested in food and cooking, 100 Recipes Everyone Should Know How to Make provides a snapshot of how we cook today and will galvanize even the most jaded cook to get into the kitchen.

Bistro Cooking - Patricia Wells
2017-10-10

Bistro is warm. Bistro is family. Bistro is simple, hearty, generous cuisine—robust soups and country omelets, wine-scented stews and bubbling gratins, and desserts from a grandmother's kitchen. Researched and written by Patricia Wells, author of *The Food Lover's Guide to Paris* and *The Food Lover's Guide to France*, together with over 220,000 copies in print, here is a celebration of the no-nonsense, inexpensive, soul-satisfying cuisine of the neighborhood restaurants of France. *BISTRO COOKING* contains over 200 scrumptious bistro recipes made lighter and quicker for the way we cook today. Warm Poached Sausage with Potato Salad. Benoit's Mussel Soup. Guy Savoy's Fall Leg of Lamb. Beef Stew with Wild Mushrooms and Orange, Chicken Basquaise, Pasta with Lemon, Ham, and Black Olives, L'Ami Louis' Potato Cake, Provencal Roast Tomatoes, Pears in Red Wine, and Golden Cream and Apple Tart. Throughout, lively notes and sidebars capture the world of bistro owners in the kitchen, les grands chefs, and more. Selection of the Book-of-the-

Month Club. Winner of the 1989 IACP Seagram Food and Beverage Award. Over 166,000 copies in print.

Nom Nom Paleo - Michelle Tam
2013-12-17

A New York Times cookbook best-seller. *Nom Nom Paleo* is a visual feast, crackling with humor and packed with stunningly photographed step-by-step recipes free of gluten, soy, and added sugar. Designed to inspire the whole family to chow down on healthy, home-cooked meals, this cookbook compiles over 100 foolproof paleo recipes that demonstrate how fun and flavorful cooking with wholesome ingredients can be. And did we mention the cartoons? *Nom Nom Paleo* kicks off with a fresh introduction to Paleo eating, taking readers on a guided tour of author Michelle Tam's real-food strategies for stocking the kitchen, saving time, and maximizing flavors while maintaining a Paleo lifestyle. Also, sprinkled throughout the book are enlightening features on feeding kids, packing nutritious lunches, boosting umami, and much more. But the heart of this book are Michelle's award-winning primal Paleo recipes, 50 percent of which are brand-new --- even to diehard fans who own her bestselling iPad cookbook app. Readers can start by marrying their favorite ingredients with building blocks like Sriracha Mayonnaise, Louisiana Remoulade, and the infamous Magic Mushroom Powder. These basic recipes lay the foundation for many of the fabulous delights in the rest of the book including Eggplant "Ricotta" Stacks, Crab Louie, and Devils on Horseback. There's something for everyone in this cookbook, from small bites like Apple Chips and Kabalagala (Ugandan plantain fritters) to family-sized platters of Coconut Pineapple "Rice" and Siu Yoke (crispy roast pork belly). Crave exotic spices? You

won't be able to resist the fragrant aromas of Fast Pho or Mulligatawny Soup. In the mood for down-home comforts? Make some Yankee Pot Roast or Chicken Nuggets drizzled with Lemon Honey Sauce. When a quick weeknight meal is in order, Nom Nom Paleo can show you how to make Crispy Smashed Chicken or Whole-Roasted Branzini in less than 30 minutes. And for a cold treat on a hot day, nothing beats Paleo-diet-friendly Mocha Popsicles or a two-minute Strawberry Banana Ice Cream. Eating healthy doesn't mean sacrificing flavor. This book gives you "Paleo with personality," and will make you excited to play in the kitchen again.

The Hairy Bikers' Meat Feasts - Hairy Bikers 2015-08-27

There's something about the smell of meat cooking that signals a feast - it's savoury, comforting and tempting. A steak on the grill, a roast in the oven, a casserole bubbling: they make your mouth water. Si King and Dave Myers, aka the Hairy Bikers, have always been passionate about meat, and this bible is an unadulterated celebration of the fine produce we have available today. MEAT FEASTS includes all their favourite recipes and some new surprises. There are family classics, spicy treats, perfect pies and delicious zingy salads. Si and Dave love their veggies too, and MEAT FEASTS features some of the very best veg recipes to showcase a Sunday joint or make a little meat of a very long way. A meaty modern classic, MEAT FEASTS is your one-stop meat cookbook!

The Food Lab: Better Home Cooking Through Science - J. Kenji López-Alt 2015-09-21

A New York Times Bestseller Winner of the James Beard Award for General Cooking and the IACP Cookbook of the Year Award "The one book you must have, no matter what you're planning to cook or where your skill level

falls."—New York Times Book Review Ever wondered how to pan-fry a steak with a charred crust and an interior that's perfectly medium-rare from edge to edge when you cut into it? How to make homemade mac 'n' cheese that is as satisfyingly gooey and velvety-smooth as the blue box stuff, but far tastier? How to roast a succulent, moist turkey (forget about brining!)—and use a foolproof method that works every time? As Serious Eats's culinary nerd-in-residence, J. Kenji López-Alt has pondered all these questions and more. In *The Food Lab*, Kenji focuses on the science behind beloved American dishes, delving into the interactions between heat, energy, and molecules that create great food. Kenji shows that often, conventional methods don't work that well, and home cooks can achieve far better results using new—but simple—techniques. In hundreds of easy-to-make recipes with over 1,000 full-color images, you will find out how to make foolproof Hollandaise sauce in just two minutes, how to transform one simple tomato sauce into a half dozen dishes, how to make the crispiest, creamiest potato casserole ever conceived, and much more.

Good Food: Pressure Cooker Favourites - Good Food Guides 2013-10-10

If you have little time to cook, but want delicious and hearty meals then a pressure cooker is the perfect way to enjoy tender and wholesome dishes. With only a short amount of prep time you can tuck in to tasty homemade meals. *Good Food: Pressure Cooker Favourites* is crammed with tender casseroles, satisfying soups and mouth-watering stews. In *Pressure Cooker Favourites* you will find a whole range of seafood, chicken, game and vegetarian dishes and with each recipe triple-tested by the experts at Good Food you are guaranteed success every time. Both speedy and

delicious these recipes are the perfect companion to a busy lifestyle.

Pressure Cooker Perfection -

America's Test Kitchen 2013-03-15
100 foolproof pressure-cooker recipes that will change the way you cook. In Pressure Cooker Perfection, the first volume in our new test kitchen handbook series, the editors at America's Test Kitchen demystify an appliance that to many home cooks remains intimidating -- but shouldn't. Modern pressure cookers are safer, quieter, more reliable, and more user-friendly than old-fashioned jiggle-top models. And they can prepare a wide range of foods -- everything from barbecue to risotto -- in record time. Cooking under pressure results in better-tasting dishes because every drop of flavor is trapped in the sealed pot. This fact, combined with the shorter cooking time, means that your dishes will be supercharged with flavor. And cooking under pressure is versatile. While they're ideal for roasts and stews, pressure cookers can also turn out perfectly tender beans, grains, and legumes in short order. If ever there was a cooking method that could benefit from the obsessive trial and error that our test kitchen is known for, this is it. When cooking time is compressed, every minute matters, and when flavors are amplified, even a small change becomes significant. We ran hundreds of tests in fifteen pressure cookers to find out what works and what doesn't, and we deliver the foolproof, guaranteed-successful recipes in Pressure Cooker Perfection. With this foolproof guide to cooking under pressure, every home cook will be guaranteed success.

Gizzi's Healthy Appetite - Gizzi Erskine 2015-08-06

'A great collection of food you'll really want to eat.' - Tom Kerridge
'Simple tweaks that will make your

food more delicious and nutritious' - Independent on Sunday 'The Korean fried chicken is our go-to indulgence... there's no excuse for such dishes not to feature regularly in your midweek menu.' - Stylist 'A seriously smart foodie authority.' - GQ 'Here I am. I want to start a new food revolution; one where people have a better understanding of nutrition but don't forget that eating should be enjoyable!' - Gizzi Erskine believes that the key to healthy eating is to cook fresh food using good ingredients. Her ethos is to love food in all its guises and to try new things as much as possible. Gizzi's Healthy Appetite is a collection of over 100 of her favourite recipes - all with a Gizzi twist. Among the array of incredible dishes, insanely good flavours and palate-pleasing textures to choose from are the crunchy Marinated Griddled Whole Chicken Caesar salad, spicy Green Chilli Pork, oozing Roasted Baby Cauliflower with Cheese Sauce & Crispy Shallots, fresh Tuna Tataki with Yuzu and the ultimate Korean BBQ. And, for a sweet treat, who could resist warm Molten Caramel & Chocolate Pudding, soothing White Chocolate & Cherry Clafoutis or the fragrant Maple, Orange & Rosemary Tart? These are dishes that anyone with a healthy appetite will relish.
Just One Cookbook - Namiko Chen 2021

Rachel Ama's Vegan Eats - Rachel Ama 2019-06-20

'this book is filled with recipes that look so very, very good to eat.' NIGELLA LAWSON 'it's refreshing that Rachel Ama is, in many ways, just herself' RUBY TANDOH OBSERVER RISING STAR OF FOOD, 2019 Find brilliant plant-based dishes that make cooking and enjoying delicious vegan food every day genuinely easy -- and fun -- in Rachel Ama's Vegan Eats. No bland or boring dishes, and forget all-day

cooking. Rachel takes inspiration from naturally vegan dishes and cuisines as well as her Caribbean and West African roots to create great full-flavour recipes that are easy to make and will inspire you to make vegan food part of your daily life. Rachel's recipes are quick and often one-pot; ingredients lists are short and supermarket-friendly; dishes can be prepped-ahead and, most importantly, she has included a song with each recipe so that you have a banging playlist to go alongside every plate of delicious food.

Cinnamon French toast with strawberries
Chickpea sweet potato falafel
Peanut rice and veg stir-fry
Caribbean fritters
Plantain burger
Tabbouleh salad
Carrot cake waffles with cashew frosting

So if you share Rachel's attitude that vegan food should fit into your life with ease and pleasure – whether you are a fully fledged vegan looking for new ideas, want to reduce your meat intake, make more environmentally friendly food choices, or just keen to eat more veg – Rachel's genius cookbook is for you.

The Slow Cook - Justine Schofield
2021-03-30

Nothing beats slow cooking when it comes to convenience. With minimal preparation, simple ingredients and just one pot, you can set and forget, then enjoy hearty, wholesome meals every night of the week. Indulge in the joy of preparing simple, hearty, sustaining meals, with a healthy dose of family favourites in the mix, too. From tagines and tacos to pot roasts, pies and puddings, all recipes include conventional stovetop or oven instructions as well as those for slow-cooker machines. These dishes, even if they're new to you, will give you the warm, fuzzy feeling of having come home. So, it's time to roll up those sleeves, switch on the slow cooker or fire up the oven and get

cooking. Slow cooking is clever cooking ... and, as they say, good things come to those who wait. Recipes include: - Eggplant and mushroom cottage pie - Slow-cooked honey-mustard salmon - One-pot chicken parmigiana - Japanese chicken curry - Pork and pineapple tacos - Spiced ginger beer ham hocks - Beef pho - Pot au feu - Greek lamb and risoni stew - Lamb biryani - Sticky date pudding - Lemon delicious

This is a specially formatted fixed-layout ebook that retains the look and feel of the print book.

Dinner in an Instant - Melissa Clark
2017-10-17

75 all-new recipes for Melissa Clark's signature flavor-forward dishes that can be made in any pressure cooker, multicooker, or Instant Pot®. "Recipes that are as reliable as they are appealing."—The Boston Globe

Dinner in an Instant gives home cooks recipes for elevated dinners that never sacrifice convenience. It focuses on what you should make in the pressure cooker (rather than what you can make) because it does it better—faster, more easily, and more flavorfully. These delicious weeknight-friendly and company-worthy recipes include:

- Leek & Artichoke Frittata
- Coconut Curry Chicken
- Duck Confit
- Osso Buco
- Saffron Risotto
- French Onion Soup
- Classic Vanilla Bean Cheesecake

Here, too, are instructions for making the same dish on both the pressure and slow cooker settings when possible, allowing home cooks flexibility, as well as indications for paleo, gluten-free, vegetarian, and vegan recipes. **Dinner in an Instant** is a new classic and Melissa Clark's most practical book yet.

The Pressured Cook - Lorna J. Sass
2013-07-30

The follow-up to *Cooking Under Pressure*, the classic and bestselling

book on the topic, this is Lorna Sass's first new pressure-cooker cookbook in nine years. These seventy-five delicious recipes, perfect for the single person or the family on the go, can be prepared in the pressure cooker in one-third the normal time or less. Many of the recipes can be prepared in less than ten minutes, including Risotto with Butternut Squash and Sage -- ready in less than eight minutes -- and even a few desserts. These recipes are also low in fat, since cooking under pressure locks in the flavor and only minimal use of butter and oil is required. The time is right for a new pressure cooker cookbook -- pressure cookers are selling better than ever. And today's pressure cookers are safer than ever -- fears in the past about the safety of jiggle-top cookers are no more with these safe new cookers, this cookbook will be essential for anyone who has ever thought, "How can I get a delicious meal on the table, fast?"

Our Best Bites - Sara Smith Wells
2011

Includes plastic insert with equivalent measurements and metric conversions.

Just One Pot - Parragon, Incorporated
2007

My Fussy Eater - Ciara Attwell
2018-04-19

NEVER COOK SEPARATE MEALS AGAIN! 100 yummy recipes from the UK's number 1 food blog. Most parents have to deal with the fateful 'Fussy Eater' at some point in their lives - let My Fussy Eater show you the easy way to get your children eating a variety of healthy, delicious foods. Packed full of family-friendly recipes, entire meal plans and the all-important tips on dealing with fussy eaters, you'll be guided every step of the way. You'll no longer need to cook separate meals for you and your

children - saving time, money and stress. The never-seen-before recipes will take 30 minutes or less to prepare and cook, using simple, everyday ingredients. Make in bulk for easy meal times, and get your fussy eaters finally eating fruit and vegetables! My Fussy Eater provides practical, easy and delicious solutions for fussy eaters the whole family can enjoy!

World Class Cooking for Solving Global Challenges - Eunika Mercier-Laurent 2021-03-01

In this book, Mercier-Laurent and Edvinsson consider a cutting-edge thought methodology for solving global challenges - by looking at societal innovation through the lens of an analogy to cooking. How might we apply the power of cooking to connect imagination, knowledge, know-how and pleasure to real-world problems?

Eat Fat, Get Thin - Dr. Mark Hyman
2016-02-23

A revolutionary diet program based on the latest science showing the importance of fat in weight loss and overall health, from #1 bestselling author Dr. Mark Hyman. Many of us have long been told that fat makes us fat, contributes to heart disease, and generally erodes our health. Now a growing body of research is debunking our fat-phobia, revealing the immense health and weight-loss benefits of a high-fat diet rich in eggs, nuts, oils, avocados, and other delicious superfoods. In his new book, bestselling author Dr. Mark Hyman introduces a new weight-loss and healthy living program based on the latest science and explains how to Eat Fat, Get Thin, and achieve optimum wellness along the way. Offering practical tools, meal plans, recipes, and shopping lists, as well as step-by-step, easy-to-follow advice, Eat Fat, Get Thin is the cutting edge way to lose weight,

prevent disease, and feel your best.
Hungry Healthy Happy - Dannii Martin
2016-01-21

Despite our best intentions, there are days when we all feel like abandoning the diet and succumbing to our cravings; but eating the food that you love does not have to mean eating unhealthily. In this book, author of the celebrated healthy eating blog Hungry Healthy Happy, Dannii Martin, shows us that, with a few small changes, we can still enjoy all of our favourite foods, whilst nourishing our bodies with a nutritionally balanced diet.

Featuring over 100 recipes, from protein-packed breakfasts to hearty main courses and delicious desserts, there are dishes for every appetite and occasion; including everything from light, summery salads through to takeaway favourites such as burgers, kebabs and curries. The ethos of Dannii's recipes allows us to rediscover our love for all of our favourite foods, reinvented as more nutritious and wholesome versions of themselves. Transform your relationship with food and eat the Hungry Healthy Happy way today.

The New Fast Food - Jill Nussinow
2011-10-20

A Pressure Cooker Can Change Your Life Discover how you can make delicious meals in minutes using just one pot. Let Jill, The Veggie Queen(TM), show you how easy and safe it is to make flavorful, healthy plant-based meals with vegetables, grains, beans and other legumes and fruit. With a pressure cooker, you can save time and money, lock in flavor and nutrition, decrease your energy costs and avoid a messy kitchen with only one pot to clean! Jill will show you how you can cut cooking time in half (or more!) compared to conventional stove top cooking. In The New Fast Food(TM), you'll learn how to choose and use a

pressure cooker, with timing charts for your favorite plant foods. You'll also find more than 100 recipes for everything from breakfast to dessert. Most of the recipes are gluten-free and all are vegan. The New Fast Food(TM) offers fast, colorful and tasty dishes such as: Orange Glazed Broccoli with Carrots and Kale Mashed Maple Winter Squash with Cinnamon Lemony Lentil and Potato Chowder Smoky Sweet Potato and Black Bean Chili Coconut Almond Risotto

Live Alone and Like It - Marjorie Hillis
2009-11-29

"Whether you view your one-woman ménage as Doom or Adventure, you need a plan, if you are going to make the best of it." Thus begins Marjorie Hillis' archly funny, gently prescriptive manifesto for single women. Though it was 1936 when the Vogue editor first shared her wisdom with her fellow singletons, the tome has been passed lovingly through the generations, and is even more apt today than when it was first published. Hillis, a true bon vivant, was sick and tired of hearing single women carping about their living arrangements and lonely lives; this book is her invaluable wake-up call for single women to take control and enjoy their circumstances. Hillis takes readers through the fundamentals of living alone, including the importance of creating a hospitable environment at home, cultivating hobbies that keep her there ("for no woman can accept an invitation every night without coming to grief"), the question of whether single ladies may entertain men at home (the answer may surprise you!), and many more. With engaging chapter titles like "A Lady and Her Liquor" and "The Pleasures of a Single Bed," along with a new preface by author Laurie Graff (You Have to Kiss A Lot of Frogs), LIVE ALONE AND LIKE IT is sure to appeal to live-aloners and

many other readers alike.

The Skinny Actifry Cookbook -
Cooknation 2014-03

"Discover the healthier way to fry!" -
-Cover.

The Pressure Cooker Recipe Book -
Suzanne Gibbs 2009

Consummate home cook and magazine editor Suzanne Gibbs shows us how to use a pressure cooker to create slow-cooked flavour in a fast-paced world. Pressure cookers allow us to cook quickly, cheaply and efficiently. The food is cooked in liquid at high temperatures, which shortens cooking time by up to 70 per cent. Because the method seals in flavour and nutrition, cheaper ingredients can be used to great effect. Here Suzanne selects more than 80 of her favourite pressure-cooker recipes, and describes the process from beginning to end. Learn how to cook an osso bucco in 25 minutes, a chicken tagine in 15 minutes and a delicious bread and butter pudding in 20 minutes. Packed with information on practicalities, such as choosing, using and cleaning your cooker, and fully illustrated with beautiful photography. The Pressure Cooker Recipe Book is a must-have guide for anyone balancing the constraints of time and money with a desire to create delicious healthy meals for themselves, their friends and their families.

Sweet Things - Annie Rigg 2018-08-13
From traditional toffee, fluffy clouds of marshmallow and creamy maple and pecan fudge to sherbet with lolly dippers, the recipes in Sweet Things are the stuff of childhood dreams. Soft, delicately flavoured nougat bars, topped with vanilla caramel and covered in chocolate are just big enough for three or four (big) bites and far surpass the shop-bought equivalent. Crisp butterscotch popcorn with just a hint of sea salt is the perfect adult indulgence, a

box of Praline Hearts makes a delightful Valentine's Day gift and chocolate dipped honeycomb is tailor-made for Father's Day. The recipes come with failsafe instructions that will ensure success every time, even for novice confectioners, plus creative packaging ideas, making this the ideal book whether you want an imaginative present for someone special or merely to treat yourself. *Roast Figs, Sugar Snow* - Diana Henry 2016-11-03

Diana Henry spent 5 years travelling and eating in search of the tastiest dishes from the snowiest climes, resulting in an irresistible collection of dishes from North America and Northern Europe. This unique collection of recipes celebrates some of the world's most overlooked cuisines by using produce that can be found on our own doorsteps. There are potato and cheese dishes from Italy's skiing slopes, pastries from the coffee houses of Vienna and Budapest, and little appetizers that have been eaten at Russian celebrations since the days of the Tsar. These recipes will bring warmth to your heart as well as your home.

Vegan Richa's Indian Kitchen - Richa Hingle 2015-05-19

The ultimate plant-based Indian cookbook by the creator of VeganRicha.com, featuring breakfasts, snacks, one-pot meals, mains, flatbreads, and desserts. From delicious dals to rich curries, flat breads, savory breakfasts, snacks, and much more, this vegan cookbook brings you Richa Hingle's collection of plant-based Indian recipes inspired by regional cuisines, Indian culture, local foods, and proven methods. Whether you want to enjoy Indian cooking, try some new spices, or add more protein to your meals using legumes and lentils, this book has got it covered. You'll explore

some well-known and new Indian flavor profiles that are easy to make in your own kitchen. Learn the secrets of eclectic Indian taste and textures, and discover meals in which pulses and vegetables are the stars of the dish. And once you taste Richa's mouth-watering desserts, they will likely become your new favorites. Within these pages you will find recipes to please all the senses, including:

- Mango Curry Tofu
- Whole Roasted Cauliflower in Makhani Gravy
- Baked Lentil Kachori Pastries
- Quick Tamarind-Date Chutney
- Avocado Naan
- Fudgy Cardamom Squares

The recipes have been designed to simplify complex vegan cooking procedures, and Richa's workflow tips incorporate modern appliances and techniques from other cuisines to reduce cooking times. Replacement spices are indicated wherever possible, and Richa also provides alternatives and variations that allow people to be playful and creative with the Indian spices called for in the recipes. The restaurant-quality vegan recipes are ideal to make for yourself, for family, and for entertaining guests. "One of the Best Vegan Cookbooks of 2015"—Vegetarian Times "Whether you have a love affair with Indian food or are new to the flavors of one of the world's greatest cuisines, you will be dazzled by Richa's recipes and accessible style. . . . I can't wait to keep cooking from one of the best cookbooks on Indian food (vegan or not) I've ever seen." —Colleen Holland, co-founder of VegNews Magazine

Bountiful - Todd Porter 2013-10-15
A "beautiful collection of produce-forward recipes" (Heidi Swanson, author of *Super Natural Every Day*) that "will make you want to get into the kitchen immediately" (*The Daily Meal*, UK). Todd Porter and Diane Cu are photographers who publish the

immensely popular food, gardening, and lifestyle blog *White on Rice Couple*. Inspired by their love of cooking, growing vegetables and over thirty-eight fruit trees in their suburban garden, Todd and Diane love sharing recipes that are fresh and seasonally simple. Their cookbook, *Bountiful*, offers one hundred seasonal, flavorful, and approachable recipes, ninety of which have not been posted to the blog, each featuring a vegetable or fruit as the star of the meal. Blueberry Frangipane Tarts, Wilted Mizuna Mustard Salad with Shrimp, Blood Orange Bars with a Brown Butter Crust, and Gin Cocktail with Pomegranate and Grapefruit are just a few examples of recipes that are inspired from their garden bounty. Peppered with personal stories from Todd's childhood on a cattle ranch in Oregon and Diane's journey from Vietnam to the United States, this cookbook shares the couples' beautiful love story as well as their diverse recipes that reflect their love of fresh and healthy produce, seasonally ripe fruit, and sharing a home cooked meal with those you love. "For so many of us, our kitchens are inextricably linked to our gardens and nobody has captured this union better than Todd Porter and Diane Cu in their perfectly named new book *Bountiful*." —Russ Parsons, food editor for the *Los Angeles Times*
Chocolate Treats - Betty Crocker 2011-11-18

Forty-seven delightfully decadent chocolate recipes, including cookies, cakes, pies, tarts, bars, truffles, cups, fondues, and a mousse. Nothing satisfies a serious sweet tooth like chocolate! Whether it's in a cookie, a brownie or a cake, chocolate makes every dessert a cause for celebration. Now Betty Crocker gives you recipes for chocolate treats of every type and stripe—from gooey

cookies to melty molten cakes to fun and fancy truffles. For special occasions and everyday desserts alike, Betty Crocker shows you how to put a smile on every chocolate lover's face!

A Passion for Baking - Jo Wheatley
2013-05-02

Jo Wheatley was 2011's Great British Bake Off winner, delighting the judges with her raw talent, original ideas, and delicious baking each week. Now, in her first book, Jo shares the tips, tricks and family recipes which she has developed in her own kitchen. With the straightforwardness of a busy mother, but an eye for the pretty details which characterised her winning creations, Jo's love of baking shines through this collection of more than one hundred recipes. From the family bakes which Jo raised her three hungry boys on, to the Afternoon Tea treats for her friends, and the mouth watering savoury pies and tarts baked in her very own Aga, all of Jo's recipes will inspire you to develop your own passion for baking. Recipes include a perfect Sticky Toffee Pudding, a heartwarming Cinnamon Swirl Loaf, indulgent Chocolate Mud Cake, and mouthwatering Mini Pistachio Meringues. From the traditional, to new versions of family favourites, A Passion for Baking will fill your home with delicious, home-baked food all year round.

Visual Feast - Robert Klanten 2017
"We eat with our eyes. People love to stage and take photos of their food. Driven by Instagram and the advertising industry, bloggers, stylists, and photographers continually invent new ways of presenting food as both delectable and radical. Visual Feast presents work from this growing field. Sharing photos of food has become entrenched in our daily lives. Scintillating

captures of coffee. Maps made from vegetables. The aesthetic aftermath of mealtime. These images can be readily found on social media, in magazine editorials, or transformed into infographics. Visual Feast reveals a world where food is a work of art and an edible eccentricity. It is a rich visual journey through nourishment, art form, and creative medium. Food photographers and stylists create innovative images that make mouths water, eyes widen, and nostrils inhale imagined scents. Quenching creative curiosities and satisfying even the keenest of artistic palettes, Visual Feast is a tome of inspiration for foodies, food bloggers, and discerning food stylists." -- Provided by publisher.
I Love My Slow Cooker - Beverley Le Blanc 2012-11-10

Life is stressful enough without spending hours in the kitchen. Give yourself a well-deserved break and put your slow cooker to work! I Love My Slow Cooker features more than 100 recipes for hearty soups and starters, tender meat, delicious poultry and fish courses, inspiring vegetarian dishes, and divine desserts. Whether you want to make New England Pot Roast, French Roast Lemon & Thyme Chicken, Cajun Dirty Rice, or an indulgent Almond Crème Caramel, just prepare the ingredients and let this heaven-sent machine do the cooking!

Great Vegetarian Cooking Under Pressure - Lorna J. Sass 2013-04-23
Under pressure to prepare a quick, nutritious dinner? Under pressure to reduce your fat and cholesterol? When the pressure's on for a great vegetarian meal on the run, turn to Lorna Sass's second guide to the safe and delicious use of the pressure cooker. This collection of recipes dispels the myth of the difficult-to-use pressure cooker -- which is in fact easier and faster than the

microwave -- and shows how vegetarian fare can be vibrantly colorful and full of flavor! Bursting with rich soups, hearty stews and casseroles, zesty curries, and flavor-packed chilis, *Great Vegetarian Cooking Under Pressure* brings together over 150 recipes, most with cooking times of under ten minutes. Arrive in Provence with a two-minute soupe au pistou laced with garlic and fennel; serve up an elegant zucchini bisque with tomatoes and fresh basil in just five minutes; or prepare a polenta good enough for a palazzo in only ten minutes. There are also scores of perfect vegetable side dish recipes, with an instructive chart detailing how to prepare everything from artichokes to zucchini. Lorna Sass devotes special attention to grains -- a vital part of the healthy diet -- and shows how brown rice, millet, couscous, quinoa, and bulgur can turn from gourmet store items into staples of your pantry. Whether it's Risotto with Broccoli Rabe and White Beans in five minutes, or Mediterranean Vegetable Couscous in just six, these recipes lock in delicious nutrition without tying up precious time. There's even a section about the splendid desserts that are possible with the pressure cooker, like Banana Pudding Cake and Pumpkin Bread Pudding. Filled with informative sections about the equipment, ingredients, and language of pressure cooking, suggestions for theme menus, and mail-order resources, this compendium of high-quality, high-fiber, low-fat (and mostly cholesterol-free) dishes will become an essential guide for today's bustling cook.

Minimal - Madeleine Olivia 2020-01-09
Love yourself. Love the planet. We are facing an urgent climate crisis and we must all take action now. However, it can be difficult to know where to start when bombarded with

overwhelming facts and statistics every day. We all want to make a difference, but what can we do? *Minimal* makes simple and sustainable living attainable for everyone, using practical tips for all areas of everyday life to reduce your impact on the earth. Leading environmentalist Madeleine Olivia shares her insights on how to care for yourself in a more eco-friendly way, as well as how to introduce a mindful approach to your habits. This includes how to declutter your life, reduce your waste and consumption, recipes for eating seasonally and making your own natural beauty and cleaning products. Learn how to minimise the areas that aren't giving you anything back and discover a happier and more fulfilled life, while looking after the Earth we share.

Delicious Under Pressure - Meredith Laurence 2015-10-01
Delicious Under Pressure, The Blue Jean Chef Meredith Laurence's second pressure cooker cookbook is full of easy, flavorful, and unexpected pressure cooker recipes, making a pressure cooker a must-have appliance. The book covers the basics of pressure-cooking as well as offers more advanced recipes for more experienced cooks. The result is delicious and the bonus is time, with all these recipes taking one third of the time of traditional cooking methods. Recipes include Tortilla soup, Spinach and Three Cheese Manicotti, Hunter's Beef Stew, Pork Carnitas, Thai Coconut Mussels, Portobello Mushroom and Zucchini Moussaka, Beets and Potatoes with Bacon, Blueberry Polenta with Bananas and Maple Syrup, and Brown Sugar Bourbon Bread Pudding, including all-new chapters on Vegetarian Main Courses and Breakfast Dishes. Don't settle for the same old pressure cooker foods. Get *Delicious Under*

Pressure.

Stir - Jessica Fechter 2016-04-05

Stir is a heartfelt examination of what it means to nourish and be nourished. At 28, Jessica Fechter suffered a major aneurysm. She lost her sense of smell, the sight in her left eye and was forced to the sidelines of the life she loved. Her journey to recovery started in the kitchen, where she found peace in standing at the stovetop. Stir is a memoir about this journey, including some of the recipes that helped her repair both her body and her life.

Food in Jars - Marisa McClellan
2012-05-22

A comprehensive guide to home preserving and canning in small batches provides seasonally arranged recipes for 100 jellies, spreads, salsas and more while explaining the benefits of minimizing dependence on processed, store-bought preserves.

Slimming Eats - Siobhan Wightman
2021-12-30

Everyday recipes you will make time and again - flavourful, simple, slimming and so satisfying. From wildly popular blog SLIMMING EATS comes a stunning collection of 100 brand new recipes plus 15 blog favourites. This is an everyday cookbook for everyone. Siobhan's homely recipes are delicious and really work, plus over 100 are under 500 calories. You will find life-long family favourites, with recipes for breakfast, lunch and dinner, meals to feed a crowd, kid-friendly dishes, quick fixes, low calorie sides and recipes to satisfy any cravings. This is slimming food and delicious food - there's absolutely no scrimping on flavour here! Every recipe is made to help you achieve your goals, featuring: * a nutritional breakdown with a calorie count * helpful pointers for vegetarian, gluten-free and dairy-free diets * suggestions for swapping in low-calorie sides

Siobhan shares information on key ingredients and useful items to keep in your kitchen, plus a lot of motivation to keep you on track. Slimming Eats will be your ultimate kitchen companion for eating well every day.

The Instant Pot Miracle Cookbook -
2017-12-21

Get dinner on the table in an instant or pop everything into a pot, enjoy your day and come home to a delicious, freshly made meal. We're all busier than ever and have less time to cook, but we also want to eat more healthily. The Instant Pot is a unique combination of a pressure cooker and slow cooker (and frying pan, warmer and steamer) in one handy package, which is revolutionizing home cooking by making it easy and foolproof to get quick, healthy, delicious food on the table after a long day. The Instant Pot Miracle Cookbook is the first and only official UK recipe book, bringing together over 160 delicious recipes for your Instant Pot, from breakfast to dessert. Enjoy everyday favourites such as One-Pot Lasagne, Pork Ragu, Three-cheese Bacon and Onion Crustless Quiche, and Tikka Masala as well as simple but impressive dinner party showstoppers such as Steamed Lobster Tail with Meunière Sauce and Crème Brûlée. With colour step-by-step photography and instructions on how to master the basics on your Instant Pot, this is the ultimate companion to this 'life-changing' appliance.

Crumb - Ruby Tandoh 2015-04-28

A baking cookbook from The Great British Bakeoff contestant Ruby Tandoh, with a focus on charming, flavorful, and practical dishes that celebrate the joy of casual baking. Enjoy the pleasures that baking has to offer, from the exertion of a long knead to the crackle of a loaf cooling on the countertop. Crumb

presents a simple yet exuberant sort of baking, with recipes such as Chamomile Vanilla Cupcakes, Rosemary Pecan Pie, Fennel Seed & Chile Crackers, and Chocolate Lime Mud Cake that excite the palate and bring bliss to everyday baking. A delight to read as well as to cook from,

Crumb covers a range of projects from sweet to savory--including cakes, cookies, crackers, bread, pastries, pies, tarts, and more. This is baking stripped back and enjoyed for its own sake, with recipes you'll return to over and over again.