

# **The Ancient Secret Of The Flower Of Life Vol 1 Pdf Ebooks About The Ancient Secret Of The Flower Of Life Vol 1 Or**

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*The Ancient Secret of the Flower of Life, Volume 1 - Drunvalo*

Melchizedek 2012-04-28

Once, all life in the universe knew the Flower of Life as the creation pattern - the geometrical design leading us into and out of physical existence. Then from a very high state of consciousness we fell in darkness and forgot who we were. For thousands of years the secret was held in ancient artifacts and carvings around the world, and encoded in the cells of all life. Here Drunvalo Melchizedek presents in text and graphics

the first half of the Flower of Life Workshop, illuminating the mysteries of how we came to be, why the world is the way it is and the subtle energies that allow our awareness to blossom into its true beauty. Sacred Geometry is the form beneath our being and points to a divine order in our reality.

We can follow that order from the invisible atom to the infinite stars, finding ourselves at each step. The information here is one path, but between the lines and drawings lie the feminine gems of intuitive understanding.

Explore the miracle of our existence by meandering through the

wonderland of geometry, science, ancient history and new discovery, seen through the widened vision of Drunvalo and the Flower of Life. Volume 2 will explore in great detail the Mer-Ka-Ba, the 55-foot-diameter energy field of the human lightbody. This knowledge leads to ascension and the next dimensional world. About the Author Drunvalo Melchizedek's life experience reads like an encyclopedia of breakthroughs in human endeavor. He studied physics and art at the University of California at Berkeley, but he personally feels that his most important education came after college. In the last 25 years he has studied with over 70 teachers from all belief systems and religious understandings, providing him with a wide breadth of knowledge, compassion and acceptance. Not only is Drunvalo's mind exceptional, but his heart, his warm personality, his love for all life everywhere, is immediately understood and felt by anyone who meets him. For some time now he has been bringing his vast vision to the world through the Flower of Life program and the Mer-Ka-Ba meditation.

[The Mayan Ouroboros](#) - Drunvalo Melchizedek 2012-11-01

There have been many interpretations and predictions about the year 2012, known as the Mayan End Time—touted in everything from books to television commercials. But what do the Mayans themselves have to say about these prophecies? In *The Mayan Ouroboros*, the much-anticipated follow-up to his bestselling *Serpent of Light*, spiritual researcher Drunvalo

Melchizedek reveals for the first time what Mayan elders have told him about this period. In this book he explains how to prepare for this transition to a new 13,000-year cycle by learning how to move out of our brain and into our hearts. He shares the Mayan insight of the importance of our heart connection to our survival and ability to thrive during these times. Plus *The Mayan Ouroboros* reveals: The untold positive side of the Mayan prophecies The Mayan End Time—a seven-year period of transition which began in 2007 The magnetic pole shift that is currently affecting humans around the world The new ways in which humans will begin to perceive and communicate in the world. The discovery of thousands of ancient Mayan codexes that are currently being decoded by the Mayans

*Flora* - DK 2018-10-23

Let the experts at the Royal Botanic Gardens guide you around the beautiful and mysterious world that is the plant kingdom. From regulating the air we breathe to providing food, clothes, fuels, and medicines - plants are fundamental to our lives. Discover an extraordinary diversity of species, which includes a grass that grows a meter a day, roots that breathe air, and "queen of the night" cactuses whose rare blooms vanish before dawn. In a combination of art and science, *Flora* celebrates plants from majestic trees to microscopic algae, explaining how they germinate, grow, and reproduce. It presents species that have evolved to

accommodate pollinating insects such as the foxglove, and plants that have adapted to flourish in even the most hostile of habitats. Pierre-Joseph Redoute in the 18th-century was described as the "Raphael of flowers". Flora showcases his botanical paintings as well as those of Georg Ehret and others in this gorgeous visual celebration of plants through the ages. Whether you are a keen gardener, naturalist, or botany student, this beautiful book is a treat that will entice, inform, and amaze.

**Sacred Geometry for Artists, Dreamers, and Philosophers** - John Oscar Lieben 2018-08-28

An illustrated guide to harmonics--the sacred geometry principles that underlie the natural world--and its practical applications

- Demonstrates how the vesica piscis is a matrix from which ideas and forms emanate, connecting cosmic time cycles, measures of space, and musical tones
- Provides harmonic analyses of ancient sculpture, architecture, the solar system, the Earth-Moon relationship, and the structure of water and waves
- Explains how to apply sacred geometry to create building floor plans, pottery figures, gardens, and sacred ceremonial spaces

We are in the midst of a revival of an ancient way of looking at the world--an approach that enabled great civilizations of the past to bring forth inventions of great beauty and power. This school of thought--harmonics--envisioned the natural world and the solar system as an interlocking matrix of harmonious

numbers, perfectly woven into the creative fabric of life and the surrounding universe. Exploring the art and science of harmonics, John Oscar Lieben shows how to create harmonious forms using the ancient tools of number, geometry, and musical tone--an approach that resonates with nature's own ways of creation. He demonstrates many practical applications that result from the study of harmonics, providing analyses of ancient sculpture and architecture, as well as original examples of building floor plans, pottery figures based on planetary proportions, gardens based on harmonic principles, and ceremonial spaces that honor cosmic harmonies and sacred geometric relationships. Showing how harmonics can also be applied to the mysteries of time and space, the author demonstrates how the vesica piscis and many other variations of the vesica shape reveal numerical synchronicities and correspondences that connect cosmic time cycles, measures of space, and musical tones. The author applies harmonics and the "vesica construction" matrix to illustrate many of nature's wonders, including the Earth-Moon relationship, the interactions of the Golden Number and the musical scale, and how the Flower of Life symbol connects the universal field with the pattern of raindrops falling on a pond. Offering an approach to sacred geometry that pairs the mystical with the practical, the cosmic with the earthly, the author reveals how the art and science of harmonics should be required study for

both the artist and the seeker of eternal truths as well as the scientist who seeks an entrance into the sacred foundations of nature.

#### **The Toltec Secret - Sergio Magana 2014-11-01**

In this remarkable book, the renowned Mexican healer Sergio Magaña reveals the fascinating secrets of the ancient Toltec tradition. Closed to outsiders until now, this rich spiritual tradition is over 5,000 years old. The original holders of this secret knowledge, the Chichimeca, were considered to be masters, with a deep understanding of the dream state and a working knowledge of how our perceptions form our reality, as well as the capacity to influence matter. The Toltec Secret reveals the incredibly powerful rituals and symbols that will enable you to:

- become lucid in your dreams
- create your life through your dreams like the Toltecs did
- send healing to others while in the dreaming state
- communicate with your ancestors
- develop your intuition and use Toltec techniques to see the aura
- heal and rejuvenate your body by connecting with the energy of the sun
- use the mysterious obsidian mirror for healing yourself and others
- practise the powerful dances of the Toltecs and Mexihcas.

#### **The Secret of Secrets - Osho 2017-06-06**

Taoist teachings on life and existence—presented by one of the best-known and provocative spiritual teachers of our time In this unique series of discourses, Osho unravels The Secret of the Golden Flowers, an

ancient text that he describes as the essence of Taoism. It is the core of all religions and spiritual paths, belonging to no one and belonging to all. More than 2,500 years old, this remarkable text continues to be as relevant today as it was to its contemporaries. Osho demystifies the important terms used by the Chinese mystic Lu Tsu and shares his meditation exercises. He also outlines the qualities of animus and anima—our male and female energies—as delineated by Lu Tsu, explaining the importance of their relationships inside each of us. He also provides many valuable techniques and gives specific instructions on the Taoist Golden Light Meditation, which involves harmonizing the male and female elements and transmuting sexual energy. A timeless collection of Osho's talks on The Secret of the Golden Flower, this book will show you how to not remain a seed but to become what the Chinese called 'a golden flower.' Called the 'one thousand-petaled lotus' in India, the golden flower is a symbol that represents perfection, totality. It represents the actualization of potential—the beauty, the grandeur, and the splendor of being.

#### **I've Decided to Live 120 Years - Ilchi Lee 2017-11-06**

The Ancient Secret to Longevity, Vitality, and Life Transformation

#### **The Emerald Tablets of Thoth-The-Atlantean - 2002**

The Spiritual, Occult and Historical significance of the "Emerald Tablets" is

almost beyond belief of modern man. Written around 36,000 B.C. by Thoth, an Atlantean priest-king, this manuscript dates far back beyond reach of any Egyptian writings ever found. The author, Thoth, a Master-Teacher of the early Egyptians, put this treatise to writing in his native Atlantean language and Dr. Doreal, by use of his expertise as an Occultist and Master of time and space, was given the directive to retrieve these Tablets and translate them into English for the edification of modern man. The powerful and rhythmic verse of Thoth is wonderfully retained in Doreal's translation. Contained within the pages of Thoth's masterpiece of Spiritual and Occult Wisdom is the synthesis of the Ancient Wisdom Teachings, the guideline for initiates of all ages, revealing the Knowledge and Wisdom hitherto held secret, but now in this New Age, revealed to all Seekers on the Path of Light. Dr. M. Doreal, Ms.D., Psy.D., is the Spiritual Teacher of a multitude of Seekers of Light, having founded a Metaphysical Church and College - The Brotherhood of the White Temple, Inc. He is the author of all of the Organization's writings and teachings, having been given permission for the Esoteric Wisdom to be remitted in a public forum by the Great White Lodge, the Elder Brothers of mankind who shape and form the Spiritual evolution of earth's inhabitants. The Brotherhood of the White Temple, Inc. is a correspondence school, accredited through the State of Colorado, and mails out to its world-wide membership weekly

Lessons of Truth. Its four and one-half year College Course unveils the secrets of the Symbolism of all Mystery Schools, giving precisely and beautifully, the step by step progression all Seekers have searched for in their quest for Oneness with God, and for attainment of Cosmic Consciousness. "Read, Believe or not, but read, and the vibration found therein will awaken a response in your soul." - Doreal

*Serpent of Light* - Drunvalo Melchizedek 2008-01-01

Part travel adventure, part spiritual instruction - a first-hand account of the movement of the Earth's Kundalini and the rise of the Female Light, 1948 to 2013.

**The Ancient Secret of The Flower of Life : Vol.2** - Drunvalo Melchizedek 1998

De auteur beschrijft openhartig zijn eigen leven en werk, met beschrijving van eeuwenoude en moderne technieken op de geometrie betrekking hebbend, als doel mensen een beter spiritueel leven te laten leiden.

**The Keys to the Universe** - Diana Cooper 2010-12-01

As part of the preparation for 2012—when the universe will present vast changes for humanity—this examination communicates the knowledge of wise ancients. There are 48 keys and two cosmic keys that open up the various energies of the universe. Along with the accompanying CD, the information in this book will enable readers to expand their consciousness

by using these keys to unlock the secrets of other realms, such as the animal and natural kingdoms, the elementals, different archangels and other angelic beings, cosmic masters, and wisdom centers. An exploration of spiritual laws, this is a fascinating and important look at energies that manifest as sound resonances and what humanity can do to access them.

**The Temple of Solomon** - James Wasserman 2011-11-08

A fully illustrated history of the Temple of Solomon • Examines the Temple of Solomon in the Hebrew Scriptures, the New Testament, and Apocryphal writings • Explores its role in the founding of Freemasonry, the legends of the Knights Templar, the doctrines of the Kabbalah, and the teachings of Islam • Explains the sacred nature of the Temple Mount--the site of the Temple of Solomon--and the secrets that may still be hidden there •

Richly illustrated, including many photos and images from rare archives

The spiritual heart of many esoteric societies, the Temple of Solomon was located atop the Temple Mount in Jerusalem, a site venerated by the three great monotheistic religions as the intersection of Divine and human. Built by King Solomon at the peak of ancient Israel's power, the Temple of Solomon housed the golden Ark of the Covenant in its Holy of Holies, a sacred chamber where one could communicate directly with God.

Centuries after the temple's destruction, the Temple Mount was used as the headquarters for the Knights Templar during the Crusades, and

countless legends have come down through the centuries about the secrets they may have uncovered there, including discovery of the Holy Grail or the Ark of the Covenant. Richly illustrated with biblical and Masonic illustrations, photographs, and ancient and modern paintings--many from rare archives--this book explores the Temple of Solomon in the Hebrew Scriptures, the New Testament, and Apocryphal writings as well as its role in the founding of Freemasonry, the legends of the Knights Templar, the doctrines of the Kabbalah, and Muhammad's visionary journey from the Temple Mount through the heavens. Seeking to understand the powerful desire of many religions and secret societies to re-create the temple through ritual and prayer, James Wasserman explains why it was built, the magical forces King Solomon may have used in its creation, what its destruction meant for Jews and Christians alike, and why the Knights Templar as well as several modern secret societies named their orders after it. Detailing the sacred architecture of this perfectly proportioned mystical edifice through words and art, the author reveals the Temple of Solomon as the affirmation of God's presence in human affairs, the spiritual root of Western culture, and an important monument to the Divine nearly forgotten in today's secular times but sorely needed to bridge the divide between our ancient past and our spiritual future.

The Melchizedek Teachings - Daniel Mitel 2019-08-31

The Melchizedek teachings are undoubtedly the first on every inhabited world as they are considered to be the basis of any civilization. This first book of The Melchizedek Teachings series clarifies a subject that is very important in our times: the higher self and the ascension process.

*The Secret of Everlasting Life* - Richard Bertschinger 2011-08-15

The Secret of Everlasting Life is the first translation from the Chinese of the second-century Can Tong Qi. This ancient work, the earliest known text on transformation and immortality, echoes the wisdom and poetry of both the Tao Te Ching and I Ching. The Can Tong Qi is also the ancestral text of all Qi Gong exercises in China. This translation reveals for the first time the meditation methods practised for thousands of years by Taoist sages. Presented here with its original Chinese commentaries, the Can Tong Qi is full of practical information and advice about the process of human transformation and how to nurture and develop the natural life-energy within us. Richard Bertschinger's additional commentary explains the intricacies of Chinese allegory and symbolism for the Western reader. This book is an insightful read for anyone interested in Taoist thought, Chinese philosophy and culture, or Chinese medicine.

**Snow Flower and the Secret Fan** - Lisa See 2011-10-17

Lily is the daughter of a humble farmer, and to her family she is just another expensive mouth to feed. Then the local matchmaker delivers

startling news: if Lily's feet are bound properly, they will be flawless. In nineteenth-century China, where a woman's eligibility is judged by the shape and size of her feet, this is extraordinary good luck. Lily now has the power to make a good marriage and change the fortunes of her family. To prepare for her new life, she must undergo the agonies of footbinding, learn nu shu, the famed secret women's writing, and make a very special friend, Snow Flower. But a bitter reversal of fortune is about to change everything.

**Flowers and Foul Play** - Amanda Flower 2018-05-08

Reeling from the loss of her fiancé and flower shop, Fiona Knox is surprised to find that her newfound inheritance—her late grandfather's magical estate—comes with a murder mystery too. Florist Fiona Knox's life isn't smelling so sweet these days. Her fiancé left her for their cake decorator. Then, her flower shop wilted after a chain florist opened next door. So when her godfather, Ian MacCallister, leaves her a cottage in Scotland, Fiona jumps on the next plane to Edinburgh. Ian, after all, is the one who taught her to love flowers. But when Ian's elderly caretaker Hamish MacGregor shows her to the cottage upon her arrival, she finds the once resplendent grounds of Duncreigan in a dreadful shambles—with a dead body in the garden. Minutes into her arrival, Fiona is already being questioned by the handsome Chief Inspector Neil Craig and getting her

passport seized. But it's Craig's fixation on Uncle Ian's loyal caretaker, Hamish, as a prime suspect, that really makes her worried. As Fiona strolls the town, she quickly realizes there are a whole bouquet of suspects much more likely to have killed Alastair Croft, the dead lawyer who seems to have had more enemies than friends. Now it's up to Fiona to clear Hamish's name before it's too late in *Flowers and Foul Play*, USA Today bestselling author Amanda Flower's spellbinding first Magic Garden mystery.

[Strange Flowers](#) - Donal Ryan 2021-06-15

AN POST IRISH BOOK AWARD NOVEL OF THE YEAR Longlisted for the Dublin Literary Awards "Mr. Ryan writes conspicuously beautiful prose... The fleeting happiness and abiding melancholy of the asymmetry, heightened by the intimately rendered surroundings, brings out Mr. Ryan's most sensuous and emotive writing." –The Wall Street Journal From the Booker nominated author of *The Queen of Dirt Island*, Donal Ryan's new novel follows the Gladney family across three generations seeking the true meaning of what it is to find home and love. In 1973, twenty-year-old Moll Gladney takes a morning bus from her rural home in Ireland and disappears. Bewildered and distraught, Paddy and Kit must confront an unbearable prospect: that they will never see their daughter again. Five years later, Moll returns from London. What - and who - she brings with

her will change the course of her family's life forever. Beautiful and devastating, this exploration of loss, alienation and the redemptive power of love reaffirms Donal Ryan as one of the most talented and empathetic writers at work today.

[Ancient Secrets of a Master Healer](#) - Clint G. Rogers 2020-05-10

For thousands of years, the greatest healers in the Himalayas have been refining a potent healing science for the treatment of physical ailments, psychological disorders and spiritual challenges. The most effective natural healing methods were recorded on ancient scrolls. Now, in this breakthrough, real-life account, many of these healing secrets are revealed by the author's encounters with legendary master healer Dr. Naram.- Amazon

[Compendium of the Emerald Tablets](#) - Billy Carson 2019-03-18

I will lead you on a journey that will delve into the history of the Emerald Tablets and the secret mysteries contained within these cryptic artifacts. As we begin, it is important for you to know that The Emerald Tablets were written by an ancient being known as Thoth the Atlantean. To date, there have been two manifestations of the Emerald Tablets. First, thousands of years ago Thoth created multiple tablets of text and then concealed the location of these ancient tablets. Second, Thoth chose to incarnate as Hermes the Thrice Great.



**The Mystery of the Golden Blossom** - Samael Aun Weor 2010-09-13

Discover how your greatest creative power is also your greatest spiritual power. "All of us possess some electrical and magnetic forces within, and, just like a magnet, we exert a force of attraction and repulsion... Between lovers that magnetic force is particularly powerful and its action has a far-reaching effect." - Samael Aun Weor In the heart of every religion there are teachings about intimate human relationships, a sacred knowledge about the transformative power of sex, which states that true spiritual mastery is a result of conquering base desires and transforming them into conscious virtues. Harnessing and transforming the most powerful forces within places us on a revolutionary path to spiritual awakening. Every birth is a magical act, performed through sex. Spiritual birth is no exception, and is accomplished through a divine form of sexuality. "The physical union of a man and a woman, in essence, is a supernatural act, a reminiscence of paradise, the most beautiful of all the hymns of praise dedicated to the Creator by the creature; it is the alpha and the omega of all creation." - Samael Aun Weor \* Enter into the sacred mysteries hidden in all major religions \* Learn to practice the ancient science that inspired Tantra, Alchemy, Taoism, and other traditions \* Filled with lively, entertaining stories, and practical exercises and guidance for personal development

Ecclesiastes or, The Preacher - Doris Lessing 1999-01-01

Ancient tradition suggests that this world-weary lament is the work of Solomon in old age. Casting its eye over the transient nature of life, the book questions the striving for wisdom and the truth, choosing instead to espouse the value of living for the moment. The text is introduced by Doris Lessing.

The Secret Life of Plants - Peter Tompkins 2018-06-12

Explore the inner world of plants and its fascinating relation to mankind, as uncovered by the latest discoveries of science. A perennial bestseller. In this truly revolutionary and beloved work, drawn from remarkable research, Peter Tompkins and Christopher Bird cast light on the rich psychic universe of plants. Now available in a new edition, *The Secret Life of Plants* explores plants' response to human care and nurturing, their ability to communicate with man, plants' surprising reaction to music, their lie-detection abilities, their creative powers, and much more. Tompkins and Bird's classic book affirms the depth of humanity's relationship with nature and adds special urgency to the cause of protecting the environment that nourishes us.

Ancient Secret of the Fountain of Youth, Book 2 - Peter Kelder 2009-09-23

Finally, the exciting and long-awaited sequel to one of the biggest health and healing bestsellers of all time has arrived. When Peter Kelder's

Ancient Secret of the Fountain of Youth was released by Harbor Press in 1985, it immediately touched off an incredible sales phenomenon rivaled only by The Celestine Prophecy and Conversations with God. In this book, readers were introduced to the Tibetan Rites of Rejuvenation, a series of exercises developed over centuries in the monasteries of Tibet and credited by thousands for everything from increased energy to better memory, weight loss, and just looking and feeling younger. Almost as quickly as the books filtered across the globe, letters began to pour in to Harbor Press requesting more information on these mysterious rites. Now, more than ten years and two million books later, comes a comprehensive companion volume that addresses the unanswered questions of so many readers. Picking up where Kelder's book left off, Ancient Secret of the Fountain of Youth, Book 2 provides the complete Fountain of Youth health program, with detailed information on a variety of topics discussed only fleetingly in the original bestseller: the history and origins of the Five Rites, valuable insights about how the Rites work, diet suggestions, and easy-to-follow exercises. Illustrated with fifty black-and-white photographs, this guide will help turn back the hands of time, invigorating and energizing readers' lives as never before.

**Living in the Heart** - Drunvalo Melchizedek 2012-04-27

Long ago we humans used a form of communication and sensing that did

not involve the brain in any way; rather, it came from a sacred place within our hearts. What good would it do to find this place again? This is a book of remembering. You have always had this place within your heart, and it is still there now. It existed before creation, and it will exist even after the last star shines its brilliant light. At night when you enter your dreams, you leave your mind and enter the sacred space of your heart. But do you remember? Or do you only remember the dream? Why am I telling you about this "something" that is fading from our memories? What good would it do to find this place again in a world where the greatest religion is science and the logic of the mind? Don't I know where emotions and feelings are second-class citizens? Yes, I do. But my teachers have asked me to remind you who you really are. You are more than just a human being, much more. For within your heart is a place, a sacred place, where the world can literally be remade through conscious cocreation. If you really want peace of spirit and if you want to return home, I invite you into the beauty of your own heart. With your permission, I will show you what has been shown to me. I will give you the exact instructions to the pathway into your heart where you and God are intimately one. It is your choice. But I must warn you: Within this experience resides great responsibility. Life knows when a spirit is born to the higher worlds, and life will use you as all the great masters who have ever lived have been

used. If you read this book and do the meditation and then expect nothing to change in your life, you may get caught spiritually napping. Once you have entered the light of the great darkness, your life will change -- eventually, you will remember who you really are.

*Psychology and the East* - C.G. Jung 2018-09-03

'These writings of his are strongly alive; in most instances Jung does not present us with final solutions and last words about any of the great East-West problems, but rather with suggestions for a deeper kind of approach, thus opening up new planes of investigation.' - Journal of Analytical Psychology "My own world of European consciousness had become peculiarly thin... it is quite possible that India is the real world and that the white man lives in a madhouse of abstractions." C.G. Jung was inspired to write these words after his very first visit to India. Long concerned with the hold that myth and archetype had on the human psyche, it was inevitable that the legendary psychoanalyst would turn his attention to Eastern modes of thought. *Psychology and the East* collects together many of Jung's most memorable writings on the subject, including his Psychological commentaries on the I Ching and The Tibetan Book of the Dead, his thoughts on Buddhism and Islam and a full travelogue of that fateful first encounter with India in 1936.

*Flower Net* - Lisa See 2007-12-31

"Lisa See begins to do for Beijing what Sir Arthur Conan Doyle did for turn-of-the-century London or Dashiell Hammett did for 1920s San Francisco: She discerns the hidden city lurking beneath the public facade." -The Washington Post Book World In the depths of a Beijing winter, during the waning days of Deng Xiaoping's reign, the U.S. ambassador's son is found dead—his body entombed in a frozen lake. Around the same time, aboard a ship adrift off the coast of Southern California, Assistant U.S. Attorney David Stark makes a startling discovery: the corpse of a Red Prince, a scion of China's political elite. The Chinese and American governments suspect that the deaths are connected and, in an unprecedented move, they join forces to see justice done. In Beijing, David teams up with the unorthodox police detective Liu Hulan. In an investigation that brings them to every corner of China and sparks an intense attraction between the two, David and Hulan discover a web linking human trafficking to the drug trade to governmental treachery—a web reaching from the Forbidden City to the heart of Los Angeles and, like the wide flower net used by Chinese fishermen, threatening to ensnare all within its reach. "A graceful rendering of two different and complex cultures, within a highly intricate plot . . . The starkly beautiful landscapes of Beijing and its surrounding countryside are depicted with a lyrical precision." -Los Angeles Times Book Review "Murder and intrigue splash

across the canvas of modern Chinese life. . . . A vivid portrait of a vast Communist nation in the painful throes of a sea change.” –People  
“Fascinating . . . that rare thriller that enlightens as well as it entertains.”  
–San Diego Union-Tribune A Finalist for the Edgar Award for Best First  
Mystery A NEW YORK TIMES NOTABLE BOOK

**Beyond the Flower of Life** - Maureen J. St. Germain 2021-04-16

- Includes tools and techniques to permanently elevate and program your MerKaBa field, including how to create surrogate MerKaBas for specific purposes
- Explains how to accurately connect with your Higher Self to live fearlessly and confidently and shares toning, chanting, and heart-opening practices to acquire unconditional love energy and heal emotional wounds
- Looks at paranormal experiences resulting from an activated MerKaBa, the power of Mother Earth ley lines, and the Christ Consciousness Grid

Through teaching MerKaBa and Advanced Flower of Life workshops to thousands of students around the world since 1995, Maureen J. St. Germain has developed and channeled specific methods to enhance your meditation practice. In this step-by-step guide, she shares tools, techniques, and knowledge to strengthen your heart connection, develop a relationship with your Higher Self, and elevate and program your MerKaBa field to manifest success, health, happiness, and higher consciousness. She begins by explaining what the MerKaBa is: a fifth-

dimensional Light Body activated from the geometric energy field that exists around the body. She shows how activating it daily produces its permanent existence. Sharing toning, chanting, and heart-opening practices, Maureen explains a precise protocol for fully and reliably connecting with your Higher Self, which will allow you to go through life fearlessly and confidently. She explores how to write programs for your MerKaBa and how to create surrogate MerKaBas for specific purposes. She also looks at paranormal experiences resulting from an activated MerKaBa, the power of Earth ley lines, the Christ Consciousness Grid, and how to marry the ego to the Higher Self to create Heaven on Earth. An updated resource for meditation practitioners and anyone who wishes to improve their connection with their divinity, this new edition of Beyond the Flower of Life provides a path to open your heart, fearlessly embrace unconditional love, access the Higher Self, and activate a multidimensional understanding of reality.

**The Bowery Boys** - Greg Young 2016-06-21

Uncover fascinating, little-known histories of the five boroughs in The Bowery Boys’ official companion to their popular, award-winning podcast. It was 2007. Sitting at a kitchen table and speaking into an old karaoke microphone, Greg Young and Tom Meyers recorded their first podcast. They weren’t history professors or voice actors. They were just two guys

living in the Bowery and possessing an unquenchable thirst for the fascinating stories from New York City's past. Nearly 200 episodes later, The Bowery Boys podcast is a phenomenon, thrilling audiences each month with one amazing story after the next. Now, in their first-ever book, the duo gives you an exclusive personal tour through New York's old cobblestone streets and gas-lit back alleyways. In their uniquely approachable style, the authors bring to life everything from makeshift forts of the early Dutch years to the opulent mansions of The Gilded Age. They weave tales that will reshape your view of famous sites like Times Square, Grand Central Terminal, and the High Line. Then they go even further to reveal notorious dens of vice, scandalous Jazz Age crime scenes, and park statues with strange pasts. Praise for The Bowery Boys "Among the best city-centric series." –New York Times "Meyers and Young have become unofficial ambassadors of New York history." –NPR "Breezy and informative, crowded with the finest grifters, knickerbockers, spiritualists, and city builders to stalk these streets since back when New Amsterdam was just some farms." –Village Voice "Young and Meyers have an all-consuming curiosity to work out what happened in their city in years past, including the Newsboys Strike of 1899, the history of the Staten Island Ferry, and the real-life sites on which Martin Scorsese's Vinyl is based." –The Guardian

**Fragrant** - Mandy Aftel 2014-10-16

Winner of the 2016 Perfumed Plume Award The "Alice Waters of American natural perfume" (indieperfume.com) and author of the Art of Flavor celebrates our most potent sense, through five rock stars of the fragrant world Mandy Aftel is widely acclaimed as a trailblazer in natural perfumery. Over two decades of sourcing the finest aromatic ingredients from all over the world and creating artisanal fragrances, she has been an evangelist for the transformative power of scent. In *Fragrant*, through five major players in the epic of aroma, she explores the profound connection between our sense of smell and the appetites that move us, give us pleasure, make us fully alive. Cinnamon, queen of the Spice Route, touches our hunger for the unknown, the exotic, the luxurious. Mint, homegrown the world over, speaks to our affinity for the familiar, the native, the authentic. Frankincense, an ancient incense ingredient, taps into our longing for transcendence, while ambergris embodies our unquenchable curiosity. And exquisite jasmine exemplifies our yearning for beauty, both evanescent and enduring. In addition to providing a riveting initiation into the history, natural history, and philosophy of scent, *Fragrant* imparts the essentials of scent literacy and includes recipes for easy-to-make fragrances and edible, drinkable, and useful concoctions that reveal the imaginative possibilities of creating with—and reveling in—aroma.

Vintage line drawings make for a volume that will be a treasured gift as well as a great read.

*The Secret Language of Flowers* - Samantha Gray 2023-02-14

This beautifully-illustrated gift book reveals the hidden meanings of over 50 popular flowers. Did you know that the type of flowers you give can speak volumes? *The Secret Language of Flowers* is a fascinating insight into the Victorian tradition of using flowers to convey secret messages in a society where feelings often had to be suppressed. Samantha Gray reveals how over 50 blooms acquired their meanings in folklore and how they became the language of courtship, love, friendship, beauty, and more—discover how lily of the valley symbolizes the return of happiness, how bluebells stand for constancy and everlasting love, and how daffodils represent high regard and chivalry. With stunning illustrations by artist Sarah Perkins that capture all of the beauty of flowers, this is an exceptionally lovely and fascinating gift book.

**The Hidden Geometry of Life** - Karen L. French 2014-05-13

Encompassing nature, science, art, architecture, and spirituality, and illustrated with over 700 photographs and line drawings, "The Hidden Geometry of Life" illuminates the secret underpinnings of existence. In her trademark easy-to-understand style, mathematician Karen French shows how sacred geometry permeates every level of being, manifesting itself in

simple shapes and numbers, music and sounds, light and color, even in the mysteries of creation itself. But these geometrical archetypes are more than the building blocks of reality: they are gateways to profound new levels of awareness.

*The Ancient Secret of the Flower of Life, Volume 2* - Drunvalo Melchizedek 2000

The sacred Flower of Life pattern, the primary geometric generator of all physical form, is explored in even more depth in this volume, the second half of the famed Flower of Life workshop. The proportions of the human body, the nuances of human consciousness, the sizes and distances of the stars, planets and moons, even the creations of humankind, are all shown to reflect their origins in this beautiful and divine image. Through an intricate and detailed geometrical mapping, Drunvalo Melchizedek shows how the seemingly simple design of the Flower of Life contains the genesis of our entire third-dimensional existence. From the pyramids and mysteries of Egypt to the new race of Indigo children, Drunvalo presents the sacred geometries of the Reality and the subtle energies that shape our world. We are led through a divinely inspired labyrinth of science and stories, logic and coincidence, on a path of remembering where we come from and the wonder and magic of who we are. Finally, for the first time in print, Drunvalo shares the instructions for the Mer-Ka-Ba meditation, step-

by-step techniques for the re-creation of the energy field of the evolved human, which is the key to ascension and the next dimensional world. If done from love, this ancient process of breathing prana opens up for us a world of tantalizing possibility in this dimension, from protective powers to the healing of oneself, of others and even of the planet. Embrace the expanded vision and understanding that Drunvalo offers to the world. Coincidences abound, miracles flourish and the amazing stories of mysteries unveiled arise as the author probes the Ancient Secrets of the Flower of Life.

**The Ancient Secret of the Flower of Life, Volume 2 - Drunvalo Melchizedek**

2012-04-27

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[The Ancient Secret of the Flower of Life - Drunvalo Melchizedek 1998](#)

*The Ancient Secret of the Flower of Life, Volume 1* - Drunvalo

Melchizedek 2000

"Here, Drunvalo Melchizedek presents in text and graphics the first half of the Flower of Life Workshop, illuminating the mysteries of how we came to be, why the world is the way it is and the subtle energies that allow our awareness to blossom into its true beauty." --COVER.

*The Ancient Secret of the Flower of Life* - Drunvalo Melchizedek 2000

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**Secrets of the Druids** - Teresa Cross 2020-11-17

A guide to the history and practices of the Druids and the Celtic faith •

Reconstructs the Druidic faith from surviving remnants, parallels with other Indo-European traditions, and dedicated study of scholarly sources •

Details magical rites and ceremonies, methods for consecrating an outdoor temple, and customs for celebrating important festivals such as Beltaine and Samhain • Discusses rules for firecraft, making offerings to deities and spirits, and the ancient Coligny calendar, including the names of the months in old Gaulish  
Druids and their magic, lore, and rituals have fascinated all those who encounter them, from the ancient Greeks and

Romans onward. Even today, the mere mention of their name evokes pictures of standing stones, mistletoe, golden sickles, white-robed priests, and powerful sorcerers. But were they really as we picture them? Drawing on comparative mythology and linguistics, archaeological evidence, and etymology, Teresa Cross offers readers a comprehensive course in the history and development of the Celtic spiritual tradition and its lore, reconstructing the Druidic faith from the remnants that have survived and dedicated study of scholarly sources. She also reveals parallels with other Indo-European traditions, such as the similarities between Celtic and Vedic Hindu beliefs and practices. She chronicles the ethics and spiritual teachings of Druidism and the Celtic faith and examines what happened to these beliefs during centuries of Christianization. Moving from history to practice, Cross details magical rites and ceremonies as practiced by modern-day followers of Druids. She explores the structure of the Tota, which roughly corresponds to “tribe,” methods for consecrating a nemeton, the outdoor temple that offers the optimum sacred space for the meeting of heaven and earth, and the rites and customs associated with important festivals such as Beltaine and Samhain. She also explores the rules of firecraft, the sacred art of giving to the cosmos, making offerings to deities and spirits, sacred food and beverages, and the ancient Coligny calendar, including the names of the months in old Gaulish. Offering an



authentic handbook for starting your own Celtic group led by Druids, Cross reveals the meanings and metaphysics behind the Celtic and Druidic customs and traditions, reuniting the fragmentary remains of long-lost Druid culture with the still-living practices of the Celtic faith.

#### The Secret of Life - Georges Lakhovsky

More confiding than Faraday, Lakhovsky has told me the gist of his ideas on radiations and their effects on living beings. He thought, and rightly, that his ideas could not shock an experimenter who, for the past thirty-five years, had studied the effects of the full range of Hertzian waves on animals and microbes. In scientific research it is advisable to encourage what appears to be the most daring ideas. I have lived in the intimacy of two great men: Claude Bernard and Brown-Sequard, who revelled in new ideas. And it did not pay them too badly! The phenomena of resonance have long been familiar to physiologists. We all know the acoustic resonators of the organ of Corti, the optic resonators of the retina since the famous researches of Helmholtz. And still more familiar to us, the biological resonators of Charles Henry. Lopicque, Latzareff and myself have invoked on several occasions the phenomena of cellular resonance in order to explain the action of nervous influences or other physical agents in living beings. That space is full of forces which are unknown to us, and that living beings emit radiations or effluvia of which we are not

aware, but whose significance has attracted the attention of certain observers, are facts that I have long since accepted. Anything is possible. But one must not accept anything except that which can be experimentally proved. The ideas of an insane person differ from the conceptions of a genius mainly because experiment invalidates the former and confirms the latter. Lakhovsky, encouraged by his own researches and the practical results he has obtained, is particularly anxious that his theories should rouse interest and stimulate experimental work among independent investigators. Lakhovsky's theories constitute what Claude Bernard called "working hypotheses." In the "Secret of Life" Lakhovsky confines himself to the study of electromagnetic waves, deeply penetrating waves and unknown waves. There are certainly many more processes of energy transmission besides those revealed to us by Newton and Fresnel. It is in the study of human beings that the chances of discovering such processes are most promising. Therefore, let us experiment by using the methods of physicists and chemists, and let us aim at discovering the special detector mentioned in the conclusion of this work.

#### **Journeys Into the Heart** - Drunvalo Melchizedek 2017-02-22

Moving into the Heart There is movement associated with entering the sacred space of the heart. Without this movement, your brain only imagines that you are in the sacred space of the heart, but this is not true.

In *Journeys into the Heart*, you will find exercises that show you how to move your spirit there. If you have never done this before, it may seem a little strange, but you will get it. The master authorized to guide you into your heart is the spirit behind the eyes reading these words now. That is you. Read and enjoy practicing and applying all the methods we offer you. Decide the appropriate one for you. Then practice, practice, and practice again, and remember who you really are. Last, read about our experiences entering the heart, about the prayer of the heart, and living in the heart.

You might find them very helpful on your own spiritual journey. Remember, you and I are alike. I am you and you are me. --Drunvalo Melchizedek and Daniel Mitel

Daniel Mitel

**The Language of Flowers** - Vanessa Diffenbaugh 2011-08-23

NEW YORK TIMES BESTSELLER The Victorian language of flowers was used to convey romantic expressions: honeysuckle for devotion, asters for patience, and red roses for love. But for Victoria Jones, it's been more useful in communicating mistrust and solitude. After a childhood spent in the foster-care system, she is unable to get close to anybody, and her only connection to the world is through flowers and their meanings. Now eighteen and emancipated from the system with nowhere to go, Victoria realizes she has a gift for helping others through the flowers she chooses

for them. But an unexpected encounter with a mysterious stranger has her questioning what's been missing in her life. And when she's forced to confront a painful secret from her past, she must decide whether it's worth risking everything for a second chance at happiness. Look for special features inside. Join the Circle for author chats and more. Praise for *The Language of Flowers* "Instantly enchanting . . . [Diffenbaugh] is the best new writer of the year."—Elle "I would like to hand Vanessa Diffenbaugh a bouquet of bouvardia (enthusiasm), gladiolus (you pierce my heart) and lisianthus (appreciation). In this original and brilliant first novel, Diffenbaugh has united her fascination with the language of flowers—a long-forgotten and mysterious way of communication—with her firsthand knowledge of the travails of the foster-care system. . . . This novel is both enchanting and cruel, full of beauty and anger. Diffenbaugh is a talented writer and a mesmerizing storyteller. She includes a flower dictionary in case we want to use the language ourselves. And there is one more sprig I should add to her bouquet: a single pink carnation (I will never forget you)."—Washington Post "A fascinating debut . . . Diffenbaugh clearly knows both the human heart and her plants, and she keeps us rooting for the damaged Victoria."—O Magazine "Diffenbaugh effortlessly spins this enchanting tale, making even her prickly protagonist impossible not to love."—Entertainment Weekly